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James J Bull, *University of Idaho*

[Bruce Levin](#), *Emory University*

Ian J Molineux, *The University of Texas at Austin*

Journal Title: Viruses

Volume: Volume 11, Number 12

Publisher: Multidisciplinary Digital Publishing Institute | 2019-11-21

Type of Work: Article | Final Publisher PDF

Publisher DOI: 10.3390/v11121083

Permanent URL: <https://pid.emory.edu/ark:/25593/vh272>

Final published version: <http://dx.doi.org/10.3390/v11121083>

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Accessed February 25, 2024 3:31 AM EST

Article

Promises and Pitfalls of In Vivo Evolution to Improve Phage Therapy

James J. Bull ^{1,*} , Bruce R. Levin ² and Ian J. Molineux ³ ¹ Department of Biological Sciences, University of Idaho, Moscow, ID 83844, USA² Department of Biology, Emory University, Atlanta, GA 30307, USA; blevin@emory.edu³ Department of Molecular Biosciences, University of Texas, Austin, TX 78712, USA; molineux@austin.utexas.edu

* Correspondence: bull@utexas.edu

Received: 19 October 2019; Accepted: 18 November 2019; Published: 21 November 2019



Abstract: Phage therapy is the use of bacterial viruses (phages) to treat bacterial infections, a medical intervention long abandoned in the West but now experiencing a revival. Currently, therapeutic phages are often chosen based on limited criteria, sometimes merely an ability to plate on the pathogenic bacterium. Better treatment might result from an informed choice of phages. Here we consider whether phages used to treat the bacterial infection in a patient may specifically evolve to improve treatment on that patient or benefit subsequent patients. With mathematical and computational models, we explore in vivo evolution for four phage properties expected to influence therapeutic success: generalized phage growth, phage decay rate, excreted enzymes to degrade protective bacterial layers, and growth on resistant bacteria. Within-host phage evolution is strongly aligned with treatment success for phage decay rate but only partially aligned for phage growth rate and growth on resistant bacteria. Excreted enzymes are mostly not selected for treatment success. Even when evolution and treatment success are aligned, evolution may not be rapid enough to keep pace with bacterial evolution for maximum benefit. An informed use of phages is invariably superior to naive reliance on within-host evolution.

Keywords: mathematical model; evolutionary prediction; dynamics; cocktail; within-host

1. Introduction

Driven by well-warranted concerns about the growing numbers of infections with antibiotic resistant pathogens, there has been a resurrection of interest in, research on, and even patient trials with a therapy that predates antibiotics by more than fifteen years: bacteriophages [1–4]. Fueling this enterprise, which is now becoming increasingly commercialized (see above references), are well-publicized successes of a handful of compassionate uses of phage to treat chronic, recalcitrant bacterial infections. Patients who were on their way to succumbing to or remaining infected with antibiotic resistant, *Acinetobacter baumannii*, *Mycobacterium abscessus*, or *Pseudomonas aeruginosa* survived and in some cases were cleared of the infecting bacteria following treatment with phages [5–8]. The role of phages in these successes is not always clear, as these treatments were necessarily uncontrolled and involved single patients. Also not apparent is whether other (and how many) compassionate use trials fail. Indeed, recent clinical trials of phage therapy that did involve controls have often been failures (e.g., [9–11]).

Could the difference between success and failure in these therapeutic efforts be simply a matter of phage suitability for treatment—that some phages are better than others? There are certainly properties that a priori seem to be ideal candidates for therapy and that might guide choices of phages (Table 1). Against this possibility, host range was the sole criterion for phages used in

some patient successes, suggesting that treatment outcomes might be indifferent to phage choice. Yet, some experimental work indicates that phage characteristics can influence success ([12,13], and see below). Furthermore, given that therapeutic success with patients often required weeks to months and multiple administrations of phages, it is entirely plausible that a wise choice of phages could vastly improve the progress of treatment, even when the long term outcome is the same for arbitrarily-chosen phages.

If phage characteristics matter to treatment success, might there be a shortcut to identifying the best phages? Motivated by the highly visible field of directed evolution of biological molecules [14], it is tempting to consider a directed evolution parallel for phage therapy: can phages evolve themselves to improve treatment? There is even an historical precedent for a similar approach: in his earliest phage therapy experiments, D’Herelle [15] used phages isolated from patients to treat other patients. The idea also has intrinsic appeal: one of the oft-cited benefits of phages over antibiotics is that, by amplifying within the host, they can evolve and perhaps keep abreast of any bacterial resistance evolution. Within-host evolution might then obviate the need to design treatments wisely, instead letting evolution rather than engineers identify good treatment practices. However intrinsically worthy that idea might seem, it is not a simple one to evaluate from first principles: processes of phage dynamics and evolution can be highly unintuitive, and their effects on treatment adds a second layer of complexity. To avoid reliance on intuition, we approach the problem of within-host phage evolution using mathematical and computational models.

Here we evaluate the premise that, during the course of therapy, selection favors phages and phage combinations that are specifically effective at killing the bacteria causing an infection. Use of the phage ‘effluent’ from one patient to treat another assumes that the infections in different patients will be suitably similar, and thus possibly of limited utility. Even if not, however, the study of phage evolution from convalescent patients might at least help identify principles that apply to other infections. Given that therapeutic use of phages in humans is so limited at present (at least in the U.S. and much of Europe), initial research on within-host evolution will likely need to use non-human animals and identify principles that could be applied to humans. Indeed, widespread adoption of the One Health perspective, coupled with the problem of drug resistant infections in non-human animals and the need to limit antibiotic use in those settings [16], provides many reasons to develop phage therapy for animals—with the added benefit of helping formulate practices that would work on humans as well. Although established animal infections may prove at least as useful as human infections in discovering principles that work well for treatment, experimental infections may need to be chosen carefully to avoid artefacts.

Table 1. Phage properties ideal for therapy.

Characteristic	How Beneficial
Broad host range	can be applied rapidly, with minimal testing of pathogen sensitivity
Good in vivo growth and persistence	single dosing sufficient for treatment
Bacterial resistance difficult	single phage type sufficient for treatment
Synergistic with antibiotics *	can be used in combination with standard treatment
Disrupts bacterial extracellular protections	makes vulnerable bacterial clusters (e.g., biofilms and aggregates) that are otherwise recalcitrant to treatment

* synergy means that phages and antibiotics work better together than expected from their independent effects.

1.1. A Precedent for the Need to Choose Phages Wisely

One critical understanding in the development of good phage therapy practices is the extent to which different phages matter to treatment success—beyond the obvious one of whether the phages can grow on the infecting bacterium. If a phage’s ability to plate on a bacterium is all that matters,

phage therapy might unfold with nearly the same generality as did antibiotic use. Conversely, if phage characteristics greatly affect outcomes, success may hinge on careful choice of the best phages—unless within-host evolution is self-correcting. Even when different phages are each capable of effecting long term recovery, they might differ in speed of recovery, cost of recovery, and morbidity.

A 1982 study suggested that phage choice can have a profound effect. Using an experimental mouse infection with a K1-capsulated bacterium, Smith and Huggins [12] discovered that lytic phages isolated from the wild fell into two classes regarding treatment success. With simultaneous infection and treatment, one class of phages provided almost 100% recovery, the other closer to 30%. The underlying basis of the difference was that the ‘good’ phages required the bacterial capsule for infection, the ‘poor’ phages did not. The work set a precedent in demonstrating that phage therapy could work *in vivo* and in exploring the dynamic basis of success (although it is less often noted that treatment success fell off dramatically with an 8 hr delay in treatment [12], the cells rapidly becoming recalcitrant to treatment [17]). The work Smith and Huggins [12] was especially important in revealing that differences among phages could profoundly affect treatment success. It thus follows that, if we can identify or even generate good phages, better treatment should follow.

1.2. Phage Properties Subject to Selection in Patients

Smith and Huggins [12] sets the stage for our study, but the emphasis here is one step beyond: to what extent can *in vivo* evolution and cocktail competition be used to improve treatment or at least identify the best phages? It is obvious from the Smith and Huggins experiment that the ‘poor’ phages were not themselves evolving fast enough *in vivo* to achieve the high success rates of the good phages, or the rescue rates would not have differed between the phages. But we may instead ask about the effect of within-host phage competition: if both types of phages were injected together into the mouse, would the ‘better’ phage come to dominate the phage population? One can do a formal within-host competition experiment to answer the question for these phages (e.g., [18]), but we seek principles that will allow us to predict the outcome more broadly.

At a general level, predicting the outcome of phage competition requires understanding how the entire suite of characteristics for each phage affects its growth and killing of bacteria—i.e., the phage as a whole. It is also possible to consider the evolution of individual phage characteristics that we expect to influence treatment success: (a) phage decay rates [19], (b) enzymatic digestion of a protective bacterial extracellular matrix [20,21], and (c) ability to block bacterial resistance evolution [4]. Considering the phage as a whole might seem to make the most sense, but it may be a single characteristic that determines treatment success, as with the Smith and Huggins [12] example.

A technical note is that we apply the concept of within-host ‘evolution’ in both a narrow sense and a broad one. The narrow sense is the standard Darwinian process of natural selection: mutations arise and ascend based on their merits, eventually resulting in most of the phage population carrying the mutations, all during the interval of treatment. Our broad-sense use is a competition of different phage types within cocktails: the different phage types increase or decrease as a proportion of the total within-host phage pool, their relative fitnesses depending on their intrinsic properties. (For an overview of issues with cocktail pharmacology, see [22]). Both processes will occur in any host treated with a cocktail. The main differences between evolution in the narrow sense versus cocktail dynamics are: (i) with cocktail dynamics, the phages may differ in several characteristics that affect their competition with other phages in the mix, so the selective advantage of one trait may be overwhelmed by other differences, and (ii) because cocktails start with high levels of variation, cocktail dynamics will typically be much faster than Darwinian dynamics. However, reliance on cocktail dynamics to inform and improve treatment can only be applied when different phages are available, but this may not always be the case.

A second application for *in vivo* phage evolution is engineered phages—genetically modified to improve treatment [7,21,23]. Engineering may inadvertently introduce imperfections due to imbalanced gene expression or incompatibilities between wild-type proteins and the engineered

protein. Within-host evolution offers a simple means to correct imperfections without even needing to diagnose the causes.

The focus here is two-fold. First, does within-host phage evolution work in favor of treatment? Second, can it work fast enough within one patient to plausibly augment that patient's outcome? Regardless of the second answer, if within-host dynamics and evolution at least work in favor of treatment, then we might collect phage from a treated patient to use in treating subsequent patients—D'Herelle's method. Any understanding of these processes is most accurately studied *in vivo*, but *in vitro* work and modeling is often all that is available or even practical. In any case, modeling is often necessary to interpret the *in vivo* work. New results provided here are limited to modeling, using a mix of mathematical models and computer simulations. Some processes can be analyzed as simple optimization problems, but others must be embedded in non-linear dynamics that involve interactions and feedbacks. Even the simplest evolutionary problems require quantitation to appreciate the impact on treatment success. Treatment outcomes may be qualitative (infection clearance or not), but the difference between controlling an infection versus bacterial escape may rest on minor quantitative differences, thus requiring a models framework.

2. Methods: Models

2.1. The Standard Model and Anomalies from Phage Therapy Results

For over half a century, the standard models of phage-bacterial dynamics assumed mass action—full mixing—with homogeneity of bacterial and phage states [24–26]. Mass action was depicted mathematically as the product kPB to represent all infections, with B as bacterial density, P as phage density, and k as an adsorption rate constant. With kPB as the loss to the bacterial population, an important consequence of mass action is that bacteria cannot persist in high densities of phage, hence the bacterial population crashes to miniscule (decimal) levels. This model was appropriate for bacterial growth in flasks or chemostats, which was the experimental norm and allowed for easy parameter estimation. The tight coupling between models and experiments and the ease of analysis afforded by this model resulted in most of our current understanding about phages being based on a mass action perspective. The typical outcome is that phages quickly amplify and profoundly depress high densities of sensitive bacteria. From this framework, the attraction of using phages to control bacterial populations is easily understood: a single application of even a small number of phages can virtually wipe out the bacterial population in hours, leaving only a handful of survivors for the immune system to clear.

Full mixing is a poor approximation to phage dynamics in bacterial biofilms and other structured environments. Indeed, in early laboratory experiments, sensitive bacteria were discovered to have found refuge from phage predation in the walls of chemostats. Aggregates, abscesses, and other highly structured populations are now also recognized as important features of bacterial infections [2,27,28]. Furthermore, recent successes with phages in treating individual patients has revealed that some key mass action outcomes are violated (reviewed in [2,4]). First, success in clearing or even suppressing an infection with phages is gradual and sometimes requires months—violating the principle that phages quickly outnumber and kill their sensitive prey. Second, single infusions of phages are often not sufficient: multiple infusions of high doses of phages are required. Both outcomes are difficult to reconcile with the standard model, and although there could be varied causes, spatial structure of bacterial populations (and the associated bacterial inhomogeneity in susceptibility to phages) is one obvious and empirically-justified alternative to consider.

2.2. A Dynamics Model to Accommodate Spatial Structure

The observations from successful therapies pose a dilemma: high densities of genetically sensitive bacteria persist in the presence of phage. This behavior is a clear violation of the law of mass action. Resolution of this anomaly would seem to require that much of the bacterial population is protected

from attack, whether by a polysaccharide matrix, ionic gradients, low receptor expression, or even by some property of the animal host. Taking as inspiration the high-resolution imaging study of Darch et al. [29] on *Pseudomonas* in a structured environment, we model the bacterial population as consisting of a mix of individual cells (density B) and multi-cellular aggregates density (B_A). The individual cells are fully sensitive to phage attack and obey standard mass action dynamics (and for convenience will be referred to as ‘planktonic’), whereas aggregates are protected from phage attack. However, aggregates convert into planktonic cells and vice versa, so the protection is not permanent; this switching of states accommodates the observation that aggregate numbers are somewhat reduced by phage attack but much less so than isolated cells [29]. Our formulation constitutes a refuge model (also true of [27] but we present a more explicit refuge).

Equations and parameters are given in Appendix A. For the model of a single bacterial strain (Appendix A.1), the main change from the standard model is to protect aggregates from phages and to allow bacteria to move between planktonic and aggregate states (some of B move to B_A and vice versa). Mass action applies to phage-bacterial interactions in the planktonic population, as they are fully sensitive. For the model that incorporates both sensitive and resistant bacteria (Appendix A.2), each bacterial strain is modeled as switching between an individual state (planktonic) and aggregates, but all states of the resistant strain are protected against phage infection.

Numerical trials of the equations were run in Mathematica 12.0.0.0, which was used to generate the figures. Mathematica files are uploaded as supplements, but the equations used in those files are given in Appendix A and can be numerically solved with other software.

3. Results

3.1. Growth on a Single Bacterium

A basic question is how phage evolution works to suppress bacterial numbers. For example, can phage evolution ever allow bacterial density to increase? From a therapeutic perspective, we suppose that decreasing bacterial numbers improves treatment success. In the simplest system—well mixed with a single, sensitive bacterial state—the answer from modeling efforts is straightforward: bacterial evolution may lead to higher bacterial densities, but phage evolution does not. At dynamical equilibrium, one phage type will prevail, the phage that most depresses bacterial density [26]. Dynamic equilibrium is not necessarily applicable to therapeutic success, but a similar theoretical result applies to phages invading a bacterial population: the phage with fastest growth will prevail while bacteria are abundant, which means that selection is for the fastest growth and killing [30]. These results apply equally to phage evolution in the narrow sense and to dynamics of different cocktail phages within the therapeutic regime.

A simple use of this principle in a cocktail setting would be ‘phage sorting’—separating poorly-growing phages from those that grow well. In vitro growth—easily determined in advance of treatment—may poorly reflect in vivo growth [13], so the appropriate environment is within the patient. Adding a cocktail of phages to an infected patient and then sampling hours or days later should easily determine which phages grow (and survive) at least moderately well in the host. Sorting could be used in a highly quantitative manner, but such refinement is not advisable, as considered below. Phage sorting overlaps with D’Herelle’s approach of isolating therapeutic phages from convalescing patients, the difference being that here, the phages are being administered to the patient and then collected later. D’Herelle’s method recovered phages that the patient acquired naturally.

Within-host evolution is especially relevant to genetically engineered phages. On a uniform population of bacteria, selection will be for better growth. Any growth impairment caused by the engineering will be selected for improvement, which could result in loss of the engineering—if the engineering introduced a gene that is non-essential, for example [23]. This problem occurs when the engineering enhances treatment success in ways that are not aligned with phage growth (such examples are presented in subsequent sections).

The simple nature of phage selection and evolution changes when multiple bacterial states exist—bacterial heterogeneity. We assume initially that all states are sensitive to the phage and merely differ in phage-infection properties—burst size, adsorption rate, or lysis time. Different bacterial states could be driven by environmental or physiological heterogeneity, as might be represented by planktonic versus aggregate/biofilm/abscess cells, growth on different substrates, or variation in surface molecules, e.g., capsules or O antigens affecting adsorption. These kinds of heterogeneity would develop prior to phage administration and typically have a non-genetic or ‘phenotypic’ basis. (Genetic bacterial resistance evolution is addressed in a different section.)

Well-mixed systems with heterogeneous cell states present several unintuitive outcomes that violate a direct link between phage evolution and treatment success. Notably, selection can favor phages to avoid some types of hosts, even when the phage can productively infect those hosts [30,31]. In essence, the phage evolves to specialize on the most productive bacterial states. However, we conjecture that the types of phenotypic variation most relevant to infections will be spatially structured, such as planktonic cells dominating liquid tissues, and biofilms, aggregates or abscesses in solid tissues. With spatial structure, different phage types or mutants will differentially amplify in patches of cells where they grow best. In these settings, phage evolution and competition should often work loosely in favor of treatment, at least on a local level, but dynamical complexities allow for exceptions.

With phage cocktails or in vivo evolution of phage mutants, the composition of actively growing phages exuded from patients will typically change over time as bacterial densities are suppressed at different rates in different locations. The cumulative phage composition should mirror the phages with the biggest numerical effect on bacterial killing at the time. However, one dilemma faced in phage collection from the patient is that the relative abundance of different phages in the collection need not match phage importance to reduction of the patient’s symptoms. If the bacteria responsible for morbidity or maintenance of the infection are confined to small or semi-protected bacterial populations, or slowly growing ones, the patient’s phage output may be dominated by phages that kill large numbers of bacteria in other tissues that contribute only slightly to virulence. Phage evolution itself will be driven by growth on the larger, rapidly growing populations of bacteria in the host. As a consequence of these varied processes and possibilities, there is no predicted time to harvest phages from one patient that would ensure maximum benefit for use on subsequent patients.

Conclusions. Intrinsic processes of phage evolution work unambiguously in favor of bacterial killing when bacteria exist in a single, well-mixed state. When multiple bacterial phenotypic states exist and are well mixed, phage evolution and cocktail competition can give rise to unintuitive outcomes whereby phages are selected even to avoid some bacteria. Spatial structure of bacterial states, as with biofilms (aggregates or abscesses) versus planktonic cells, may align phage evolution with suppressing bacterial numbers locally, but these processes are not easy to study and are not well understood in vivo. Importantly, global phage growth rate need not be closely aligned with treatment success in a heterogeneous infection.

Although encouraging, these results do little more than suggest an expected, qualitative direction of evolution regarding treatment. They offer nothing on the speed or magnitude of infection clearance. Nor do we have any sense of how much within-host evolution to expect, given a potentially short duration of treatment. Deeper insight to the uses of in vivo evolution to improve treatment comes by addressing specific phage characteristics, next.

3.2. Phage Decay Rates

Using two well-characterized tailed phages (λ and P22), Merrill et al. [19] (i) showed that the initial or ‘wildtype’ isolate of each phage was rapidly cleared from mice (in the absence of bacteria), and (ii) evolved mutants of each that were cleared more slowly (a clearance rate approximately 20% of the initial). The study further showed that the long-persisting phages were advantageous in prophylactic therapy—administered in advance of the infection—presumably from their ability to persist up to the

time of bacterial introduction. The interval in which phage decay was measured was short, less than a day after inoculation, too fast for adaptive immunity to develop in the naive mice. The suggestion was that phage clearance was due to the reticuloendothelial system.

These results raise two questions. (i) Is the benefit of long-persisting phages large enough to affect treatment outcomes? If phages amplify during treatment, phage differences in survival might have little benefit, except when phage amplification is weak. (ii) Will long-persisting phages evolve during treatment and evolve quickly enough that there is little to be gained by starting treatment with long-persisting phages? Phage clearance rate is not something easily predicted or measured outside of the patient, so if clearance rate is important to treatment success, it is a property that might be improved only via within-host evolution.

Of the phage characteristics analyzed in this paper, this one experiences the simplest evolutionary process: each phage type and mutant evolves independently of other phages, and the selection does not involve frequency- or density-dependence. Simple calculations can be informative as a first step. Let phage survival follow exponential decay, e^{-wt} for the 'wildtype' and e^{-mt} for the mutant ($m < w$, with t in minutes). If the mutant starts at frequency p_0 , the ratio of the mutant to wildtype will change in time according to $R(t)$:

$$R(t) = \frac{p_0}{1 - p_0} \left(\frac{e^{-m}}{e^{-w}} \right)^t . \quad (1)$$

$R(t)$ increases without bound over time, but only as long as both phage types are abundant enough to approximate deterministic dynamics.

The time at which the mutant comprises half the phage population is approximately

$$t \approx \frac{-\ln(p_0)}{w - m} . \quad (2)$$

For new mutations, the numerator will typically lie in the range of 10 to 20. Although this calculation ignores phage amplification (which should have little impact on relative phage abundances in the absence of other differences between the phages), this formula shows that the time for an initially rare mutant to dominate the phage population depends on the reciprocal of the log of its relative advantage $[(w - m)^{-1}]$. Given that both rates must be positive (and $w > m$), the magnitude of $w - m$ cannot exceed w . A wild-type phage with a very low clearance rate ($w \ll 1$), cannot be quickly displaced even for a mutant that is never cleared ($m = 0$). Evolution works fastest the more important the change, but of course, if w is small, there is little benefit from further reductions.

Are clearance rates of wild phages high enough to evolve during an infection? Calculations from the results in Merrill et al. [19] and Westwater et al. [32] gave wildtype clearance rates on the order of $2 - 6 \times 10^{-3}$ (see calculations in [33]). A five-fold improvement (say from 5×10^{-3} to 1×10^{-3}) and $p_0 = 10^{-6}$ requires just over 2 days for the mutant to comprise half the population. This may be a long time to wait for any treatment benefit afforded by the mutant. Furthermore, if the phage population was declining (e.g., unable to maintain itself), the phages might be too rare after 2 days to observe any improvement in treatment from mutant ascendance.

When phages are used prophylactically, it is obvious that any benefit of reduced clearance must be achieved by evolving the phage before administration. The goal of prophylaxis is to maintain the phages as long as possible in a non-growing state in anticipation of a possible bacterial infection. The drawback of starting with a pure rapidly-decaying phage cannot be overcome by phage evolution when the phage are not growing. However, the situation changes if phages are administered to an infection, because now a slow-decaying phage may arise by mutation and could in principle take over the within-host population rapidly. If this process was rapid, one could rely on within-host evolution to improve treatment of that patient. To address this possibility, we rely on a numerical model (Figure 1). As described in our Methods section, this model attempts to capture more realistic dynamics than is typical of the standard 'mass action' model of phage-bacterial dynamics. This new model assumes both a sensitive bacterial population and a 'refuge' population of bacteria protected

from infection, leading to reduced oscillations and (sometimes) a need to serially inoculate repeated doses of phage to keep bacterial numbers low. With this model (Figure 1), it is seen that (i) decay rate matters to rapid bacterial suppression (compare panels (B) and (D)), and (ii) early in treatment, evolution is not as effective as is dosing with the pure, slowly-decaying phage (compare (C) and (D) at time 5000).

The decay rate of engineered phages may also be improved by within-host evolution. Given the inherent problem that an engineered phage may be predisposed to evolve reversal of the engineering, one ideal aspect of in vivo evolution of decay rate is that it can be done in the absence of phage growth. Thus, if the engineering does not affect virion proteins, selection for reduced decay can be done in the absence of selecting properties affecting phage replication. In contrast, even if the phage is not growing, in vivo selection for reduced decay may directly select against engineering that does alter the virion surface, as with phage display (e.g., [34]).

Conclusions. If the wildtype phage has a suitably high in vivo decay rate, evolving the phage to a lower decay rate can offer a significant improvement in treatment. Evolution of phages in the within-host environment seems to be the only means at present of obtaining slow-decay phages, and it thus presents a compelling case for the use of within-host evolution to improve treatment. However, there is no assurance that the outcome of within-host evolution will be of significant benefit in a different host. With this caveat, evolving slow decay in advance of treatment is the only solution to improve phage prophylaxis, but evolution in advance may also offer a significant improvement over relying on evolution during treatment.

The treatment benefit of decay-rate evolution depends on the wildtype decay rate and the magnitude of improvement afforded by available mutations. Relying on within-host evolution during treatment to achieve dominance by a slow-decaying phage becomes feasible only when the treatment phages actively grow and maintain themselves in the host for days. Phages recovered from a patient, as in D’Herelle’s approach, may well have evolved lower decay rates that could be used with subsequent patients.

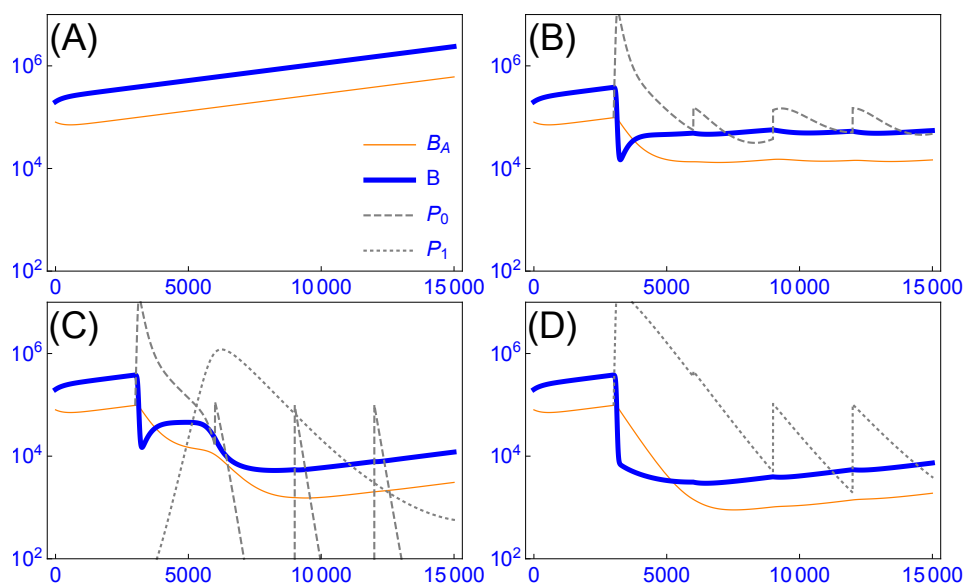


Figure 1. Phage dynamics and evolution as a property of phage decay rate. The vertical axis gives density, the horizontal axis time (minutes). Thin orange curves are protected bacteria in refuges, thick blue curves are susceptible, planktonic bacteria. Dashed grey indicates the fast-decaying phage (P_0 , decay rate of 0.008 per min), dotted grey indicates the better, slow-decaying phage (P_1 , decay rate of 0.002 per min). The inset key (A) applies to all panels. All trials use the same bacterial growth parameters and initial bacterial densities (given in Appendix A.1). When phage are present, they are first added at 3000 min and added every 3000 min thereafter. (A) Bacterial densities slowly increase in

the absence of phages. (B) Treatment with 10^5 rapidly-decaying phages causes a sudden decline in free bacterial densities, a somewhat slower decline in aggregate bacteria. The system is approaching equilibrium in that phage and bacterial densities are being approximately maintained between inoculations. (C) The phage inoculum consists of 10^5 rapidly-decaying phage and 0.1 slowly-decaying phage, the latter value to represent mutation. The slowly-decaying phage ascends profoundly but then drops when bacterial densities are too low to sustain it. (D) The phage inoculum consists of just 10^5 slowly-decaying phage. There is a substantial difference between the treatments with a pure fast-decaying phage or a pure slow-decaying phage. The main effect of starting with a slow-decay phage (D) instead of relying on within-host evolution (C) lies in the early dynamics, although a modest lingering benefit is apparent. Parameter values and initial conditions are given in Appendix A.1. Outcomes vary with parameter values, and the actual effect of within-host evolution or treatment with pre-evolved, slowly decaying phages would need to be evaluated for each specific application.

3.3. Matrix Degrading Activities: Depolymerases

Some phages encode enzymes (depolymerases and lysins) that may have important direct or indirect antibacterial activities. Depolymerases (the focus here) degrade bacterial secretions and may foster bacterial killing and clearance [20,21,35–39]. Thus those enzymes have the interesting property that they do not kill per se but enable killing by other agents. It is now known that the superior phage type discovered by Smith and Huggins [12] differs from the poor phage type by encoding a depolymerase that degrades the bacterial capsule [40]. The free enzyme is likely critical to treatment success—the pure depolymerase can successfully treat an infection even in the absence of phage [41–45]. Protective bacterial secretions include more than just bacterial capsules, such as the chemically complex matrices in biofilms and aggregates [21,29,38,46–48]. Phage-encoded enzymes do not necessarily exist for all bacterial matrix components, but enzyme-encoding genes from other sources (bacteria, fungi) can be engineered into and expressed from phages to achieve degradation (e.g., [21,49,50]).

In wild phages, depolymerases are assembled as tailspikes used in the initial, specific recognition of the host. The enzymes allow the virion to penetrate the protective surface layers of the bacterium and thus provide a direct benefit to the individual phage much as does any phage-encoded contribution to infection. But depolymerases also provide a dispersed benefit for treatment: considerable free enzyme, that not assembled onto virions before cell lysis, is released and can diffuse into the surrounding environment where it acts separately from the phage. The effect of the diffusing enzyme can often be observed on plates as an expanding halo beyond the plaque [46,51–53].

Interest here is primarily in the dispersed benefit of phage-encoded enzymes—a benefit beyond the phage killing itself. Free enzyme augments other forms of bacterial killing by degrading the protective layers around many bacteria. Loss of those layers exposes the bacteria to attack by complement, immune cells, drugs, and even by other types of phages that would not otherwise be able to access the bacteria. From a treatment perspective, free enzyme is ideal because it augments treatment by multiple antibacterial agents and immunity. Furthermore, genetic engineering greatly expands the capacity of phages to degrade substrates that do not directly aid infection [21]. If this property of a phage or cocktail can be evolved and maintained, it has the potential to greatly augment treatment.

Evolution of a dispersed effect from an enzyme is not straightforward. Released enzyme diffuses into the local environment and acts as a ‘public good’ that can benefit phages which do not produce the enzyme. By benefiting others, the producer phage is subjected to a ‘tragedy of the commons’ that works against its success in competition with non-producing mutants and phage types [23,53]. The ‘tragedy’ can be especially acute for phages engineered to encode depolymerases, as those enzymes are usually encoded entirely as free enzymes and not part of the virion [21]: evolution can quickly dispense with the engineered gene because it is not essential and even benefits mutants lacking the gene [23]. In contrast, enzymes encoded as tailspikes are genetically (evolutionarily) stable because they are essential to infection; even in this case, the excess enzyme can work against the producer phage by benefiting other phages in a cocktail. Maintenance of an enzyme-producing phage in cocktails thus has little to do with its public-good benefit in clearing the infection, and such phages can be lost even

if bacterial clearance depends on their presence [53]. Evolution and dynamics can work in favor of enzyme-producing phages when the bacterial environment is spatially structured, where the free enzyme does not diffuse far to help other phages [23], but there is as yet no evidence on whether appropriate spatial structure applies to natural infections. Exogenous addition of enzyme is a possible alternative to relying on phage-carried enzymes [44,45,54] should within-host evolution prove inimical to maintaining phages encoding the enzyme.

Conclusions. Although the dispersed benefits of enzyme-producing phages can greatly enhance clearance of structured bacterial populations, within-host evolution and competition among phages are not aligned with maintaining enzymes for that reason. Within-host phage competition will not typically improve the collective enzyme-degrading activities of the input phages. Retaining the treatment benefit from engineered depolymerases requires that the engineered phages be specifically designed to avoid evolutionary loss of the enzyme. Cocktails should be administered with an a priori understanding of dynamics that may work against them.

3.4. Phage Evolution to Overcome Bacterial Resistance

The most-studied evolutionary process involving phages is their impact on and response to bacterial resistance evolution. The problem has long been considered from the perspective of genetic and molecular mechanisms, both from the perspective of bacterial defenses and phage escape [24,55–62]. The process has also been studied as phenotypic outcomes of phage-bacterial arms races in co-culture, both in conditions of natural or semi-natural dynamics [63–68] as well as highly contrived conditions in which vast numbers of phage were amplified on a permissive host and forced to grow on resistant hosts [55–58]. Our interest here is in observations from (semi-)natural dynamics.

Although many types of bacterial defenses against phages are known, many of them are irrelevant to within-host evolution during treatment. Anti-phage defenses will affect the initial choice of phages for treatment; phages that fail, for whatever reason, to grow on the pathogen at hand will not usually be further studied. Bacterial mutation in surface element genes affecting phage adsorption appears to be the most commonly-observed evolutionary response to phages, and most other bacterial defense systems will not evolve to block phage growth in the patient. For example, restriction–modification (R-M) systems—a well known mechanism blocking phage infections [69–72]—will not evolve within the patient to change specifically in response to phages. However, CRISPR loci, if present in the infecting bacterium, may evolve in vivo to block phage infection. The degree to which this process operates is under active investigation [62,73–76], but CRISPR is notably absent from at least some multidrug-resistant pathogens [73,77,78], and it is too early to tell if it will prove an important evolutionary escape in vivo.

The ascent of resistant bacteria within the patient will typically be inimical to treatment success and should be avoided. Furthermore, there remains the formal possibility that a phage-resistant bacterium will have increased virulence, perhaps by becoming mucoid and thus less sensitive to immune system components; reports of such outcomes so far seem to be lacking. Experimental work indicates that evolution of bacterial resistance is a seemingly ubiquitous and easy response to a high abundance of phages. From in vitro co-culture studies of phages grown on single bacterial strains in simple media, a common outcome of arms race evolution is ultimate dominance by resistant bacteria [64]. The arms race may involve a few steps of phages evolving to overcome bacterial resistance and new bacterial resistance evolving, but ultimately a bacterial resistance evolves that cannot be overcome by phage evolution; phage are subsequently lost or their abundance greatly suppressed. This simple story is often violated when bacteria are grown under more complex in vitro environments or in natural ones: resistant bacteria may fail to ascend, with the phage persisting and permanently suppressing the bacteria [79,80]. However, other outcomes have also been observed [65,66,68]. The hope is for in vivo outcomes that avoid bacterial resistance, but in fact, resistant bacteria have been observed to ascend

within patients [61,81]). So the hope then turns to learning how to choose phages to direct the outcome toward blocking bacterial resistance evolution.

3.4.1. Intrinsic Phage Evolution to Overcome Bacterial Resistance Is Not Assured

Bacteria are selected to avoid killing by phages. Likewise, phages are selected to overcome bacterial resistance, both in vivo and in vitro. Nonetheless, reliance on de novo mutation and Darwinian evolution to overcome bacterial resistance faces two problems. First, the requisite mutations may not arise—the jump to utilize a new bacterial receptor may require an improbable combination of multiple mutations in the phage genome. (If a CRISPR-based immunity evolves within the host, there may be no way for a phage to overcome it). Second, the population dynamics work against evolution because of a mismatch between selection and phage population size (opportunity for mutation): selection is strongest when the resistant bacterial population is largest, but the phage population may already have plummeted from a declining number of sensitive hosts. These dynamics commonly lead experimentalists to evolve new phage host ranges by allowing amplification on permissive hosts between bouts of selection on resistant hosts (e.g., [55,56]).

3.4.2. Cocktails Can Be Designed to Block Stepwise Bacterial Escape, but They Can Experience Lags and Phage Loss

Natural phage evolution is not the only solution to bacterial resistance. One alternative is to isolate wild phages that grow on the resistant hosts, then use those in the therapeutic cocktail. Engineering is another possibility for generating resistance-blocking phages [50,82–85]. Advance selection of resistance-blocking phages is possible because bacterial evolution to resist a single phage often follows a common molecular pathway, enabling the investigator to replicate in vitro the within-patient arms race. One simply evolves resistant bacteria in vitro and then selects resistance-blocking phages in advance of treatment, ultimately including them in the cocktail at sufficiently high concentrations that they are not lost before substantial numbers of resistant bacteria have arisen. Indeed, our mechanistic understanding of resistance evolution is so advanced as to realize that phages infecting the same host by using different receptors will provide complementary blocks to bacterial resistance evolution—pathways of resistance evolution can thus be anticipated even before the patient experiences the resistant bacteria. Unfortunately, the approach of designing a cocktail to anticipate bacterial evolution may only be applicable to chronic infections, as the time and effort to identify phages and their specific receptors, and then formulating an appropriate cocktail, is considerable.

The dynamics of multiple, resistance-complementing phages in a cocktail works in favor of suppressing bacterial resistance, but the timing is not ideal. The main complication is that phage dynamics are not anticipatory, responding to what is present rather than what is about to occur. Given the intrinsic differences in growth likely to exist among wild phages, the initial dynamics of the cocktail will typically be dominated by one phage, with the other phages dropping to low numbers (or even disappearing) before resistant bacteria ascend (Figure 2B and [71]). Resistant bacteria will ascend and potentially exacerbate symptoms before being suppressed by other phages in the cocktail (Figure 2C), and the cycle may repeat. If the cocktail contains resistance-blocking phages, it would seem that the ascent of resistant bacteria could be avoided by periodic dosing with the cocktail, but a very high dose may be needed (see Figure 2D,E). Overall, therefore, cocktail dynamics can ultimately work in favor of overcoming bacterial resistance (provided that appropriate phages are present), but the best treatment may require an informed design and application of cocktails.

The successive collection of phages from the patient should reveal much about the dynamics before and during bacterial resistance evolution. Recovered phages may be a source of improved phages that can be used on other patients infected with the same strain, as may be likely in an epidemic. Such phages may also have been selected for lower rates of clearance by the reticuloendothelial or other systems.

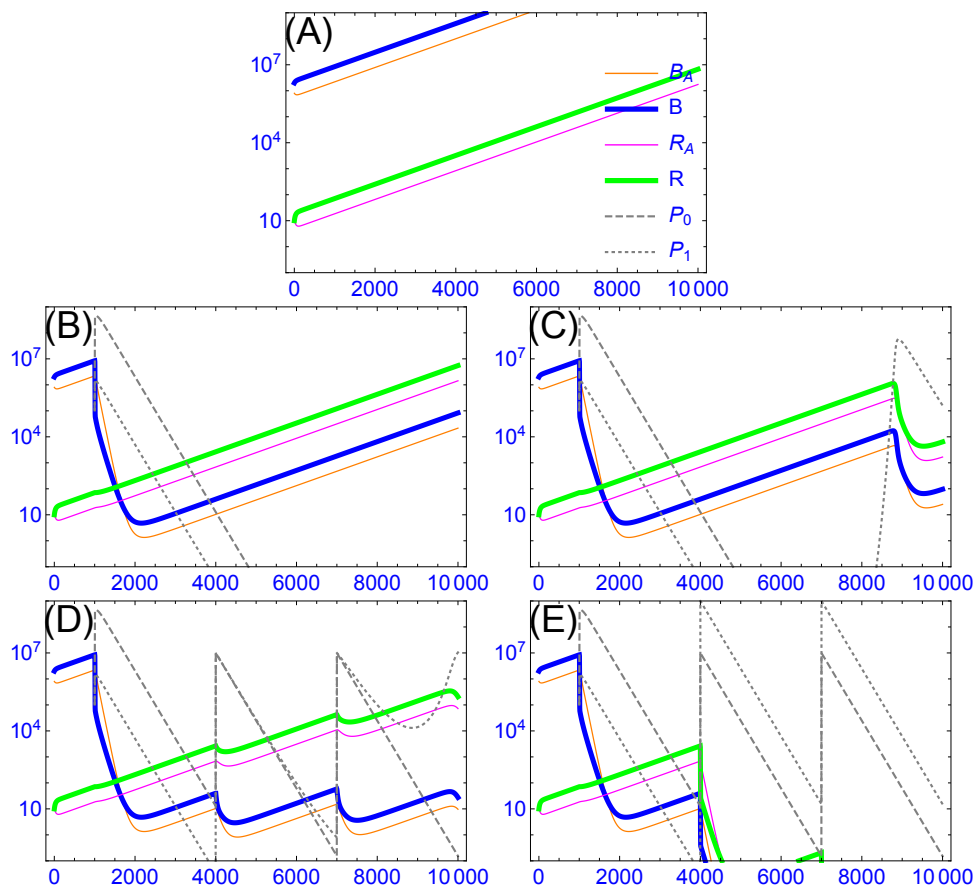


Figure 2. A ‘broad’ host-range phage that blocks bacterial resistance is subject to delayed ascendency. Periodic dosing may be only moderately more useful in suppressing bacterial resistance than is relying on intrinsic dynamics. The model assumes two strains of bacteria, each in two states (solid colored curves) and two strains of phage (dashed and dotted gray); the inset legend in (A) applies throughout, with equations and parameters given in Appendix A.2. The vertical axis gives density, the horizontal axis time (minutes). The phages differ in whether they can infect both bacteria (the ‘broad’ phage, given by P_1 , dotted curves) or just one bacterium (the ‘narrow’ phage, given by P_0 , dashed curves); the narrow phage has the advantage of a slightly higher adsorption rate. The bacterial strain given by blue and orange curves is sensitive to both phages, the other (green and pink curves) is resistant to the narrow phage and is initially rare. Each bacterium exists both planktonically (thick curves) and in aggregates (thin curves), with aggregates being protected from all phages. The two bacteria differ only in sensitivity to the phages. (A): Growth of the bacteria in the absence of phages. (B): Both phages are introduced at time $t = 1000$ at a density of 10^5 but are considered to be extinct when densities drop below 0.1. They have a rapid effect of driving the sensitive bacterial strain to low numbers, allowing the resistant bacterium to become the majority. Both phages are lost when the bacterial density is too low to sustain them, and all bacteria begin to recover, maintaining their relative abundances. (C): The same as in (B), except that phages are never considered to be extinct. The broad phage eventually rebounds in response to the high numbers of ‘resistant’ bacteria, and it suppresses both strains. (D): A cocktail of both phages is applied, each at a dose of 10^5 (time 1000) and then each at a dose of 10^7 (times 4000 and 7000). The narrow-host range phage gains early because of its superior adsorption rate. Resistant bacteria eventually ascend and allow the broad phage to maintain itself. Note that there is a substantial lag before the broad phage dominates. (E) The same as in (D), but the inocula at times 4000 and 7000 are increased to 10^9 of the broad phage. All bacteria are now pushed to near extinction.

3.4.3. Resistance-Proof Phages Can Avoid Evolutionary Arms Races, but In Vivo Dynamics Do Not Ensure Their Ascendancy in Cocktails

Resistant bacteria do not invariably ascend ([4,12] and references above). Failure to ascend occurs when bacterial resistance seriously impairs bacterial growth in the local environment. Thus, Smith and Huggins [12] observed that their ‘good’ phages required the bacterial capsule for growth; bacterial resistance resulted in loss of the capsule, which rendered the bacterium susceptible to the immune system and thereby prevented ascendancy. Other trade-offs between bacterial resistance to phages and bacterial growth are known; they often depend on the environmental context [4,86]. These observations suggest that single phages might be chosen wisely to prevent the ascendancy of resistant bacteria. Use of such ‘resistance-proof’ phages has an obvious advantage, even over cocktails, as such treatments do not face the even temporary ascendancy of resistant bacteria (although resistance-proof phages are subject to the same predator-prey cycles of other phages). A resistance-proof strategy has even been employed successfully with patients [4,8]. (Again, if CRISPR-based immunity evolves, there may be no possibility of a resistance-proof strategy using a single phage.)

As a possible source of resistance-proof phages, narrow host-range phages may be evolved to overcome bacterial resistance, thereby changing their host range. This selection works well in a laboratory setting where defined cultures are employed, and may lead to resistance-proofing because most host range mutations confer an expansion of host range, rather than a switch. However, the result is usually a compromise, with the rate of adsorption to both the old and new hosts being less than of specialist phages that only infect one or the other strain. Reduced adsorption may allow sensitive bacteria to persist at moderate densities or in refuges that might be suppressed by other phages; reduced adsorption will generally affect therapeutic success if rapid phage multiplication is required *in vivo*.

Although resistance-proof phages have sometimes been chosen *a priori* by design [4], a scientific basis for choosing them may not always be available in advance of treatment. Might *in vivo* competitions be used to dynamically evolve such phages? That is, if a cocktail of phages is used in treatment and the cocktail were to contain a resistance-proof phage, would it automatically ascend and displace the others? Not necessarily, at least not because of its resistance-proof status. At the outset, a resistance-proof phage has no advantage when the cocktail is first introduced on the sensitive strain, and whichever phage grows the fastest will predominate (e.g., [71]). When the bacterial population evolves resistance to this first phage—a potentially slow process if bacteria exist in protected states (e.g., Figure 2)—the resistance-proof phage may be one of several remaining phages capable of growing on the resistant bacteria. Again, the fastest-growing phage will predominate, not necessarily the one that is resistance-proof. Beyond this phase, there are countless possibilities as to preclude generalities—from phage competitions, bacterial competitions, bacterial protected states, and delayed, density-dependent dynamics. We thus lack assurance that a resistance-proof phage will prevail. Treatment with a single phage known to be resistance-proof appears to be the surest way to maintain a lasting block against bacterial resistance evolution, but the phage must be chosen intelligently rather than by relying on within-host evolution.

As noted above, our presentation of bacterial resistance has implicitly emphasized changes in surface receptors affecting phage adsorption. Other mechanisms of bacterial resistance to phages are known [59], but most are not prone to evolve new resistance profiles *in vivo* and so only affect the initial choice of treatment phages. Furthermore, changes in surface receptors may evolve in deference to other changes [76]. Nonetheless, the dynamics of phage evolution to overcome bacterial resistance by other mechanisms will face the same types of issues identified here.

Engineering phages with altered or broad host ranges is increasingly feasible [50,82–85]. To minimize the time lag problem, perhaps the goal should be to engineer a single, broad phage rather than a collection of mutants that collectively spans multiple host strains (e.g., [85]). *In vivo* evolution of phages engineered for host range should usually be compatible with maintaining the

engineering. Such in vivo evolution may improve adsorption and tail stability, for example. But any evolution may also favor specialization that will limit phage growth on other strains.

Conclusions. Within-host evolution favors bacterial resistance to phages, but the ascendance of resistant bacteria then favors phages that grow on the resistant strains. Within-host evolution of single phages is not assured of overcoming bacterial resistance, if only because the requisite mutations may not occur. Cocktails may be designed to anticipate and block bacterial resistance evolution, but timing remains a problem: phage evolution in response to resistant bacteria necessarily lags the ascendance of resistant bacteria. Phage engineering to overcome bacterial resistance is gaining attention and may offer a shortcut from laboriously screening wild phages. Because of the time-lag problem, repeated dosing with a cocktail may be required to prevent the temporary ascent of resistant bacteria. Resistance-proof phages offer a solution to a bacteria-phage arms race, but there is no in vivo protocol that ensures automatic selection of single, resistance-proof phages, even when a resistance-proof phage is present in the initial cocktail. They must therefore be chosen from experience or an a priori understanding of the costs and benefits of bacterial resistance to phages.

4. Discussion

It is already clear that, whatever its ultimate utility, phage therapy of bacterial infections will not afford the simplicity of treatment that has been true of antibiotics. Perhaps phage treatments will need to be tailored to the infecting strain and may even need to be tailored to the nature of the infection. However, one hope for phage therapy that does not apply to antibiotics is evolution. When starting a treatment with one or more phages that infects the pathogen, either Darwinian phage evolution or cocktail dynamics within the patient might be aligned with treatment success and ‘automatically’ yield the best phages, obviating the need for a sophisticated understanding of best treatment practices.

Evaluating the potential utility of within-host evolution has special merit in light of the fact that current treatment protocols have been rather simplistic. This is not a criticism, one needs to know what the problems are before designing more complex protocols. In some cases, phages were selected for treatment based on no more than a demonstrated host range in vitro. In other cases, phages were chosen merely to grow on the infecting strain and also block the ascent of resistant bacteria, again based on in vitro assays. Although infections have been successfully suppressed by some of these protocols, improvements may be warranted to shorten recovery periods or to depress bacterial densities beyond that which was attained. Furthermore, in vivo phage evolution may not only augment treatment, but studying it may lead us to new insights that could improve treatment.

The thesis that in vivo phage evolution is aligned with treatment success applies to some phage properties but not others. The reason for the different effects of within-host evolution on phage improvement is that the different phage properties evolve under different dynamic processes, and only some processes are aligned with treatment. Properties improved by within-host evolution are phage growth rate and (reduced) clearance rate, as well as the ability to overcome bacterial resistance. However, phage evolution to overcome bacterial resistance has a time lag problem: phage evolution tracks bacterial resistance, so resistant bacteria ascend before being suppressed again. Resistance-proof phages avoid the emergence of resistant bacteria if they are the only phages administered, but when given as one of several phages, they do not ensure against the cyclical rise of resistant bacteria. Wise cocktail design and delivery timing is the more assured way of limiting the ascent of resistant bacteria.

Intrinsic dynamics/evolution within the patient offer no assurance for the maintenance of phage-encoded enzymes that degrade extra-bacterial substances. The release of free, phage-encoded enzymes may profoundly help clear an infection, but this benefit does not help maintain the phages producing the enzymes—unless the infection is highly structured. Again, wise choice of phages, cocktail composition, and dosing times may be required to optimize treatment.

Phages may act in synergy with antibiotics [87–89] and other therapies, although there appears to be no grand generality—some drug-phage combinations are synergistic, others antagonistic [90].

The performance of individual phages may thus well be affected by interactions with other therapies. Indeed, phage therapy with humans may invariably require co-treatment with antibiotics, so phage–drug interactions may well be critical to success. However, we do not expect the principles underlying the alignment of within-host evolution and treatment success to change because of antibiotic use.

The concept of engineering a ‘super’ phage for therapy has often been raised. Such a phage would likely have a broad host range and encode one or more enzymes that degrade extracellular matrices. A priori, it may be desirable to encode anti-R-M and anti-CRISPR functions, methylases, and other proteins that antagonize host defenses. However, as the maximum capacity of a phage capsid for DNA is limited, extensive engineering of a phage genome is likely to require removal of “non-essential” (within a laboratory setting) genes. The engineering may thus be self-defeating unless carefully designed. Nevertheless, within-host evolution could be used to improve such a ‘super’ phage in several respects, and where evolution led to undesired outcomes (e.g., loss of a phage-encoded enzyme), the evolution could at least help identify where the engineering needed improvement. Indeed, a within-host competition of different engineered phages could quickly identify which phages were the most genetically stable.

Depressing Bacterial Densities versus Improving Infection Outcomes

The perspective here has assumed that decreasing bacterial numbers invariably improves the patient’s outcome. Depressing bacterial numbers will no doubt be essential to cure, but there are hints that the relationship between bacterial killing and treatment success is not always straightforward: bacterial lysis releases endotoxins. In an experimental mouse model, lethal but non-lysing phages given at very high doses were shown to improve host survival over lytic phages [91]. Although that experimental system was highly artificial, the result fits with known principles of the immune response, and it points to a wider realm of possible deviations from a simple relationship between bacterial killing by lysis and treatment improvement. For example, treatment with a phage that releases capsular depolymerases may boost immune-mediated killing, which does not entail lysis (e.g., [41,42,44,45]).

A second possible concern with ‘successful’ phage therapy is whether bacterial resistance to phages might increase virulence. Bacterial resistance to phages often entails a reduction in bacterial growth rates or densities, but if bacterial density is not the sole determinant of virulence, then an increase in virulence is possible despite reduced bacterial growth. Indeed, some extremely slow-growing bacteria cause serious infections. Bacterial resistance to phages may impart simultaneous protection against immunity, as with bacterial mucoidy. It is thus conceivable that some virulent bacterial mutants may have an advantage within the host only when favored by phage pressure, in which case they would not be observed in the absence of treatment. Although this possibility is speculative, there are unconfirmed reports of symptoms made worse by phage treatment. One conceivable scenario is where the use of broad host range phages and/or complex phage cocktails inadvertently targets benign commensal bacteria that themselves are antagonistic to proliferation of the pathogen.

Supplementary Materials: Mathematica files are available online at <http://www.mdpi.com/1999-4915/11/12/1083/s1>.

Author Contributions: All three authors contributed to all aspects of the paper, except that J.J.B. wrote the Mathematica files to generate the figures.

Funding: This research was funded by NIH grant numbers R01GM 122079 and P20GM 104420 (JJB), GM 091875 (BRL), and R01 GM124378 (IJM).

Acknowledgments: We thank Steve Abedon for comments and insight to the literature. Two reviewers gave useful advice on the manuscript.

Conflicts of Interest: The authors declare no conflict of interest. The funders had no role in the design of the study; in the collection, analyses, or interpretation of data; in the writing of the manuscript, or in the decision to publish the results.

Appendix A. Model Details

The standard model of bacterial–phage interactions is one of ordinary differential equations assuming mass action, whereby the number of infections occurring per unit time is simply the product of the phage and bacterial concentrations (scaled by an adsorption rate parameter, [25,26]). This type of model typically leads to a rapid and profound depression of bacteria, followed by a bacterial resurgence and ensuing oscillations of phage and bacterial densities. These dynamics are apparently not representative of phage therapy patients [2]. We instead offer two models of ordinary differential equations that deviate from the standard model and can generate some key outcomes mirroring those of observed with phage therapy: bacteria exist in protected states, phage may slowly decay during treatment, and multiple dosing may be required [2]. Although our models explicitly include many components (minimally four variables and nine parameters), they are proposed heuristically in that they cannot be empirically parameterized. Instead, many parameters need be chosen so that the baseline behavior allows phage to have only a moderate effect on bacterial densities in the short term, and indeed for some trials, that multiple phage inoculations are needed to depress bacterial densities to low levels. Any numerical trial of this model is useful chiefly in illustrating possibilities that are incompatible with the standard model.

Appendix A.1. One Bacterial Strain with Two Bacterial States and Two Phages

In model (A1), a single strain of bacterium switches between a planktonic state and aggregates. Planktonic bacteria are susceptible to phages, aggregates are not. Two phage strains are included, differing only in decay rate. Parameters are defined in Table A1.

$$\begin{aligned}
 \dot{B}_A &= -\rho B_A + \beta B & (A1) \\
 \dot{B} &= \rho c B_A - k_0 P_0 B - k_1 P_1 B - d_B B \\
 \dot{P}_0 &= b_0 k_0 B P_0 - d_0 P_0 \\
 \dot{P}_1 &= b_1 k_1 B P_1 - d_1 P_1 \quad .
 \end{aligned}$$

Parameter values used in Figure 1 are: $k_0, k_1 = 3 \times 10^{-9}$, $d_0 = 0.008$, $d_1 = 0.002$, $d_B = 0.001$, $b_0, b_1 = 50$, $c = 2.5$, $\rho = 0.0018$, $\beta = 5 \times 10^{-4}$. Initial bacterial densities are: $B(0) = 2 \times 10^5$, $B_A(0) = 8 \times 10^4$.

Table A1. Model variables and parameters.

Notation	Description	Units
Variables (Functions of Time)		
B_A	density of bacteria in aggregates (protected)	/mL
B	density of susceptible, planktonic bacteria	/mL
P_0	density of strain 0 phage	/mL
P_1	density of strain 1 phage	/mL
Parameters		
k_i	adsorption rate of phage strain i to planktonic bacteria	mL/min
d_i	death rate of phage strain i	/min
d_B	loss rate of bacteria from death or conversion to aggregates ($d_B \geq \beta$)	/min
b_i	burst size of phage strain i	individuals
c	conversion rate of aggregates to planktonic bacteria	
ρ	loss rate of aggregates to become planktonic bacteria	/min
β	aggregate formation rate by planktonic bacteria	/min

Appendix A.2. Two Bacterial States with Two Bacterial States and Two Phages

This model is similar to that in (A1), except that it adds a second strain of bacteria, one whose planktonic state is resistant to one of the phages, necessarily also resistant as aggregates. To keep the

emphasis on the effect of resistance, many of the same parameter values are used for the two types of bacteria and for phage infection of the bacteria.

$$\begin{aligned}
 \dot{B}_A &= -\rho B_A + \beta B & (A2) \\
 \dot{B} &= \rho c B_A - k_0 P_0 B - k_1 P_1 B - d_B B \\
 \dot{R}_A &= -\rho R_A + \beta R \\
 \dot{R} &= \rho c R_A - k_1 P_1 R - d_B R \\
 \dot{P}_0 &= b_0 k_0 B P_0 - d_0 P_0 \\
 \dot{P}_1 &= b_1 k_1 B P_1 + b_1 k_1 R P_1 - d_1 P_1 \quad .
 \end{aligned}$$

Only variables that differ from those in model (A1) are defined in the table below. Parameters are the same as in Table A1.

Table A2. New variables for model (A2).

Notation	Description	Units
Variables (Functions of Time)	Description	Units
R_A	density of resistant bacteria in aggregates	/mL
R	density of resistant, planktonic bacteria	/mL

Parameter values used in Figure 2 are the same as for Figure 1 except: $k_1 = 1 \times 10^{-9}$, $d_0 = d_1 = 0.006$, $d_B = 0.009$, $c = 2.2$, $\rho = 0.018$, $\beta = 5 \times 10^{-3}$. Initial bacterial densities are: $B(1) = 2 \times 10^6$, $B_A(1) = 8 \times 10^5$, $R[1] = R_A[1] = 10$.

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