TREVO stent-retriever mechanical thrombectomy for acute ischemic stroke secondary to large vessel occlusion registry

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ABSTRACT

Background Recent randomized clinical trials (RCTs) demonstrated the efficacy of mechanical thrombectomy using stent-retrievers in patients with acute ischemic stroke (AIS) with large vessel occlusions; however, it remains unclear if these results translate to a real-world setting. The TREVO Stent-Retriever Acute Stroke (TRACK) multicenter Registry aimed to evaluate the use of the TREVO device in everyday clinical practice.

Methods Twenty-three centers enrolled consecutive AIS patients treated from March 2013 through August 2015 with the Trevo device. The primary outcome was defined as achieving a Thrombolysis in Cerebral Infarction (TICI) score of ≥2B. Secondary outcomes included 90-day modified Rankin Scale (mRS), mortality, and symptomatic intracranial hemorrhage (SICH).

Results A total of 634 patients were included. Mean age was 66.1±14.8 years and mean baseline NIH Stroke Scale (NIHSS) score was 17.4±6.7; 86.7% had an anterior circulation occlusion. Mean time from symptom onset to puncture and time to revascularization were 363.1±264.5 min and 78.8±49.6 min, respectively. 80.5% achieved TICI ≥2B. 90-day mRS ≤2 was achieved in 47.9%, compared with 51.4% when restricting the analysis to the anterior circulation and within 6 hours (similar to recent AHA/ASA guidelines), and 54.3% for those who achieved complete revascularization. The 90-day mortality rate was 19.8%. Independent predictors of clinical outcome included age, baseline NIHSS, use of balloon guide catheter, revascularization, and SICH.

Conclusion The TRACK Registry results demonstrate the generalizability of the recent thrombectomy RCTs in real-world clinical practice. No differences in clinical and angiographic outcomes were shown between patients treated within the AHA/ASA guidelines and those treated outside the recommendations.

INTRODUCTION

Following the publication of multiple positive consecutive randomized clinical trials (RCTs), mechanical thrombectomy is now considered the standard of care for acute ischemic stroke (AIS) due to large vessel occlusion (LVO).1–11 Improved patient selection criteria and significant technical advances leading to a higher rate of meaningful revascularization were the main advances that led to a better clinical outcome than the first-generation thrombectomy devices.12 13

However, RCTs are limited by the restrictive nature of study design in many aspects, such as inclusion and exclusion criteria, center selection, and operator experience; therefore, the results may not be generalizable to real-world practice. Post-marketing clinical registries allow for more inclusive criteria by including a range of clinical sites, operators, and varying patient populations, which provides valuable information on the generalizability and reproducibility of RCTs and additional opportunities to explore clinical hypotheses for patients treated outside these RCTs.14–16

The first stent-retriever device to be introduced to the USA was the Solitaire device, which has been shown to be as effective in achieving similar revascularization and clinical outcome in real-life post-marketing experience. Relatively comparable safety and efficacy outcomes were demonstrated in the North American Solitaire Acute ischemic stroke study (NASA Registry) and other post-marketing clinical studies.13–16 However, there is no published large-scale post-marketing investigator-initiated registry for the second FDA-approved stent-retriever, the Trevo device.

The TREVO Stent-Retriever Acute Stroke (TRACK) Registry is, to date, the largest investigator-initiated independent US post-marketing registry evaluating the real-life clinical experience of the Trevo device in 634 patients with AIS. In addition to comparing the results with the TREVO2 RCT to assess for generalizability, we also evaluated the safety and efficacy in those treated outside the AHA/ASA-published endovascular treatment guideline.2

METHODS

Twenty-three US centers submitted retrospective and prospective data on consecutive patients with
AIS treated from March 2013 through August 2015 with the Trevo device as the first mechanical thrombectomy treatment method to restore blood flow for LVO. Patients aged <18 years and those who were not treated with Trevo as the first-pass device were excluded. Sites submitted de-identified patient level data (demographic, clinical, procedural, and angiographic). Institutional review board approval was obtained at each site. Mercy Health St Vincent Hospital (Toledo, Ohio, USA) served as the coordinating center for TRACK.

**TRACK angiographic and clinical outcomes**

The primary angiographic outcome was defined as achieving a modified Thrombolysis in Cerebral Infarction (mTICI) score of ≥2b at the end of the procedure. Secondary outcomes included revascularization rate (complete revascularization to TICI 3), symptomatic intracranial hemorrhage (sICH) on the 24 hours follow-up head CT, modified Rankin Scale (mRS) score and mortality at 90 days. sICH was defined as any parenchymal hematoma, subarachnoid hemorrhage, or intraventricular hemorrhage associated with worsening of the National Institutes of Health Stroke Scale (NIHSS) score by ≥4 points within 24 hours. Primary and secondary outcomes were then compared with the TREVO2 trial to assess for reproducibility of the results in the TRACK Registry.

The full TRACK cohort was further dichotomized into patients who met the AHA/ASA recommendations guidelines (treated ≤6 hours of symptoms onset, intravenous tissue plasminogen activator (IV-tPA) (if eligible), NIHSS ≥6, anterior circulation occlusion only (except for ASPECT score, which was not collected in the TRACK)) and the non-AHA/ASA population.

**Statistical analysis**

Statistical analyses were performed using JMP V13 (SAS institute, Cary, North Carolina, USA). Fisher exact or \( \chi^2 \) tests were used for categorical variables and the Student’s t-test/F test for continuous variables.

Baseline demographic, angiographic, and clinical outcome data were analyzed for the full TRACK cohort and compared with TREVO2 data. Key system of care and time metrics were presented for the full TRACK cohort. True First Pass Effect (tFPE), defined as TICI 3 on the first pass with no use of rescue therapy, was also evaluated.

Univariate analysis was also performed between the AHA/ASA and non-AHA/ASA groups with the TRACK cohort to compare baseline features and angiographic and clinical outcomes. For all analyses, variables with a p value ≤0.05 and clinically relevant factors were entered into a multivariate stepwise logistic regression model to determine predictors of clinical outcome and/or mortality.

**RESULTS**

**Full TRACK cohort results**

A total of 634 consecutive patients were enrolled into the TRACK Registry (figure 1). Five patients were excluded from the final analysis (2 were <18 years of age and 3 were not treated with Trevo as the first device).

**Demographic and baseline features**

Baseline demographics are shown in table 1. Mean baseline NIHSS was higher in TREVO2 (18.3±5.3) than in TRACK.
Ischemic stroke

(17.4 ± 6.7) (p = 0.04). TRACK had a significantly lower proportion of patients with diabetes, hyperlipidemia, and smoking history. The majority of patients presented with an anterior circulation occlusion (86.7%), with less middle cerebral artery (MCA) occlusion in TRACK compared with TREVO2 (68.9% vs 76%, p = 0.0002).

**TRACK time metrics**

Key time metrics in TRACK are presented in figure 2A and show a median last known well to presentation at the treating hospital door of 160 min, a door to puncture time of 118 min, and final puncture to successful recanalization to TICI ≥2b of 67 min. The majority of TRACK patients (48%) had their puncture within 4.5 hours from onset while 15% had their puncture at 4.5–6 hours (figure 2B).

**Primary angiographic outcomes**

The TRACK operator-adjudicated recanalization rates of TICI ≥2a, TICI ≥2b, and TICI 3 were significantly higher than in TREVO2 (92.8%, 80.3%, 44.5% and 85%, 68%, 14% in TRACK and TREVO2, respectively) (table 2). The TICI ≥2b recanalization rate post-T revo device use only was 68.8% in TRACK versus 68% in TREVO2.

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**Table 1** Baseline and procedural characteristics of the TRACK Registry compared with TREVO2 and TRACK AHA/ASA and non-AHA/ASA sub-cohorts

<table>
<thead>
<tr>
<th></th>
<th>TRACK (n=629) N (%)</th>
<th>TREVO2 (n=88) N (%)</th>
<th>p Value TRACK versus TREVO2</th>
<th>TRACK-AHA/ASA (n=157) N (%)</th>
<th>TRACK-non-AHA/ASA (n=450) N (%)</th>
<th>p Value TRACK-AHA/ASA versus TRACK-non-AHA/ASA</th>
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</thead>
<tbody>
<tr>
<td><strong>Demographics</strong></td>
<td></td>
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<tr>
<td>Age (years), mean (SD)</td>
<td>66.1 (14.8)</td>
<td>67.4 (13.9)</td>
<td>0.24</td>
<td>64.9 (15.5)</td>
<td>66.5 (14.5)</td>
<td>0.24</td>
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<td>Age &gt;80</td>
<td>114 (18.1)</td>
<td>NA</td>
<td>NA</td>
<td>27 (17.2)</td>
<td>85 (18.9)</td>
<td>0.72</td>
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<tr>
<td>Gender (female)</td>
<td>305 (48.3)</td>
<td>48 (55)</td>
<td>0.3</td>
<td>71 (45.2)</td>
<td>220 (48.9)</td>
<td>0.46</td>
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<td>Race (white)</td>
<td>424 (68.1)</td>
<td>NA</td>
<td>NA</td>
<td>101 (64.3)</td>
<td>305 (69.0)</td>
<td>0.09</td>
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<td><strong>Vascular risk factors</strong></td>
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<td></td>
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<tr>
<td>Hypertension</td>
<td>473 (75.0)</td>
<td>67 (76)</td>
<td>0.04</td>
<td>124 (79.0)</td>
<td>335 (74.4)</td>
<td>0.28</td>
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<td>Atrial fibrillation</td>
<td>247 (39.2)</td>
<td>42 (48)</td>
<td>0.13</td>
<td>56 (35.7)</td>
<td>184 (41.0)</td>
<td>0.26</td>
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<td>Diabetes mellitus</td>
<td>161 (25.5)</td>
<td>33 (38)</td>
<td>0.02</td>
<td>41 (26.1)</td>
<td>117 (26.0)</td>
<td>1.00</td>
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<td>Hyperlipidemia</td>
<td>314 (49.8)</td>
<td>55 (63)</td>
<td>0.03</td>
<td>76 (48.4)</td>
<td>229 (50.2)</td>
<td>0.64</td>
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<tr>
<td>Smoking history</td>
<td>154 (24.5)</td>
<td>37 (42)</td>
<td>0.001</td>
<td>40 (25.5)</td>
<td>112 (25.0)</td>
<td>0.92</td>
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<tr>
<td>Coronary artery disease</td>
<td>146 (24.9)</td>
<td>29 (33)</td>
<td>0.1</td>
<td>35 (28.2)</td>
<td>104 (29.6)</td>
<td>0.82</td>
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<td><strong>Clinical presentation</strong></td>
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<td></td>
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<tr>
<td>Baseline mRS (median)</td>
<td>0 (0.5)</td>
<td>0 (0.1)</td>
<td></td>
<td>0 (0.1)</td>
<td>0 (0.5)</td>
<td></td>
</tr>
<tr>
<td>Initial NIHSS, mean (SD)</td>
<td>17.4 (6.7)</td>
<td>18.3 (5.3)</td>
<td>0.04</td>
<td>18.0 (5.8)</td>
<td>17.2 (6.9)</td>
<td>0.19</td>
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<tr>
<td><strong>Occlusion site</strong></td>
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<td></td>
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<td></td>
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<tr>
<td>All MCA segments</td>
<td>434 (68.9)</td>
<td>67 (76)</td>
<td>0.002</td>
<td>118 (75.2)</td>
<td>298 (66.4)</td>
<td>0.06</td>
</tr>
<tr>
<td>M1</td>
<td>344 (54.6)</td>
<td>53 (60)</td>
<td>0.03</td>
<td>118 (75.2)</td>
<td>209 (70.1)</td>
<td>0.0001</td>
</tr>
<tr>
<td>M2</td>
<td>84 (13.3)</td>
<td>14 (16)</td>
<td>0.5</td>
<td>0 (0)</td>
<td>83 (27.9)</td>
<td>0.0001</td>
</tr>
<tr>
<td>M3</td>
<td>6 (1.0)</td>
<td>0 (0)</td>
<td>0.2</td>
<td>0 (0)</td>
<td>6 (2.0)</td>
<td>0.34</td>
</tr>
<tr>
<td>ICA</td>
<td>100 (15.9)</td>
<td>14 (16)</td>
<td>1.0</td>
<td>39 (24.8)</td>
<td>55 (12.3)</td>
<td>0.0003</td>
</tr>
<tr>
<td>Vertebralbasilar</td>
<td>84 (12.7)</td>
<td>7 (8)</td>
<td>0.2</td>
<td>0 (0)</td>
<td>84 (27.9)</td>
<td>0.0001</td>
</tr>
<tr>
<td>Anterior circulation</td>
<td>546 (86.7)</td>
<td>81 (92)</td>
<td>0.2</td>
<td>157(100)</td>
<td>365 (81.3)</td>
<td>0.0001</td>
</tr>
<tr>
<td>Initial systolic BP, mean (SD)</td>
<td>144.9 (26.6)</td>
<td>NA</td>
<td>NA</td>
<td>145.9 (28.1)</td>
<td>144.7 (26.2)</td>
<td>0.68</td>
</tr>
<tr>
<td>Initial diastolic BP, mean (SD)</td>
<td>78.2 (19.2)</td>
<td>NA</td>
<td>NA</td>
<td>78.6 (20.9)</td>
<td>78.1 (18.6)</td>
<td>0.63</td>
</tr>
<tr>
<td>IV tPA</td>
<td>321 (51.2)</td>
<td>51 (58)</td>
<td>0.22</td>
<td>157 (100)</td>
<td>164 (34.9)</td>
<td>0.0001</td>
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<tr>
<td>Hospital transfer</td>
<td>315 (50.0)</td>
<td>NA</td>
<td>NA</td>
<td>62 (39.5)</td>
<td>237 (52.8)</td>
<td>0.005</td>
</tr>
<tr>
<td><strong>Procedural factors</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Time from onset to puncture (min), mean (SD)</td>
<td>363.1 (264.5)</td>
<td>276 (90)</td>
<td>0.00</td>
<td>217.5 (67.8)</td>
<td>413.8 (287.7)</td>
<td>&lt;0.0001</td>
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<tr>
<td>General anesthesia</td>
<td>394 (62.4)</td>
<td>72 (82)</td>
<td>0.004</td>
<td>89 (56.7)</td>
<td>284 (63.1)</td>
<td>0.2</td>
</tr>
<tr>
<td>Regional aspiration</td>
<td>142 (22.6)</td>
<td>NA</td>
<td>NA</td>
<td>44 (30.3)</td>
<td>98 (23.6)</td>
<td>0.12</td>
</tr>
<tr>
<td>IA tPA</td>
<td>130 (20.7)</td>
<td>NA</td>
<td>NA</td>
<td>46 (30.3)</td>
<td>83 (18.5)</td>
<td>0.006</td>
</tr>
<tr>
<td>Balloon guide catheter</td>
<td>298 (47.3)</td>
<td>NA</td>
<td>NA</td>
<td>84 (53.5)</td>
<td>206 (45.9)</td>
<td>0.08</td>
</tr>
</tbody>
</table>

Bold type indicates statistical significance.

AHA, American Heart Association; ASA, American Stroke Association; ICA, internal carotid artery; mRS, modified Rankin Scale; MCA, middle cerebral artery; NIHSS, National Institutes of Health Stroke Scale; tPA, tissue plasminogen activator.
The mean number of passes in TRACK was 1.9±1.2 compared with 2.4±1.4 in TREVO2 (p=0.002). The majority of TRACK cases (45.6%) were treated using a single device pass. Rescue therapy was used in 21.5% of TRACK patients. Operator-adjudicated rates of distal embolization and embolization into new territory in TRACK were 23% and 4.5%, respectively.
Ischemic stroke

Primary clinical outcomes

Ninety-day clinical outcome data were available in 92% (579/629). Good clinical outcome (defined as mRS ≤2 at 90 days) was achieved in 48% of TRACK patients (table 2 and figure 2C). No difference in sICH rate was observed between TRACK and TREVO2. The mortality rate was lower in TRACK than in TREVO2 (19.8% vs 33%, p=0.01).

Finally, we assessed the rate of good clinical outcome in those who achieved tFPE of TICI 3 without the use of adjunctive therapy (25%). This group achieved a higher rate of good clinical outcome (54.3%) than the rate of 48% achieved for the overall TRACK cohort (p<0.05) (figure 2C).

Predictors of clinical outcomes

On univariate analysis, the main predictors of good outcome (mRS 0–2) were recanalization success, use of balloon guide catheter (BGC), and tFPE, and predictors of poor outcome (3–6 mRS) included age, NIHSS, hypertension, hyperlipidemia, diabetes, procedure time, and sICH (figure 3). However, after multivariate adjustment, the variables that remained as independent predictors of clinical outcome were age, initial NIHSS, BGC, sICH, and tFPE.

Additionally, we performed unadjusted analyses of key clinical and technical factors known to influence mRS. Figure 4A–D demonstrates an inverse correlation between clinical outcome and age, NIHSS, iatrogenic hemorrhage, residual fill, and procedure time.
Ischemic stroke and age, baseline NIHSS, time to revascularization, and number of passes. The highest probability of achieving mRS 0–2 is patients of younger age with lower baseline NIHSS, shorter time to revascularization, and fewer number of passes, while those with advanced age, higher initial NIHSS, longer time to revascularization, and high number of passes had the greatest probability of achieving an mRS 4–6. These factors did not appear to influence the probability of achieving mRS 3.

**TRACK AHA and non-AHA subgroups**

For the TRACK AHA and non-AHA cohort analysis, 22 cases were excluded due to missing data necessary for classification based on AHA/ASA guidelines; 157 and 450 patients met the criteria for the AHA/ASA and non-AHA/ASA groups, respectively (figure 1).

**Baseline variables**

Given the exclusivity of anterior circulation lesions in the AHA/ASA cohort, there was a statistical difference between the AHA/ASA and non-AHA/ASA groups in the occlusion location (table 1). Mean time from onset to puncture was different between the AHA/ASA and non-AHA/ASA groups (217.5±67.8 min vs 413.8±287.7 min, p<0.0001). IV-tPA use was 100% versus 34.9% in the AHA/ASA and non-AHA/ASA cohorts, respectively. Patient transfer was more common in the non-AHA/ASA group (53%, p=0.005). A higher rate of IA thrombolytic utilization was noted in the AHA/ASA group (29%, p=0.006).

**Angiographic and technical outcomes**

No difference was observed in revascularization success rates in the AHA/ASA and non-AHA/ASA groups (table 2). However, a significantly higher rate of TICI 3 was seen in the AHA/ASA
Ischemic stroke cohort. Embolization into new territory was higher in AHA/ASA patients (8.3% vs 2.9%, p=0.04).

Clinical outcomes
The rate of good clinical outcome at 90 days (mRS ≤2) was similar between the cohorts but mortality was higher in the non-AHA/ASA group (table 2).

DISCUSSION
To date, TRACK is the largest investigator-initiated, real-life, post-marketing, clinical registry evaluating a total of 634 subjects treated with Trevo as the first device for AIS secondary to LVO. Results from the TRACK Registry supported similar angiographic and clinical outcomes as reported in TREVO2 RCTs and the NASA Registry.9 10

A unique observation from this real-life registry is that a large proportion of patients (74.1%) were treated outside the recent AHA/ASA guidelines and recommendations for endovascular therapy. For example, 18.1% in the non-AHA/ASA group were >80 years of age and 37% of patients were outside the 6 hour time window; however, these subgroups still had an excellent angiographic and clinical outcome (table 2, figure 2b).

Angiographic outcomes
The final angiographic revascularization outcome (after all devices and rescue therapy) of TICI ≥2b was higher in TRACK than in TREVO2 (80.3% vs 68%).9 However, when comparing the revascularization rate post-Trevo device use only, there was no difference between the two cohorts (68.8% in TRACK versus 68% in TREVO2).9 When compared with the recently published randomized trials, the rate of TICI 2b/3 is comparable with the Solitaire-treated patients in the SEER pooled analysis (77%) and with the HERMES mechanical thrombectomy group (71%).11 12

In our study, we observed a significantly higher proportion of patients achieving near complete final revascularization to TICI 3 (44.5% final and 37.4% post-Trevo only vs 14% in TREVO2).9 The higher rate of near complete revascularization may be explained by several factors. (1) In real-life experience there is no limit to the number of passes that an operator can attempt. (2) The rate of BGC use, proven since the TREVO2
study to be associated with a higher rate of near complete revascularization, may be higher in the current registry (47.3%) in TRACK vs 44.1% in NASA, unavailable in TREVO2 study.15,17  
(3) An improvement in operator learning and experience since the approval of the device.  
(4) The combined approach of Trevo device with local aspiration from a distal large-bore catheter, which was used in approximately 23% of the cases.

Although potential for self-reporting bias of the angiographic data is another valid reason for the higher rate of near complete revascularization, TREVO2 showed that there was no difference between operator and core laboratory adjudication of the recanalization.9

The self-reported rates of distal embolization and embolization into new territory were similar to those in the NASA Registry (23% vs 16.4% and 4.5% vs 5.5%, respectively).10 The rate of distal embolization correlated well with those who did not achieve TICI 2b or higher, indicating possible persistent downstream occlusion. The ability to accurately estimate the rate of new embolization is limited by lack of complete baseline angiographic assessment or availability of pre-intervention CT angiographic data.

Clinical outcome

Despite the high rate of posterior circulation thrombectomy (table 1) and percentage of patients who had an onset to puncture time >6 hours (figure 2b), the rate of good clinical outcome in the TRACK Registry was 47.9%, which compared well with the rates in TREVO2 (40%) and with the NASA Registry (42%).9,10

In the TRACK AHA/ASA group the rate of a good clinical outcome was 51.4%, which is similar to the rates of good clinical outcome noted in the HERMES and SEER pooled analyses (46% and 54%, respectively).11,12 The clinical outcome in TRACK was also augmented to 54.3% in patients achieving TFPE to TICI 3 (figure 3), as shown in previous studies.17

The rates of sICH were similar in TRACK (7.1%), TREVO2 (4.1%), and NASA (9.9%).9,10 The numerical difference in hemorrhage rate in TRACK versus TREVO2 may be related to a more liberal inclusion of patients with severe strokes and those outside the 8 hour time window. When patients with only anterior circulation were evaluated, the rate of symptomatic hemorrhage decreased to 5.2%, which is similar to the HERMES pooled analysis of 4.4%.12

The mortality rate in TRACK was 19.8%, which is lower than the reported rate of 33% in NASA.9,10 When examining the mortality rate within the AHA/ASA guidelines-like group, the mortality rate decreased to 14.4%, which compared well with the 15.3% noted with the HERMES pooled analysis.12

Similar to other studies, recanalization, FPE, BGC, and MCA clot location predicted a favorable outcome while age, procedure time, symptomatic hemorrhage, initial NIHSS and age were predictors of a poor clinical outcome as depicted.18-20

An interesting observation was noted in the ordinal mRS outcome of the key predictors of clinical outcome (figure 4). We noted a higher likelihood of achieving mRS 1, followed by 2 then 0 with endovascular therapy, when the predictors favored a good outcome (such as shorter onset to puncture time, younger age, less severe baseline NIHSS, shorter recanalization time, and fewer number of device attempts). mRS 6, followed by 4, then 5 (in this order) were more likely to happen when these factors were not favorable for a good clinical outcome. Interestingly, mRS 3 was flat with no slope and prediction ability across all these clinical variables.

Revascularization time (defined as puncture to TICI 2b) metrics in TRACK showed a mean time of 78±49.6 min compared with 77.1±46.8 min in NASA.10 This may be related to individual patient variability between the two studies and may be evaluated in the future in an individual patient-level pooled analysis. An additional potential explanation is the difference in centers participating in the two studies and their system of care and local processes.

Limitations

TRACK has the inherent limitation of self-reported prospective and retrospective angiographic and clinical outcome data. However, site and core laboratory-reported angiographic outcomes in TREVO2 were similar. In addition, including all consecutive patients and sample size may have reduced the selection bias.

Another limitation is the potential lack of precision in our reported time metrics due to the retrospective nature of the data, which could result in over/underestimation of time metrics (such as the door to puncture and revascularization times).

CONCLUSION

Our real-life experience with the TREVO device demonstrated the ability to mirror the recanalization, safety, and efficacy outcomes obtained in the TREVO2, SEER, and HERMES randomized clinical studies.

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Ischemic stroke

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Data sharing statement There are no additional unpublished data from this particular study comparing the post marketing experience of the TREVO device with the industry sponsored prospective study. Additional questions are being addressed by other sub-papers currently under development.

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