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Early-life febrile seizures worsen adult phenotypes in Scn1a mutants

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Abstract

Mutations in the voltage-gated sodium channel (VGSC) gene SCN1A, encoding the Na\textsubscript{v}1.1 channel, are responsible for a number of epilepsy disorders including genetic epilepsy with febrile seizures plus (GEFS+) and Dravet syndrome (DS). Patients with SCN1A mutations often experience prolonged early-life febrile seizures (FSs), raising the possibility that these events may influence epileptogenesis and lead to more severe adult phenotypes. To test this hypothesis, we subjected 21-23-day-old mice expressing the human SCN1A GEFS+ mutation R1648H to prolonged hyperthermia, and then examined seizure and behavioral phenotypes during adulthood. We found that early-life FSs resulted in lower latencies to induced seizures, increased severity of spontaneous seizures, hyperactivity, and impairments in social behavior and recognition memory during adulthood. Biophysical analysis of brain slice preparations revealed an increase in epileptiform activity in CA3 pyramidal neurons along with increased action potential firing, providing a mechanistic basis for the observed worsening of adult phenotypes. These findings demonstrate the long-term negative impact of early-life FSs on disease outcomes. This has important implications for the clinical management of this patient population and highlights the need for therapeutic interventions that could ameliorate disease progression.

Keywords

Febrile seizures; GEFS+; SCN1A; Epilepsy; Na\textsubscript{v}1.1
Introduction

Febrile seizures (FSs) are convulsions triggered by high fever. They are the most common type of pediatric seizure, affecting 2–5% of children between 6 months and 5 years of age in the United States (Shinnar and Glauser 2002). Retrospective studies of resected brain tissue from adults with temporal lobe epilepsy (TLE) suggest a strong correlation between the development of TLE and early-life FSs (Falconer et al. 1964, French et al. 1993). In addition, studies conducted by Cendes and colleagues (1993) found that the prevalence of TLE exhibiting mesial temporal sclerosis is higher in patients with a history of complex early-life FSs. However, these studies did not establish whether the development of epilepsy was a consequence of the early-life FSs or a manifestation of the disease presentation.

Familial and twin studies have shown that genetic factors contribute significantly to the etiology of FSs (Rich et al. 1987, Tsuboi 1987, Tsuboi and Endo 1991), and recent studies have uncovered at least 12 loci associated with FSs (Reviewed in Feng and Chen 2016). Mutations in SCN1A, the gene encoding the α-subunit of the Na+1.1 voltage-gated sodium channel, are responsible for several epilepsy disorders, including genetic epilepsy with febrile seizures plus (GEFS+) and Dravet syndrome (DS). GEFS+ is characterized by FSs that sometimes persist beyond 6 years of age, as well as the development of a range of epilepsy subtypes, including generalized tonic clonic (GTCS) and myoclonic seizures (Scheffer and Berkovic 1997). DS is a severe childhood encephalopathy characterized by frequent and complex FSs beginning in the first year of life, afebrile generalized seizures, cognitive and behavioral deficits, and ataxia (Mullen and Scheffer 2009). The occurrence of early-life FSs in these disorders demonstrates that altered SCN1A function increases susceptibility to FSs and raises the possibility that these early-life events may influence disease progression.

Evidence for the long-term negative effects of early-life prolonged FSs has been derived from experiments on rodent pups. By exposing 10–12-day old rat pups to a stream of heated air for 30 minutes, Baram et al (1997) demonstrated that hyperthermia can be used to model febrile seizure events. The seizures produced in that paradigm resulted in increased inhibitory presynaptic transmission in the adult hippocampus (Chen et al. 1999) and transient cell injury (Toth et al. 1998, Bender et al. 2003). Dube et al (2006) subsequently showed that P10 rat pups subjected to prolonged hyperthermia develop spontaneous seizures of hippocampal origin around 3 months of age. In addition, early-life FSs have been associated with a range of biological changes including increased IL-1β production (Matsuo et al. 2006, Feng and Chen 2016), altered expression of hyperpolarization activated cyclic nucleotide-gated (HCN) channels (Chen et al. 2001, Brewster et al. 2002, Brewster et al. 2005), reduced number of astrocyte gap junctions in the hippocampus (Brewster et al. 2005), motor map reorganization (Reid et al. 2012), enhanced GABA_A and benzodiazepine receptor binding (Gonzalez Ramirez et al. 2007), reduced expression of GABAB receptor subunits (Han et al. 2006), and altered expression of genes involved in stress, inflammation, glial activation, and myelination (Jongbloets et al. 2015). Taken together, these studies demonstrate the early-life FSs have long-term pro-epileptic effects in developing rodents. However, it was unknown whether these alterations would be exacerbated in the presence of a SCN1A mutation. A better understanding of the relationship between early-life FSs and
the development of epilepsy in SCN1A-derived disorders will provide insight into the epileptogenic process and may identify new opportunities for therapeutic intervention.

To investigate the impact of early-life FSs on the development of SCN1A-derived epilepsy, we first examined the effect of age on susceptibility to hyperthermia-induced seizures in mice expressing the human SCN1A GEFS+ mutation R1648H (RH). Next, we used the mutant mice to explore the effect of prolonged and recurrent early-life FSs on adult phenotypes. We found that early-life FSs were associated with an increase in seizure susceptibility and spontaneous seizure severity, hyperactivity, and impairments in social behaviors and recognition memory in the adult mutants. Current-clamp recordings from hippocampal slices of the mutant mice that experienced early-life FSs showed increased firing of action potentials (AP) in pyramidal neurons. We also saw increased epileptiform activity in pyramidal neurons of mutants that experienced early-life FSs. These findings argue for the clinical benefit of preventing fevers in infants who have SCN1A mutations and highlight the need for therapeutic interventions to ameliorate the long-term consequences of early-life prolonged FSs.

**Materials and methods**

**Animals**

The mouse line expressing the human SCN1A R1648H GEFS+ mutation (RH line) was generated as we previously described (Martin et al. 2010) and is maintained on the C57BL/6J background. Wild-type (WT) littermates were used as controls for all experiments to minimize variation due to differences in genetic background and rearing conditions. Mice were housed on a 12-h light/dark cycle with food and water available ad libitum. All experiments were conducted at the N4 backcross generation. All experiments involving mice were performed in accordance with the guidelines of the Institutional Animal Care and Use Committees of Emory University and the University of California, Irvine.

**Acute hyperthermia seizure induction**

Susceptibility to hyperthermia-induced seizures (a model of febrile seizure susceptibility) was determined as previously described (Dutton et al. 2013). Male and female mice were previously found to respond similarly to hyperthermia, therefore data from both sexes were combined. Heterozygous (RH/+), homozygous (RH/RH), and WT littermates were evaluated at 3 ages: P14-15 (WT - Males: 4, Females: 4; RH/+ - Males: 4, Females: 4; RH/RH - Males: 2, Females: 3), P22-24 (WT - Males: 4, Females: 4; RH/+ - Males: 4, Females: 4; RH/RH - Males: 3, Females: 3), and P32-33 (WT - Males: 5, Females: 4; RH/+ - Males: 4, Females: 5). Each mouse was tested only once. Briefly, each mouse was placed in a Plexiglas tube and fitted with a rectal temperature probe connected to a heating lamp via a temperature controller (TCAT 2DF, Physitemp). The mouse was held at 37.5°C for 30 min to acclimatize to the chamber and to obtain baseline electroencephalographic (EEG) activity. Body temperature was then elevated by 0.5°C every 2 minutes until a seizure occurred or a maximum temperature of 42.5°C was reached. Seizure behaviors were scored using a modified Racine scale: 1, staring; 2, head nodding; 3, unilateral forelimb clonus; 4, bilateral forelimb clonus; 5, rearing and falling; 6, clonic seizure involving loss of postural control.
with rapid movement in all 4 limbs. Seizure induction was coupled with real-time video-EEG recordings for each mouse.

Models of complex early-life FS events

Two different paradigms were developed to investigate the long-term effects of complex early-life FSs. RH/+ mice and WT littermates (P22-23) were used for both paradigms.

(1) Prolonged febrile event (PFE)—The PFE paradigm was used to model an early-life prolonged febrile seizure event. Each mouse was placed in a Plexiglas cylinder and fitted with a rectal temperature probe connected to a heating lamp via a temperature controller. Mouse core body temperature was held at 37.5°C for 10 minutes, allowing the mouse to acclimatize to the chamber. Core body temperature was elevated by 0.5°C every 2 minutes until 41.5°C was reached, and this core body temperature was then maintained for 30 minutes. The core body temperature at the occurrence of each seizure as well as the total number of seizures and the severity of each seizure (as measured on the modified Racine scale) were noted for each mouse. The mouse was then transferred to its home cage, and no further procedures were performed for 2 months. Mutants and WT littermates that were handled similarly but not exposed to external heat via the heat lamp were used as controls. In a separate cohort of mice (n = 4–5 per genotype), febrile seizure induction was coupled with real-time video/EEG recordings to confirm behavioral seizures.

(2) Acute/prolonged febrile event (A/PFE)—The A/PFE paradigm was used to model recurrent FSs in which an acute febrile seizure is subsequently followed by a prolonged febrile seizure event. On the first day, the mouse was held at 37.5°C for 10 minutes to acclimatize to the chamber. Body temperature was then elevated by 0.5°C every 2 minutes until a seizure occurred or a maximum temperature of 42.5°C was reached. The mouse was then returned to its home cage. On the following day (18–24 hours later), the mouse was held at 37.5°C for 10 minutes, and then its core body temperature was elevated by 0.5°C every 2 minutes until 41.5°C was reached. Core body temperature was maintained at 41.5°C for 30 minutes and the observed seizures were scored as described above. The mouse was then returned to its home cage and no further procedures were performed for 2 months. WT and RH/+ mice that were handled similarly but not exposed to external heat served as controls.

Flurothyl seizure induction

Thresholds to flurothyl-induced seizures were determined as we previously described (Martin et al. 2010). Two months after the PFE or A/PFE, mice (P82) were exposed to flurothyl (2,2,2-trifluoroethylether, Sigma) at a rate of 20 µl/min. Latencies to the first myoclonic jerk (MJ), the first generalized tonic clonic seizure (GTCS), and the generalized tonic clonic seizure with hindlimb extension (HE) were determined. A total of 16 WT controls (males: 8, females: 8), 15 RH/+ controls (males: 9, females: 6), 16 PFE WT (males: 8, females: 8), and 14 PFE RH/+ (males: 7, females: 7) were examined for the PFE paradigm. For the A/PFE paradigm, a total of 15 WT controls (males: 9, females: 6), 15 RH/+ controls (males: 9, females: 6), 16 A/PFE WT (males: 8, females: 8), and 14 A/PFE RH/+ (males: 7, females: 7) were examined.
EEG surgery and real-time video/EEG acquisition during FS induction

Heterozygous RH/+ mice and WT littermates (P14-15, P22-24, and P32-33; n = 8-9 per genotype, 3-4 males/group; 4-5 females/group) were anesthetized with isoflurane and surgically implanted with 2 pairs of sterile stainless steel screw electrodes (0.10 inch in diameter; Pinnacle Technology, Inc.). The first pair of electrodes was placed posterior to Bregma in the right hemisphere (EEG₁ and EEG₂), and the second pair of electrodes was placed at the corresponding positions in the left hemisphere (EEG₃ and EEG₄). Following electrode placement, fine wires were wrapped tightly around each screw and dental acrylic was applied. Following 2 hours of recovery from surgery, each mouse was subjected to febrile seizure induction and real-time video and EEG signals were collected, processed, and digitized at a sampling rate of 200 Hz by the Stellate Harmonie amplifier and software (Natus Medical, Inc., CA). Additional details on the EEG acquisition and analysis are provided as Supplementary Data. No statistical significant differences were observed between sexes; therefore, male and female data were combined.

Immunohistochemistry for c-Fos reactivity

C-Fos immunoreactivity was evaluated 2 hours after the acute hyperthermia- induced seizure in male RH/+ mutants and in WT littermates that were similarly handled (n = 8 per genotype). Mice were deeply anesthetized with isoflurane and transcardially perfused. Brains were post-fixed in paraformaldehyde (4%), cryopreserved in 30% sucrose, and 40-µm coronal sections were cut on a cryostat (Leica, Germany). Free-floating sections were incubated at 4°C for 48 hours with anti-c-Fos antibody (Santa Cruz Biotechnology Inc., Santa Cruz, CA, USA). The primary antibody was detected using a Vectastain Elite ABC kit (Vector Laboratories, Burlingame, Ca, USA), and the diaminobenzidine reaction product was developed using a nickel-enhanced glucose oxidase method (Vector Laboratories, Burlingame, Ca, USA). The sections were mounted on Superfrost Plus slides (Fisher Scientific) and counterstained with Neutral Red. Cell counting was performed using Imaris software (Bitplane Scientific Solutions) on images captured under 40X magnification. Using a 10×10 grid on which the specific region of interest was outlined, Fos-positive cells were counted within the hippocampus, somatosensory cortex (cortex), thalamus (paraventricular thalamic nucleus (PVT)), hypothalamus (paraventricular hypothalamic nucleus (PVN)), caudate nucleus (CN), lateral septal nucleus (LS), substantia nigra (STN), dorsal raphe (DR), locus coeruleus (LC), and nucleus accumbens (NA). The hippocampus was further divided into sub-regions: CA1, CA2-3, and the dentate gyrus (DG).

Histology

Two months after exposure to the A/PFE, 3 mutants and 3 WT littermates and an equal number of corresponding control mice were sacrificed for histological analysis. Brains were rapidly removed, frozen on dry ice, and 35-µm sections were cut on a cryostat (Leica, Germany). Coronal sections, 400 µm apart, from Bregma ~0.46 mm to ~3.38 mm, were examined. Sections were stained with 1% cresyl violet (CV, Sigma), and cell counts were performed using Imaris software (Bitplane Scientific Solutions) on images captured under 40X magnification. Using 10×10 grids outlining the regions of interest, CV-positive cells
were counted within the somatosensory cortex and the CA1, CA3, and dentate gyrus (DG) hippocampal regions.

**Behavior analysis**

**Open Field**—The open field consisted of a 60x60 cm² arena enclosed with opaque Plexiglas. The center zone was defined as a 30x30 cm² area in the center of the chamber. Each mouse was placed along one side of the apparatus and allowed to explore for 10 minutes (13 male/genotype/treatment). Mice were videotaped and scored with experimenters blind to genotype and treatment using the ANY-maze Video Tracking System (Stoelting Co.). Behaviors scored included time spent in the center zone, latency to enter the center zone, total distance travelled, average speed, and total time spent immobile.

**Three chamber social interaction**—Social recognition and memory were examined using a three-chambered apparatus. Each chamber measured 20 cm×40 cm×22 cm (h), and the partitions that separated each chamber had a 5 cm×5 cm square opening in the bottom center. A cylindrical wire cage, served as the inanimate object or the cage for housing the stranger mice. The test mouse (13 male/genotype/treatment) was first placed in the center chamber, with an empty wire cage in the left and the right chambers, and allowed to explore for 10 minutes. In the second 10-minute session, an age- and gender matched FVB/NJ mouse (stranger) was placed in one of the wire cages while the wire cage on the other side remained empty. The test mouse was again placed in the center chamber and allowed to explore. For the third 10-minute session, a second age- and gender-matched FVB/NJ stranger mouse (novel mouse) was placed in the wire cage that previously served as the empty cage. Thus, the test mouse had a choice between a familiar mouse and a novel mouse. The test mouse was again placed in the center chamber and allowed to freely explore for 10 minutes. All three sessions were videotaped and the video was analyzed by an experimenter blind to genotype and treatment using the ANY-Maze Video Tracking System (Stoelting Co.). The times spent in each chamber and within 5 cm of each wire cage were measured.

**Novel Object Recognition**—The novel object test was used to evaluate recognition memory. Testing was conducted in the open field arena described above. The paradigm involved 4 days of testing. On day 1, each mouse (13 male /genotype/treatment) was placed in the empty arena and allowed to explore for 10 minutes. On days 2 and 3, each mouse was allowed to explore two identical objects (either a clear 11.5 x 8.9 cm cube or a clear 10 cm diameter sphere) for 10 minutes, and the amount of time spent exploring each object was determined. To test for recognition memory, on Day 4, one of the objects was replaced with a novel object (cube replaced with sphere or vice versa) and the amount of time spent exploring each object was used to calculate a discrimination ratio (time exploring the novel object/(time exploring the novel object + time exploring the familiar object). The objects were counterbalanced so that half of the mice of each genotype either exposed to the cube or sphere on days 2 and 3. The mice were videotaped, and the videos analyzed by an experimenter blind to genotype and treatment using the ANY-Maze Video Tracking System (Stoelting Co.). Methodologies for Novel cage and Forced swim test are provided as Supplementary Data.
Slice preparation and recording—Slice recordings were performed on 4 experimental groups: WT controls, WT mice that had undergone the A/PFE, RH/+ controls, and RH/+ mice that had undergone the A/PFE. To prepare brain slices, 2.5-5-month-old mice were deeply anesthetized with halothane, rapidly decapitated, and their brains were removed. Horizontal hippocampal slices were cut 350 µm thick with a vibratome (VT1200S; Leica Systems, Germany) in ice-cold sucrose-containing artificial cerebrospinal fluid (CSF) (in mM: 85 NaCl, 75 sucrose, 2.5 KCl, 25 glucose, 1.25 NaH$_2$PO$_4$, 4 MgCl$_2$, 0.5 CaCl$_2$, and 24 NaHCO$_3$). Slices were incubated in oxygenated normal ACSF (in mM: 126 NaCl, 2.5 KCl, 26 NaHCO$_3$, 2 CaCl$_2$, 2MgCl$_2$, 1.25 NaH$_2$PO$_4$, and 10 glucose) for 30 minutes to 1 hour at 27°C. All solutions used in preparation and recording were oxygenated by bubbling 95% O$_2$-5% CO$_2$.

Electrophysiological recordings were obtained using a MultiClamp 700B amplifier (Molecular Devices, Union City, CA) and digitized with a Digidata 1322A digitizer (Molecular Devices), and data were acquired and analyzed with pClamp 10.2 software (Molecular Devices). Signals were sampled at 25 kHz and filtered at 10 kHz. The pipette solution contained the following (in mM): 126 K-gluconate, 4 KCl, 10 HEPES, 4 Mg-ATP, 0.3 Tris-GTP, and 10 Phospho-creatine, pH 7.2. The bath solution contained the following (in mM): 126 NaCl, 1.25 NaH$_2$PO$_4$, 2.5 KCl, 2 CaCl$_2$, 2 Mg Cl$_2$, 26 NaHCO$_3$, and 10 glucose, pH 7.3. Whole-cell recordings were obtained with access resistance <30 MΩ, and cells were held at −70 mV for all experiments. Cells were visualized using infrared DIC illumination under 40x magnification. Hyperpolarizing current injections of -10 pA and -30 pA were used to calculate cellular impedance. All cell impedances were in the 300-350 MΩ range. Firing patterns were recorded in response to 2-second depolarizing current injections in 20-pA increments, starting at 10 pA, up to 190 pA. For epileptiform activity measurements, cells were held in voltage-clamp mode at -70 mV in normal (2.5 mM) K$^+$ oxygenated ACSF to determine baseline bursting activity. Cells were then depolarized by perfusing high (8.5 mM) K$^+$ ACSF for 10 min, during which epileptiform bursting activity was recorded, followed by a washout for 5 minutes. The events above a selected threshold between 8-16 pA in a 1-minute window were analyzed to determine amplitude and frequency. Events elicited in the presence of high K$^+$ were compared to those in regular ACSF.

Statistical analysis—The Student t-test was used when comparing two sets of unrelated parametric data. Parametric data sets consisting of two or more variables were analyzed using a two-way analysis of variance (ANOVA) followed by a Tukey’s pairwise comparison test. The Mann-Whitney Rank Sum test was used when comparing two sets of unrelated non-parametric data, and greater numbers of variables were compared using the Kruskal-Wallis test. In the novel object recognition test, which compared a specific response to the response expected by chance (50%), a one-tailed t-test was used. A one-way or 2-way ANOVA followed by Holm-Sidak’s test for multiple comparisons was used to identify statistically significant differences in the firing rates of hippocampal neurons, intrinsic firing properties and excitatory activity of RH mutant mice and WT littermates. For ANOVA results that did not produce a significant interaction between the two factors, post hoc comparisons were still made. These analyses were continued due to the error rate (alpha, )
being still properly controlled with multiple post hoc comparisons even in the absence of a significant interaction (Hancock and Klockars 1996, Ware et al. 2012). In these instances, both interaction and Tukey’s Post Hoc values are listed. Dichotomous data were analyzed using the Fisher Exact test. All results were considered statistically significant if p ≤ 0.05.

Results

RH mutants exhibit increased susceptibility to hyperthermia-induced seizures

We first examined FS susceptibility in RH mutants and WT littermates at 3 different ages: P14-15, P22-24, and P32-33. Each mouse was held at 37.5°C for 30 minutes to determine baseline EEG activity. The temperature was then increased by 0.5°C until a seizure was observed or 42.5°C was reached. Simultaneous EEG analysis was conducted in order to determine whether behavioral seizures coincided with generalized spike discharges. Supplementary Figure 1 shows representative EEG traces from RH/+ and RH/RH mice during FS induction.

No seizures were observed in the WT mice at any age under these conditions. In contrast, seizures were observed in 75% (6/8) of RH/+ mutants in the P14-15 age group, and in all of the P22-24 (8/8) and P32-33 (9/9) RH/+ mutants (Figure 1A). No differences were found in the average temperature at seizure induction between the different age groups of RH/+ mice (Supplementary Table 1); however, average seizure duration, calculated by measuring the total length of the seizure presented on the EEG trace, was significantly longer in P14-15 RH/+ mutants (Supplementary Table 1). EEG-detected seizure activity was associated with behavioral seizures in all P22-24 and P32-33 RH/+, but only in 50% (3/6) of the P14-15 RH/+ mice (Figure 2). There was no significant difference in the duration of EEG-detected seizures in mutants with or without accompanying behavioral components. Mice in the P22-24 and P32-33 age groups displayed behavioral seizures that scored higher on the Racine scale than in P14-15 RH/+ mice (Figure 1B, Supplementary Table 1). Specifically, P14-15 RH/+ mice had seizures that were typically associated with staring (Average Racine score = 1.0 ± 0.4, Figure 1B, Supplementary Table 1), whereas the seizures observed in the P22-24 and P32-33 RH/+ mice involved forelimb clonus and rearing and falling (Average Racine score: P22-24 = 3.5 ± 0.3, P32-33 = 3.4 ± 0.2, Figure 1B, Supplementary Table 1).

Seizures were observed in all P14-15 (5/5) and P22-24 (6/6) RH/RH mice (Figure 1A). There were no statistically significant differences in the average temperature at seizure onset, seizure duration, and seizure severity between P14-15 and P22-24 RH/RH mice (Supplementary Table 1). Because of the premature lethality of RH/RH mutants, it was not possible to examine older homozygous mutants.

We also compared the characteristics of the acutely induced seizures between RH/RH and RH/+ mice. The seizures in the RH/RH mice were induced at lower average temperatures compared to similarly aged RH/+ mice (P14-15: RH/RH, 38.1 ± 0.2°C vs. RH/+, 41.3 ± 0.5°C. P22-24: RH/RH, 38 ± 0.1°C vs. RH/+, 40.4 ± 0.5°C) and lasted longer (P14-15: RH/RH, 83 ± 6.7s vs. RH/+, 37 ± 6.9s. P22-24: RH/RH, 76 ± 7.7s vs. RH/+, 13 ± 1.5s) (Supplementary Table 1). Seizures in the RH/RH mutants, characterized by rearing and
falling behaviors and progression to GTCS, were also more severe than those observed in
RH/+ mice (Figure 1B, Supplementary Table 1).

Hyperthermia-induced seizures in RH/+ mutants primarily activate neurons in the
hippocampus

RH/+ mutants (P22, n = 8 (4 males and 4 females) were sacrificed 2 hours after acute FS
induction. WT littermates (P22, n = 8 (4 males and 4 females) did not display seizure
activity, but their core temperatures were raised to 42.5°C followed by sacrifice 2 hours later.
c-Fos immunoreactivity was examined in the hippocampus (CA1, CA2, CA3, and DG),
cortex, PVT, PVN, CN, LS, STN, DR, LC, and NA from both groups of mice. No
statistically significant differences were observed between sexes; therefore, male and female
data were combined. With the exception of DG, PVT, and LC the numbers of c-Fos-positive
cells in corresponding brain regions were comparable between RH/+ and WT mice (Figure
3, Supplementary Table 2). RH/+ FS mice showed significantly higher c-Fos
immunoreactivity in the DG region of the hippocampus when compared to WT littermates,
indicating this brain region is specifically activated during an acute FS (Figure 3). c-Fos
immunoreactivity was greater in the PVT and the LC of the WT littermates that were
subjected to the paradigm (Figure 3, Supplementary Table 2), suggesting that activation of
these brain regions was possibly due to exposure to the higher temperatures and/or the stress
associated with the longer time spent in the cylinder.

Behavioral seizures produced during the 30-minute period of hyperthermia coincide with
electrographic seizure activity

To model the effect of early-life, prolonged FSs, we designed the PFE paradigm in which
mice were held at 41.5°C for 30-minute. Behavioral seizures were observed in the P22-23
RH/+ mutants but not the WT littermates during this period. To determine whether the
observed behaviors reflected electrographic seizures, we first performed video/EEG
recordings in a cohort of male mice (n = 4-5/genotype) during this period. The seizures that
occurred consisted of generalized spike-discharges that were followed by postictal
suppression of the background EEG. Epileptiform activity was accompanied by
stereotypical behaviors that were scored based on a modified Racine scale that ranged from
starring (score of 1) to a clonic seizure (score of 6). The average length of the seizures
observed during the 30-minute temperature-holding period was longer than those generated
by acute FS induction in the P22-23 mutants (PFE: 27 ± 3.5 s vs. Acute: 13 ± 1.5 s; p =
0.02).

More seizures occurred during the A/PFE paradigm compared to the PFE paradigm

The A/PFE and PFE paradigms differ in only one way: in the A/PFE paradigm, mice are
exposed to an acute FS on day one prior to the 30-minute 41.5°C period on day 2. To
determine whether the acute FS component of the A/PFE paradigm affected seizure
susceptibility on day 2, we compared the characteristics of the seizures that were generated
during the 30-minute 41.5°C holding period of both paradigms (Table 1). During the initial
portion of each paradigm, the core body temperature of the mouse was increased by 0.5 °C
every 2 minutes until it reached 41.5 °C. The average latency and temperature at which the
first seizure occurred was noted for each paradigm; however, no statistically significant
differences were observed. Next, we measured the total number of seizures experienced during each paradigm. Approximately 2 times more seizures were observed in the group of mice that went through the A/PFE when compared to those subjected to the PFE (A/PFE: 2.9 ± 0.7 vs. PFE: 1.3 ± 0.2, p ≤0.05; Mann-Whitney test). However, the average severity of the seizures generated by both paradigms was comparable (Table 1).

**Early-life FS events result in a further reduction of latencies to flurothyl-induced seizures in adulthood**

Two separate cohorts of RH/+ mutants and WT littermates (P22) were subjected to either the PFE or the A/PFE paradigm and then returned to normal housing conditions for a period of 2 months. Latencies to the flurothyl-induced seizure phenotypes (MJ, GTCS, and GTCS with HE) were then evaluated for each mouse. RH/+ and WT littermates that were similarly handled but not subjected to elevated temperatures served as controls. Exposure to the PFE and A/PFE did not significantly alter latencies to any of the observed seizure stages in the WT mice (Figure 4). As we previously reported, no difference was seen in the average latency to the MJ between control RH/+ and control WT littermates (Figure 4A) (Martin et al. 2010, Dutton et al. 2011). However, average latencies to the MJ were reduced by 18% and 29% in the mutants following the PFE and A/PFE paradigms, respectively, when compared to the control RH/+ mice (p = <0.001; 2-way ANOVA). Consistent with our previous observations, the average latency to the first GTCS was 13% lower in the control RH/+ mutants compared to control WT littermates (p ≤0.05; 2-way ANOVA, Figure 4B). Following the PFE, the average latency to the GTCS in RH/+ mutants was reduced by 14% compared to the control RH/+ mutants, but this difference was not statistically significant (p = 0.1; 2-way ANOVA); however, the latency to the GTCS in RH/+ mutants was reduced by 33% compared to control RH/+ mutant mice following the A/PFE (p <0.001; 2-way ANOVA). No difference in the latency to the GTCS with HE was observed in control RH/+ mutants compared to control WT littermates (Figure 4C); however, the latency to the GTCS with HE in RH/+ mutants was reduced by 24% (p ≤0.01; 2-way ANOVA) and 45% (p ≤0.001; 2-way ANOVA) following the PFE and A/PFE, respectively, when compared to control RH/+ mutants. These results demonstrate that complex early-life FS events increase susceptibility to flurothyl-induced seizures in adult RH/+ mice and that the magnitude of the effect is influenced by the history of early-life FSs.

**Early-life FS events increase the severity of spontaneous seizures in adult RH/+ mice**

To determine if complex early-life FSs can also lead to increased spontaneous seizure frequency and severity, we subjected RH/+ mice and WT littermates (P22) to the A/PFE paradigm, and then performed longitudinal continuous video/EEG analysis when each mouse was 2-3 months old (120 hours each mouse), 3-4 months old (24 hours each mouse), 4-5 months old (24 hours each mouse), and 7 months old (72 hours each mouse). Similar video/EEG analysis was performed on age-matched control RH/+ mice and WT littermates that were not subjected to elevated heat. The characteristics of the seizures detected in each mouse are shown in Supplementary Table 3. A video of a RH/+ mouse four months after A/PFE having a spontaneous seizure along with the corresponding EEG trace is provided in the Supplementary data.
As expected, spontaneous seizures were not observed in the control WT mice (Table 2). Consistent with the low frequency of seizures in RH/+ mutants (Martin et al. 2010) only one control RH/+ mouse (1/9) displayed spontaneous seizures during the total video/EEG recording period. This mouse exhibited 2 EEG-confirmed behavioral seizures with an average Racine score of 1.5 ± 0.5. The first seizure was characterized by staring behavior (Racine score = 1), and the second with sudden cessation of activity accompanied by head nodding and gradual resumption of activity (Racine score = 2). Both seizures were observed during the 3-4-month recording period. A total of 13 EEG-confirmed seizures were detected during the 2-3- and 3-4-month recording periods in 5/11 (45%) RH/+ mice that were subjected to the A/PFE paradigm. Specifically, seizures were observed in 4 RH/+ mice during the 2-3-month recording period and in 2 mice during the 3-4-month period (Supplemental Table 3). The observed seizures were associated with a variety of behavioral phenotypes, including unilateral clonic movements, bilateral clonic movements, and staring behavior (average Racine score = 2.8 ± 0.4). In 1 WT mouse (1/9) subjected to the A/PFE paradigm, 1 and 11 electrographic seizures were detected during the 3-4- and 4-5-month recording periods, respectively. These seizures were either accompanied by staring and gradual resumption of activity (Racine score = 1) or lacked a behavioral component (Racine score = 0), (average Racine score = 0.5 ± 0.2), and were therefore considered less severe than those seen in the RH/+ mice that were subjected to the A/PFE paradigm. No seizure activity was detected during EEG recordings performed at the 7-month time period for any of the mice. Overall, the average severities of the observed seizures, based on the Racine scores, were highest in RH/+ mutants that were subjected to the A/PFE paradigm (Table 2). These results indicate that complex early-life FSs also increase the severity of spontaneous seizures in RH/+ mutants during adulthood.

No evidence of neuronal loss in adult mice subjected to A/PFE

We compared WT and RH/+ mice 2 months after the A/PFE paradigm to age-matched controls in order to determine whether neuronal loss may have contributed to the more severe adult seizure phenotypes. Using CV staining (n = 3 per group), we found no statistically significant difference in average cells counts within the cortex or hippocampus between the different groups (Supplementary Table 4).

Early-life FSs lead to hyperactivity, and impairments in social behavior and recognition memory in adult RH/+ mice

We evaluated adult RH/+ and WT mice that were subjected to the A/PFE paradigm and controls (CON) in the novel cage test, open field test, 3-chamber social interaction paradigm, forced-swim test, and novel object recognition test. We found that RH/+ mice subjected to the A/PFE paradigm displayed hyperactivity in the open field paradigm as revealed by increased average speed (CON: WT; 9.5 ± 0.7 cm/s, RH/+; 10.2 ± 0.7 cm/s; A/PFE: WT; 9.7 ± 0.7 cm/s, RH/+; 13.5 ± 1.2 cm/s; Interaction: F(1,44) = 3.7, p=0.06; Tukey’s Post Hoc: p=0.05) and greater distance traveled (CON: WT; 57 ± 4.2 m, RH/+; 61 ± 04.3 m; A/PFE: WT; 58 ± 4.1 m, RH/+; 81 ± 7.5 m; Interaction: F(1,44)=3.4, p=0.07; Tukey’s Post Hoc: p=0.05) (Figure 5A and 5B). There was no difference in the amount of time spent in the center zone between WT and RH/+ from either treatment groups (CON: WT; 41 ± 5.1 s,
suggesting normal anxiety levels.

The 3-chambered social interaction task was used to evaluate social behavior. While all groups of mice spent significantly more time investigating the container housing the stranger mouse versus the empty container, the difference was not statistically significant for the RH/+ mutants that were subjected to the A/PFE (Interaction: F(3,80)=0.2, p=0.9; Figure 5C) suggesting a modest deficit in sociability. More strikingly, APFE RH/+ mice spent comparable amounts of time with the familiar and the novel mouse (Figure 5D, Familiar: 29 ± 6.2 s; Novel: 42.7 ± 8.1s), suggesting a deficit in social recognition and memory (Interaction: F(3,80)=1.0, p=0.4; Figure 5D).

The novel object recognition test was used to assess learning and memory. A discrimination ratio for time spent exploring a novel versus familiar object was calculated for RH/+ and WT mice subjected to the A/PFE and control conditions. This score reflects the mouse’s innate preference for the novel object compared to a lack of preference (50% of time spent with each object). We found that WT and RH/+ control mice and WT A/PFE mice were able to discriminate between the novel and familiar object as indicated by the significantly greater than 50% of time spent exploring the novel object (WT CON: 69 ± 3.3%, RH/+ CON: 63 ± 5.7%, WT A/PFE: 67 ± 5.0%; p < 0.05), suggesting their ability to learn was normal. However, RH/+ mice subjected to the A/PFE spent comparable amounts of time with the novel and familiar object (47 ± 5.4%; p=0.3) suggesting a deficit in recognition memory (Figure 5E).

There were no statistically significant differences in the amount of time spent digging or grooming in the novel cage paradigm between the WT and RH/+ mice subjected to the A/PFE and controls (Supplementary Table 5), indicating normal exploratory behaviors. The 2-way ANOVA detected a main effect of genotype with rearing, indicating that the RH/+ mice spent more time rearing compared to the WT mice, regardless of treatment (p=0.03). No statistically significant differences were observed between any of the groups of mice in the forced swim test (Supplementary Table 5).

**Early-life FS events lead to increased firing of pyramidal neurons in the CA3 region of adult mice**

We compared the firing frequencies of CA3 pyramidal neurons from RH/+ and WT mice after the A/PFE paradigm to age-matched controls at current injections from 10 pA to 190 pA. The majority of pyramidal neurons we recorded from were regular accommodating or bursting (Graves et al. 2012) and this was the population used for analysis. Occasionally we identified neurons in the pyramidal layer that fired one AP instead of a train (1 in WT, 1 in RH/+ and 2 in RH/+ A/PFE). These neurons were not included in the analysis because they either represented a different class of neuron or the access resistance changed during recording, indicating an unhealthy neuron. Pyramidal neurons had a resting membrane potential of ~70mV and only neurons with an access resistance of less than or equal to 25 MOhms were used for analysis. There was no difference in cell impedance between the different groups, which were as follows: 333±5 MΩ for WT, 336±3 MΩ for RH/+, 337±1 MΩ for WT A/PFE, 340±3 MΩ for RH/+ A/PFE.
In pyramidal neurons from control WT mice, the number of action potentials (APs) continued to increase with increasing current injections (Figure 6) to an average of 19 APs in 2 seconds at 190 pA. There was no significant difference between neurons from control WT and control RH/+ mice, consistent with our previous results (Martin et al. 2010). A/PFE exposure did not affect the AP firing rates in pyramidal neurons from WT mice. However, RH/+ mice that were subjected to A/PFE showed an increase in the firing of pyramidal neurons, and the higher rate of firing was significantly different compared to each of the other groups (Figure 6). This increase in AP firing was likely due to the long-term effect of early-life FSs on neuronal excitability in RH/+ mice that underwent A/PFE. This increase in pyramidal neuron AP firing would be predicted to increase network excitability.

Action potential firing thresholds were found to be significantly reduced in pyramidal neurons from RH/+ and WT mice that had experienced A/PFE compared to control WT mice (Table 3). This observed reduction in firing thresholds would be predicted to lead to increased excitability. No significant differences were observed in half-width, maximum rise slope and after- hyperpolarization (Table 3).

**Early-life FSs in RH/+ mice lead to increased epileptiform activity during adulthood**

To determine the effects of early-life FSs on network excitability, we compared bursting activity in CA3 pyramidal neurons from RH/+ and WT after A/PFE to control mice in the presence of high (8.5 mM) extracellular K⁺. High K⁺ has been shown to induce seizure-like bursting and large excitatory post-synaptic potentials in CA3 pyramidal neurons (Korn et al. 1987). The amplitude of high-K⁺ induced excitatory activity in pyramidal neurons from control RH/+ mice was not significantly different from that of control WT mice (Table 5). A/PFE caused a small but significant decrease in the amplitude of excitatory activity in neurons from WT mice. However, A/PFE resulted in a significant increase of approximately 1.5-fold in the excitatory amplitude in neurons from RH/+ mice. There was also an increase of approximately 2.3-fold in the frequency of epileptiform activity recorded in high K⁺ in RH/+ after A/PFE compared to control RH/+ mutants (Table 5). There was no significant difference in frequency between control WT and A/PFE mice, but RH/+ mice subjected to A/PFE fired action potentials at a frequency that was approximately 1.9-fold higher than WT mice subjected to A/PFE (Table 5). These increases in amplitude and frequency of epileptiform activity are consistent with increased network excitability.

**Discussion**

Early-life FSs with a duration of ≤10–15 minutes are not associated with the subsequent development of epilepsy in either prospective or retrospective studies (Verity et al. 1985, Berg and Shinnar 1996). In contrast, 4–15% of patients that experience complex early-life FSs (seizures that are >15 minutes in duration) are likely to develop epilepsy (Nelson and Ellenberg 1976, Annegers et al. 1987). While this increased risk is low for the general population, it is possible that those with genetic predispositions such as SCN1A mutations are more affected by complex, early-life FSs. The long-term consequences of prolonged FSs (≥30 minutes) experienced in childhood are currently being examined in two longitudinal studies, FEBSTAT (Herrera et al. 2009, Nordli et al. 2012, Shinnar et al. 2012) and the...
London studies (Scott et al. 2002, Scott et al. 2003, Martinos et al. 2013). However, information on the presence of genetic mutations in study participants is limited. Several studies have identified increased susceptibility to acutely induced hyperthermia seizures in rodent Scn1α models. Age-dependent susceptibility to hyperthermia-induced seizures were identified in the Scn1α mouse model of DS (Oakley et al. 2009) and these seizures were alleviated with the combined therapy of the anti-seizure drugs clonazepam and tiagabine (Oakley et al. 2013). The Scn1α GEFS+ rat model (Hiss) demonstrated increased susceptibility to acutely induced hyperthermia seizures (Mashimo et al. 2010), which resulted in activation of the limbic system (Ohno et al. 2011). However, prolonged or repetitive FSs induced between 3 and 5 weeks of age in this model did not result in seizures in the adults (Mashimo et al. 2010).

Therefore, the role of complex FSs in long-term disease progression in these models is still unclear. Moreover, published clinical data from patients and families with SCN1A mutations are typically not detailed enough to allow research into this potential relationship. To fill this gap, we investigated the effect of early-life FSs on the development of epilepsy using a mouse line that expresses the human SCN1A GEFS+ mutation R1648H. We have previously demonstrated increased susceptibility to acute hyperthermia-induced seizures in this mouse model (Martin et al. 2010). To determine the long-term outcomes of early-life complex FSs, we subjected RH/+ mice to a paradigm that models complex early-life FSs and evaluated their epileptic and behavioral phenotypes during adulthood. The main findings of this study are: (1) complex early-life FSs lead to increased seizure susceptibility, more severe spontaneous seizures, hyperactivity, and impairments in social behaviors and recognition memory during adulthood in Scn1α mutants; (2) the number of early-life FS events influences the severity of adult Scn1α-derived epilepsy; and (3) early-life FS exacerbates the effects of the R1648H mutation on neuron function.

**RH mutants are susceptible to hyperthermia-induced seizures**

We previously reported that the P14-15 RH/+ and RH/RH mice are susceptible to hyperthermia-induced seizures (Martin et al. 2010). Specifically, in our earlier report, average temperatures at FS induction in RH/+ and RH/RH mutants occurred at 43.1 ± 0.3°C and 40.4 ± 0.6°C, respectively. These temperatures are higher than we saw in the current study for P14-15 mice (RH/+: 41.3°C ± 0.5; RH/RH: 38.1°C ± 0.2; Supplementary Table 1). We attribute this disparity, in part, to differences in the seizure induction methodology. In the previous study, body temperature was elevated rapidly using a stream of warm air. The current study used a thermostat-controlled heat lamp to provide a more gradual and controlled elevation of body temperature, thereby improving the sensitivity to measure seizure latency. In addition, our current study utilized mutant mice on a more advanced C57BL/6J genetic background. The C57BL/6J genetic background was previously shown to increase the severity of seizure phenotypes in Scn1α mutants (Yu et al. 2006, Sawyer et al. 2016).

Due to greater seizure susceptibility of the RH/+ mutants, we were unable to identify conditions under which hyperthermia-induced seizures could be generated in both mutant and WT littermates during the prolonged FS paradigm without increasing the mortality of
the mutants. The absence of seizures in the WT littermates during the 30-minute period of hyperthermia is therefore a potential caveat of our model. On the hand, the observation of greater sensitivity of the RH/+ mutants to the effect of elevated temperatures is consistent with clinical observations.

In contrast to our results, studies that have examined susceptibility to hyperthermia-induced seizures in Scn1a knockout mouse models of Dravet syndrome have reported an inability to generate seizures in mice younger than 19 days old (Oakley et al. 2009, Rubinstein et al. 2015) despite demonstrated hippocampal hyperexcitability during this period (Liautard et al. 2013). This was surprising considering that mouse models of DS are generally considered to be more severely affected than GEFS+ mutants. The cause of this temporal difference in seizure susceptibility between the different lines is unclear. We speculate that it might reflect the effect of each type of mutation on channel function. It is possible that an alteration in the biophysical property of Na\textsubscript{v}1.1 channels may have a greater effect on neuronal excitability when compared to a 50% reduction in protein levels during this period when the expression of the channel is still relatively low (Ogiwara et al. 2007).

The frequency of early-life FS events influences seizure severity during adulthood

To determine whether a history of early-life FS exposure could influence long-term seizure susceptibility, we subjected RH/+ mutants and WT littermates to 2 different early-life FS paradigms and evaluated their susceptibility to flurothyl-induced seizures during adulthood. The PFE paradigm modeled a prolonged FS event, whereas in the A/PFE paradigm an acute FS preceded the prolonged event. While both paradigms resulted in further lowering of latencies to flurothyl-induced seizures in adult RH/+ mutants, the magnitude of the reduction was greater in mutants that were subjected to the A/PFE paradigm. Neither paradigm altered thresholds in the WT littermates, highlighting the greater susceptibility of the mutants expressing the Scn1a mutation. We saw approximately 2 times more seizures during the 30-minute 41.5°C holding period in the group of mice that were exposed to the A/PFE paradigm compared to the PFE paradigm (Table 1), indicating that seizure susceptibility during the 30-minute holding period was increased by prior exposure to an acute FS. The greater number of seizures during the A/PFE may have contributed to the more severe outcome associated with this paradigm, suggesting that the number of early-life FSs might influence epileptogenesis and clinical outcome. Based on our c-Fos data, the DG region of the hippocampus is significantly activated during acute FS induction.

Early-life FSs and long-term behavioral consequences

Previous studies reported conflicting effects of early-life FSs on cognitive function in rat models. Adult rats that were exposed to repetitive early-life FSs exhibited deficits in long-term memory that were associated with decreased expression of cAMP response element-binding protein (CREB) and translocation of CaMKII from the postsynaptic density to the cytosol (Chang et al. 2003, Xiong et al. 2014). In contrast, Lemmens et al. (2009) did not observe deficits in learning or locomotor activity in rat pups that were exposed to a single prolonged early-life FS and subsequently tested for behavioral impairments during adulthood. Similarly, while Notenboom et al. (2010) reported enhanced CA1 long-term potentiation (LTP) and reduced long-term depression (LTD) in adult rats that were subjected
to a prolonged early-life FS as pups, no alterations in spatial learning or memory were observed.

In addition to seizures, patients with SCN1A mutations also manifest behavioral comorbidities such as attention-deficit disorder (ADHD)/hyperactivity, deficits in learning and memory, autistic behaviors and motor impairments (Wolff et al. 2006, Mahoney et al. 2009, Brunklaus et al. 2011, Genton et al. 2011, Li et al. 2011, Ragona 2011, Tan et al. 2012). However, the association between recurrent and prolonged early-life FSs and the development of these clinically challenging phenotypes in patients with SCN1A mutations remains unclear and has never been experimentally investigated. Rodent models of Scn1a dysfunction recapitulate many of the cognitive and behavioral deficits reported in patients and therefore provide an opportunity to investigate this relationship (Han et al. 2012, Ito et al. 2013, Ohmori et al. 2014, Sawyer et al. 2016). While behavior was unaltered in Scn1a RH/+ controls and WT littermates that were subjected to the A/PFE paradigm, early-life FS exposure in Scn1a RH/+ mutants led to hyperactivity, deficits in social behaviors and impairments in recognition memory during adulthood, demonstrating the increased risk conferred by the SCN1A mutation. Surprisingly, although we previously observed hyperactivity and other behavioral abnormalities in adult RH/+ mutants (Purcell et al. 2013) the behaviors of control RH/+ mutants and control WT littermates were similar in the current study. A likely explanation for this difference is based on the genetic backgrounds of the mice that were used in these studies. The RH/+ mutants that were used in the current study were backcrossed to C57BL/6J for 4 generations. In contrast, our previous behavioral studies were conducted on RH/+ mutants what were backcrossed to C57BL/6J for 11-13 generations (Purcell et al. 2013, Sawyer et al. 2016). Yu et al. (2006) demonstrated that Scn1a knockout mice on an advanced (N10) C57BL6/J background display more severe phenotypes compared to those on a mixed 129/SvJ:C57BL6/J background. We also observed that RH/+ mutants at the N12 generation had a higher mortality rate than at the N2 generation (Sawyer et al. 2016). Taken together, these results demonstrate that both genetic factors and environmental factors such as exposure to early life FSs are risk factors for the development of behavioral impairments in Scn1a mutant mice.

We previously showed that Scn1a is highly expressed in parvalbumin (PV) interneurons of the hippocampus and neocortex and deletion of Scn1a from this cell type results in epilepsy phenotypes (Dutton et al. 2013). The hippocampus is known to be an important brain structure for spatial learning (Foster and Knierim 2012) and loss of GABAergic tone in the hippocampus due to reduction of PV interneurons results in hyperactivity and deficits in spatial memory (Reichel et al. 2014). In addition, the CA3 region of the hippocampus has been shown to be responsible for network oscillations that are critical for maintaining normal social behavior (Cellot et al. 2016). In our current study we found increased epileptiform activity in CA3 pyramidal neurons along with increased action potential firing in the A/PFE Scn1aRH/+ mice. We speculate that the enhanced CA3 network excitability underlies the observed behavioral alterations in these mice.
**Hyperthermia and neuronal excitability**

In our previous study of the *RH/+* mutants (Martin et al. 2010), we did not observe significant changes in pyramidal cell function even though there is evidence that Na$_{v}$1.1 is expressed in pyramidal neurons (Ogiwara et al. 2013). This was most likely because we recorded from young (P8-P10) mice. It was recently shown that differences in pyramidal neuron firing in *Scn1a*+/− and WT mice do not become apparent until P21-P24 (Mistry et al. 2014). These authors also suggest that interneuron function is altered in pre-epileptic *Scn1a* mouse models of epilepsy, but pyramidal cell hyperexcitability might ultimately be responsible for seizures (Mistry et al. 2014). It has also been shown that alterations in interneuronal firing seen in *Scn1a*+/− DS mice do not alter intrinsic network excitability *in vivo* (De Stasi et al. 2016). According to Hull and Isom (2016), there might be other factors such as pyramidal neuron hyperexcitability that alter the network dynamics during a seizure, and pyramidal neuron function has been shown to be altered in neurons derived from induced pluripotent stem cells from Dravet patients (Liu et al. 2013). For these reasons, we investigated the firing properties of pyramidal neurons in the current study, and we found increased excitability in CA3 pyramidal neurons of mutant mice that had undergone A/PFE.

We recorded from the CA3 region rather than the DG despite the fact that we observed c-fos staining in the DG for a number of reasons. First, in *Scn1b* null mutants, the authors found epileptiform activity in the CA3 of the hippocampus but not in the DG, despite noticeable c-fos staining in the DG of those mice (Brackenbury et al. 2013). Second, CA3 neurons receive direct input from granule cells of the DG and ‘backproject’ onto the DG, making CA3 the ‘gateway to the hippocampus’ (Scharfman 2007). High levels of spontaneous activity in CA3 pyramidal cells makes them vulnerable to neuronal depolarization upon DG mossy fiber stimulation. In kainate-induced epilepsy, Yu et al. showed that silencing CA3 pyramidal cells is sufficient to attenuate seizures (Yu et al. 2016). Finally, FSs are known to affect neurons in the CA3 region of the hippocampus (Kim and Connors 2012).

In our previous study (Martin et al. 2010), we observed differences in interneuron firing properties resulting from the R1648H mutation. However, those results were obtained from dissociated cortical interneurons (bipolar neurons) that were identified by shape and most likely represent a sub-population of basket cells (Markram et al. 2004). Quantitative analysis of the properties of those interneurons in hippocampal slices would require prior labeling of interneuron populations (Monyer and Markram 2004), which was beyond the scope of the current study.

To determine the net effect of individual cell firing on network properties, we measured spontaneous excitatory activity in hippocampal slices. Based on the increased amplitudes and frequency of epileptiform activity in *RH/+* mice that were subjected to the A/PFE paradigm, it appears that the overall effect of early-life FSs is to increase excitability in the CA3, with a more pronounced effect in *RH/+* mice.

The effect of hyperthermia on neuronal excitability has previously been investigated. Increased excitability in the seizure-prone CA3 region of the hippocampus was observed when immature hippocampal neurons were examined at 41°C in slice preparations (Kim and Connors 2012). Using whole-cell patch clamp, similar alterations were seen in cultured rat
cortical neurons subjected to hyperthermia (Wang et al. 2011). Increased inhibitory pre-synaptic terminals were identified in CA3 neurons of P35 rats that were exposed to a prolonged FS paradigm at P8 (Feng et al. 2015). Our data showing decreased AP threshold in WT and RH/+ neurons following A/PFE are consistent with these prior results. In addition, there are reports that acute hyperthermia decreases GABA<sub>A</sub> receptor-mediated synaptic transmission onto CA1 pyramidal neurons (Qu et al. 2007, Qu and Leung 2008, Qu and Leung 2009), pointing to reduced network inhibition as a consequence of increased brain temperatures. Our data showing increased sEPSC amplitudes and frequency following A/PFE support the hypothesis that early-life FSs result in a long-term decrease in network inhibition.

**Interventions to ameliorate the effects of early-life FSs**

Our current study highlights the potential impact of complex early-life FSs on adult epilepsy in patients with SCN1A mutations. Previous data from Scn1a mutant mice identified reduced excitability of GABAergic interneurons as the main biophysical impairment, suggesting that the enhancement of GABA signaling might increase FS resistance. Accordingly, Cao et al. (2012) showed that the anticonvulsant stiripentol increases thresholds to hyperthermia-induced seizures in heterozygous Scn1a knockout mice. This drug enhances GABA<sub>A</sub> receptor-mediated transmission in the hippocampus of immature animals due to its ability to increase the frequency and lengthen the decay time constant of miniature inhibitory postsynaptic currents (mIPSCs) (Quilichini et al. 2006). Similarly, the benzodiazepine clonazepam (a positive allosteric modulator of GABA<sub>A</sub> receptors) and tiagabine (a presynaptic GABA<sub>A</sub> receptor inhibitor) are also effective at preventing hyperthermia-induced seizures (Oakley et al. 2013). Further studies to determine whether GABA enhancement following the A/PFE paradigm could ameliorate the long-term effects on adult seizure phenotypes are warranted.

The inflammatory system is known to contribute to the generation of FSs via microglia activation and subsequent release of various cytokines, such as IL-1β. Experimentally, IL-1β receptor knockout mice (ILR1) display increased latencies to hyperthermia-induced seizures (Dube et al. 2005), and an exogenous IL-R antagonist inhibits FSs (Heida and Pittman 2005). Increased levels of IL-1β are also seen at the onset of experimentally induced FSs (Heida and Pittman 2005) and in children following FSs (Haspolat et al. 2002). Drugs that target microglial activation, such as minocycline, may therefore reduce the long-term impact of early-life FSs. Experimentally, minocycline was shown to attenuate microglia activation and block the long-term effects of prolonged kainic acid-induced early-life seizures (Abraham et al. 2012), and reduce the after-discharge duration induced by amygdala kindling in rats (Beheshi Nasr et al. 2013). A recent study by Jongbloets et al. (2015) identified increased expression of proinflammatory genes 1 hour after exposure to a prolonged FS paradigm in P10 C57BL/6 mice. Based on this finding, we speculate that early intervention with anti-inflammatory drugs may alter disease progression.
Conclusions

This study demonstrated that early-life prolonged FSs could have a profound long-term impact on neuronal function and adult seizure phenotypes in a mouse model of human SCN1A dysfunction. These findings highlight the clinical importance of preventing FSs in this patient population and hold out the promise of improving disease outcomes through effective early pharmacological intervention.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

Acknowledgments

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Highlights

- Early-life FSs increase the severity of epilepsy phenotypes in adulthood
- Early-life FSs exacerbate social and cognitive deficits in adulthood
- Early-life FSs increase epileptiform activity in hippocampal pyramidal neurons
Figure 1. *RH* mutants show greater susceptibility to hyperthermia-induced seizures
A. Susceptibility to acute hyperthermia-induced seizures was evaluated at 3 different ages: P14-15, P22-24, and P32-33. B. Seizure severity, based on a modified Racine scale, was determined.
Figure 2. EEG activity during acute FS induction in P14 mice
Representative EEG recordings during hyperthermia: (A) P14 WT mouse, (B) P14 RH/+ mutant with behavioral seizure, and (C) P14 RH/+ mutant without behavioral seizure. Arrows indicate seizure activity. Two cortical electrodes EEG₁ and EEG₂ were each referenced the fourth cortical electrode (EEG₄) to generate the EEG – REF montage: (e.g. EEG₁-EEG₄).
Figure 3. Acute FS generation is associated with increased neuronal activity in the hippocampus
Representative c-Fos immunoreactivity in the dentate gyrus (DG), thalamus (paraventricular thalamic nucleus (PVT)), and locus coeruleus (LC) from P22 WT and RH/+ mice 2 hours post-acute seizure induction. 40X magnification, scale bar, 100 µm.
Figure 4. Early-life FSs increase susceptibility to flurothyl-induced seizures in adult RH/+ mutants

The latencies to the (A) myoclonic jerk (MJ), (B) the first generalized tonic clonic seizure (GTCS), and (C) the generalized tonic clonic seizure with hindlimb extension (GTCS-HE) were compared between WT and RH/+ mice subjected to the PFE and A/PFE paradigms and control mice. * p < 0.05, ** p < 0.001. Data are shown as mean ± standard error of the mean (SEM).
Figure 5. A/PFE paradigm results in behavioral alterations in adult RH/+ mice
(A-B) Open Field test: (A) RH/+ mice exposed to the A/PFE move at faster speeds and (B) travel greater distances in an open field compared to WT mice subjected to the A/PFE and control WT and RH/+ mice. (C-D) 3-Chamber Social Interaction test: (C) A/PFE RH/+ mice spent more time with the stranger mouse when compared to the empty container, but the difference was not statistically significant. (D) A/PFE RH/+ mice spent comparable amounts of time with the familiar and novel mouse. (E) Object Recognition Test: RH/+ mice subjected to the A/PFE did not show a preference for the novel object, resulting in a discrimination index of 47 ± 5.4%. * p < 0.05. Data are shown as mean ± standard error of the mean (SEM).
Figure 6. A/PFE paradigm causes an increase in firing rates of mutant pyramidal CA3 neurons
(A) The firing patterns of pyramidal neurons from each of the 4 groups of mice are shown at current injections of 10 pA, 90 pA and 170pA.
(B) The number of APs fired in a 2-second period is plotted against the corresponding current injection. Data are shown as mean ± SEM; n = number of cells. Statistical significance was determined by 2-way ANOVA, Holm-Sidak correction. RH/+ mutants subjected to the A/PFE were significantly different (p < 0.05) from all other groups.
Table 1
Comparison of seizure characteristics due to the PFE and A/PFE paradigms.

<table>
<thead>
<tr>
<th></th>
<th>Average temperature at 1st seizure (°C)</th>
<th>Average latency to 1st seizure (s)</th>
<th>Average severity</th>
<th>Total number of seizures</th>
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<tbody>
<tr>
<td>PFE</td>
<td>41.1 ± 0.2</td>
<td>802 ± 58.0</td>
<td>2.6 ± 0.2</td>
<td>1.3 ± 0.2</td>
</tr>
<tr>
<td>A/PFE</td>
<td>40.8 ± 0.2</td>
<td>765 ± 44.7</td>
<td>2.9 ± 0.2</td>
<td>2.9 ± 0.7*</td>
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</tbody>
</table>

The average temperature of the first FS, average latency of the first FS, average seizure severity, and average total number of seizures experienced during each paradigm are shown. Average temperature, latency and total number of seizures were analyzed with the Student T-test. The Mann-Whitney test was used for seizure severity. A statistically significant difference was identified in the total number of seizures observed in the mice that were subjected to the PFE paradigm compared to the A/PFE paradigm.

* p<0.05.

Values are shown as mean ± SEM. 12 mice for each genotype and treatment were evaluated per paradigm.
Table 2

The A/PFE paradigm leads to increased seizure severity in adult RH/+ mice.

<table>
<thead>
<tr>
<th></th>
<th>Controls</th>
<th>A/PFE</th>
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<tbody>
<tr>
<td></td>
<td>WT (n= 8)</td>
<td>RH/+ (n= 9)</td>
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<tr>
<td>% Exhibiting Seizures</td>
<td>0% (0/8)</td>
<td>11% (1/9)</td>
</tr>
<tr>
<td>Average severity</td>
<td>N/A</td>
<td>1.5 ± 0.5</td>
</tr>
</tbody>
</table>

Values represent the percentage of mice exhibiting spontaneous seizures and the corresponding average seizure severity. Statistical analysis of the percentage of mice exhibiting seizures was determined with the Fisher exact test and seizure severity was compared with the Kruskal-Wallis test. A statistically significant difference was observed in the severity of the seizures in RH/+ mice that were subjected to the A/PFE paradigm.

*p<0.05.

Values are shown as mean ± SEM.
Table 3

Intrinsic firing properties of CA3 pyramidal neurons.

<table>
<thead>
<tr>
<th></th>
<th>Control</th>
<th>A/PFE</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>WT (n= 8)</td>
<td>RH/+ (n= 6)</td>
</tr>
<tr>
<td>AP Threshold (mV)</td>
<td>−43 ± 1.6</td>
<td>−44 ± 2.2</td>
</tr>
<tr>
<td>AP Peak (mV)</td>
<td>87 ± 2.1</td>
<td>71 ± 2.5 **</td>
</tr>
<tr>
<td>AP Half-width (ms)</td>
<td>2 ± 0.1</td>
<td>2 ± 0.3</td>
</tr>
<tr>
<td>AP Max. rise slope (mV/ms)</td>
<td>144 ± 13.1</td>
<td>109 ± 14</td>
</tr>
<tr>
<td>AP AHP (mV)</td>
<td>−39 ± 1.7</td>
<td>−38 ± 6.5</td>
</tr>
</tbody>
</table>

* p<0.05 compared to control WT;
** p<0.05 compared to control WT and WT A/PFE; 1-way ANOVA followed by Holm-Sidak’s test for multiple comparisons. n= number of cells.

AP threshold, peak, half-width, maximum rise slope, and AHP (after hyperpolarization) are shown as mean ± SEM;
### Table 4
Amplitude and frequency of epileptiform activity.

<table>
<thead>
<tr>
<th></th>
<th>Control</th>
<th>A/PFE</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>WT (n=9)</td>
<td>RH/+ (n=4)</td>
</tr>
<tr>
<td><strong>Amplitude (pA)</strong></td>
<td>−23 ± 2.4</td>
<td>−19 ± 1.7</td>
</tr>
<tr>
<td><strong>Frequency</strong></td>
<td>35 ± 3.4</td>
<td>29 ± 11.0</td>
</tr>
</tbody>
</table>

Amplitude and frequency of high K+ induced excitatory activity in pyramidal neurons are shown as mean ± SEM;

* p<0.05 compared to control WT;

** p<0.05 compared to control WT, control RH/+ and WT APFE; 1-way ANOVA followed by Holm-Sidak’s test for multiple comparisons. n = number of cells.