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Salim S. Hayek, Emory University
Yuri Klyachkin, University of Kentucky
Ahmed Asfour, University of Kentucky
Nima Ghasemzadeh, Emory University
Mosaab Awad, Emory University
Iraj Hesaroieh, Emory University
Hina Ahmed, Emory University
Brandon Gray, Emory University
Jonathan Kim, Emory University
Edmund Waller, Emory University

Only first 10 authors above; see publication for full author list.

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Bioactive Lipids and Circulating Progenitor Cells in Patients with Cardiovascular Disease

**Salim S. Hayek, a Yuri Klyachkin, b Ahmed Asfour, b,c Nima Ghasemzadeh, a Mosaab Awad, a Iraj Hesarroieh, a Hina Ahmed, a Brandon Gray, a Jinhee Kim, d Edmund K. Waller, c Arshed A. Quyyumi, a Ahmed K. Abdel-Latif b**

**Key Words.** Sphingosine-1 phosphate • Ceramide-1 phosphate • Circulating progenitor cell • Mobilization • Coronary artery disease

**Abstract**

Bone marrow-derived progenitor cells are mobilized into the peripheral blood after acute myocardial injury and in chronic ischemic heart disease. However, the mechanisms responsible for this mobilization are poorly understood. We examined the relationship between plasma levels of bioactive lipids and number of circulating progenitor cells (CPCs) in patients (N = 437) undergoing elective or emergent cardiac catheterization. Plasma levels of sphingosine-1 phosphate (S1P) and ceramide-1 phosphate (C1P) were quantified using mass spectrometry. CPCs were assessed using flow cytometry. S1P levels correlated with the numbers of CD34+/CXCR4+ and CD34+/CXCR4+ CPCs even after adjustment for potential confounding factors. However, no significant correlation was observed between C1P levels and CPC count. Plasma levels of S1P correlated with the number of CPCs in patients with coronary artery disease, suggesting an important mechanistic role for S1P in stem cell mobilization. The therapeutic effects of adjunctive S1P therapy to mobilize endogenous stem cells need to be investigated.

**Significance Statement**

Bone marrow-derived progenitor cells are mobilized after acute myocardial injury and in chronic ischemic heart disease. However, the mechanisms responsible for this mobilization are poorly understood. The relationship between plasma levels of the bioactive lipid sphingosine-1 phosphate (S1P) and circulating progenitor cells was examined in 437 patients undergoing elective or emergent cardiac catheterization. S1P levels correlated with the numbers of CD34+, CD34+/CD133+, and CD34+/CXCR4+ CPCs even after adjustment for potential confounding factors. These data suggest an important mechanistic role for S1P in stem cell mobilization that can be explored therapeutically as an adjunctive in future cardiac regenerative studies.

**Introduction**

Circulating progenitor cells (CPCs) are mononuclear cells that originate primarily from the bone marrow, differentiate into hematopoietic and endothelial cells, and contribute to vascular repair and cardiomyocyte regeneration [1–5]. We and others have shown that low CPC counts are predictors of adverse cardiovascular events and are likely biomarkers of regenerative potential [6, 7]. Studies using CPC mobilization as a method to enhance cardiac recovery in heart failure or after myocardial infarction have achieved modest success, probably because of incomplete understanding of the mechanisms underlying mobilization and homing of regenerative cells.

Several chemokines, including vascular endothelial growth factor (VEGF) and stromal cell derived factor-1 (SDF-1), play an important role in the recruitment of CPCs from the bone marrow [8, 9]. However, the exclusive role of these chemokines has been debated [10]. After acute myocardial infarction (AMI), matrix metalloproteinases (MMPs) and proteases are upregulated in the myocardium [11], leading to the degradation of several chemokines [12]. More recently, bioactive lipids, notably sphingosine-1 phosphate (S1P), that are resistant to MMPs have been characterized as chemoattractants that enhance mobilization and homing of stem cells from the bone marrow [13, 14]. Raising plasma S1P levels in a mouse model of AMI
increased CPC mobilization and enhanced cardiac recovery [15]. Whether an association between bioactive lipids and CPC counts in patients with coronary artery disease (CAD) exists is unclear and is the subject of this study. We hypothesized that bioactive lipids would mobilize CPCs and thus their levels will be associated with higher counts of CPCs.

**Materials and Methods**

**Study Design**

We examined the relationship between bioactive lipids and CPCs in subjects (N = 437) recruited into the Emory Cardiovascular Biobank, a prospective cohort consisting of patients aged 20 to 90 years who were undergoing elective or emergent cardiac catheterization. Subjects with congenital heart disease, severe valvular heart disease, severe anemia, recent blood transfusion, myocarditis, active inflammatory diseases, and cancer were excluded. Obstructive CAD was defined as >50% luminal narrowing in a major epicardial vessel. The study was approved by the institutional review board at Emory University. All subjects provided written informed consent.

**Quantitation of Bioactive Lipids**

Arterial blood was collected in EDTA tubes and plasma was isolated by centrifuging whole blood for 10 minutes at 800g. Lipids were extracted from plasma using acidified organic solvents, as previously described [16].

**Measurement of Circulating Progenitor Cells Counts**

Peripheral blood mononuclear cells were incubated with fluorochrome-labeled monoclonal anti-human mouse antibodies within 4 hours of blood draw. Cell populations enriched for CPCs were quantified using flow cytometry as CD45 dim cells coexpressing CD34, CD133, vascular endothelial growth factor receptor 2 (VEGFR2), or CXCR4, and their combination, as previously described [6]. The CD45dim population consists of CD34+ cells with dim expression of CD45, thus excluding hematopoietic CD34+/CD45med and CD34+/CD45high hematogones or bone marrow-derived early B-cell precursors. Flow data were analyzed with FlowJo software (Ashland, OR, http://www.flowjo.com). CPC populations are reported as absolute counts (cells per μl of whole blood), determined using Accudose Counting Beads (Thermo Fisher Scientific Life Sciences, Waltham, MA, http://www.thermofisher.com).

**Statistical Analysis**

Subject characteristics were reported as descriptive statistics with means, medians, standard deviations, and ranges, where appropriate. Correlation analyses were performed using the Pearson’s correlation for normally distributed variables and Spearman’s correlation for non-normally distributed variables. Cell counts were non-normally distributed and were transformed (natural log[cell count + 1]) before parametric analyses. Multivariable analyses using linear regression of log-transformed outcomes variables adjusted for age, sex, race (black vs. other), and body mass index, as well as variables with a \( p \) value \( \leq .1 \) on univariable analysis. Analyses were performed using IBM SPSS Statistics version 21 (IBM, Armonk, NY, https://www.ibm.com).

**Results**

The majority of enrolled patients were white men; the median age of the patients was 64 years. They had multiple CAD risk factors and 57% had obstructive CAD (Table 1).

On univariable analyses, plasma S1P and C1P levels were negatively correlated with male sex, history of myocardial infarction, hypertension, hyperlipidemia, and serum creatinine level, whereas they positively correlated with high-density and low-density lipoprotein levels. Previous myocardial infarction did not correlate with total CPC levels and was not included in the model. After multivariable adjustments, only the creatinine level and hyperlipidemia remained independently associated with S1P levels (Table 2).

The number of CPCs (CD45dim cells), in particular CD34+ (\( r = .187; p < .001 \)), CD34+/CD133+ (\( r = .217; p < .001 \)), and CD34+/CXCR4+ (\( r = .270; p < .001 \)) cells correlated positively with S1P levels. However, CD34+/VEGFR2+ cells did not significantly correlate with S1P levels (\( r = -0.30; p = .531 \)), and

**Table 1. Demographics and clinical characteristics**

<table>
<thead>
<tr>
<th>Characteristic</th>
<th>Dataa (N = 437)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age, median, yr (SD)</td>
<td>64 (13)</td>
</tr>
<tr>
<td>Male sex, n (%)</td>
<td>282 (65)</td>
</tr>
<tr>
<td>Black race, median (SD)</td>
<td>102 (23)</td>
</tr>
<tr>
<td>Body mass index, median, kg/m² (SD)</td>
<td>29 (6)</td>
</tr>
</tbody>
</table>

**Clinical characteristics**

| Systolic blood pressure, mmHg | 137 (21) |
| Diastolic blood pressure, mmHg | 70 (22) |
| Hypertension, n (%) | 197 (45) |
| Hyperlipidemia, n (%) | 174 (40) |
| Diabetes mellitus, n (%) | 160 (37) |
| Obstructive coronary artery disease, n (%) | 247 (57) |
| Previous myocardial infarction, n (%) | 114 (26) |
| Heart failure, n (%) | 125 (29) |
| Ejection fraction, n (%) | 53 (13) |
| LDL, median (SD), mg/dl | 93 (42) |
| HDL, median (SD), mg/dl | 42 (15) |
| Creatinine, median (IQR), mg/dl | 1.0 (0.89–1.3) |
| Bioactive lipids, median (IQR) | Ceramide-1 phosphate, μM 0.46 (0.64–1.0) | 1.82 (1.16–2.75) |
| Ceramide-1 phosphate, μM | Ceramide-1 phosphate, μM 0.18 (0.60–0.34) |
| Circulating progenitor cells, median (IQR) | CD34+, cells/μl 0.77 (0.45–1.20) |
| CD34+/CD133+, cells/μl 1.01 (0.65–1.54) |
| CD34+/CXCR4+, cells/μl 1.34 (0.77–2.75) |
| CD34+/VEGFR2+, cells/μl 0.18 (0.10–0.34) |

*aCategorical data are provided as n (%). Continuous variables are given as mean (SD) or median (interquartile range) where noted. Abbreviations: HDL, high-density lipoprotein; IQR, interquartile range; LDL, low-density lipoprotein.*
Circulating progenitor cells

Clinical characteristics

Abbreviation: N/A, not applicable.

Each cell type. Mean arterial pressure, diabetes mellitus, heart failure, and ejection fraction were not correlated with bioactive lipids.


[14]. Of note, number of CD34 cells [23], thus increasing S1P bioactive lipids such as S1P from blood [22] and endothelial cadre [21], which plays an important role in the release of vates the immune system, including the complement cas-

Clinical Implications

DISCUSSION

The role of bone marrow-derived progenitor cells in cardiac repair is still being studied in randomized trials; however, strong evidence suggests that CPCs are mobilized after cardiac injury [17, 18]. In the largest cohort to date examining the relationship between plasma bioactive lipids and circulating stem cells, we demonstrated a strong correlation between plasma S1P levels and the number of CPCs in patients with CAD.

We and others showed that the degree of CPC mobilization correlates with functional cardiac recovery [19] and clinical outcomes [6, 20]. Ischemic myocardial injury activates the immune system, including the complement cascade [21], which plays an important role in the release of bioactive lipids such as S1P from blood [22] and endothelial cells [23], thus increasing S1P’s transendothelial gradient [14]. Of note, number of CD34+/VEGFR2+ cells did not correlate with plasma S1P levels. This could be intrinsic to this cell population, which could be more responsive to VEGF. Interestingly, in an animal model of AMI, temporary elevation of S1P in the plasma resulted in enhanced bone marrow stem cell mobilization and cardiac recovery [15]. In this report, we demonstrated a strong association between plasma S1P levels and mobilized CPCs in a large cohort of patients with CAD, a finding that is in agreement with our report in patients with acute coronary syndrome [14]. Although the present data do not prove a causal relationship between plasma S1P levels and CPC mobilization, combined with findings from our previous mechanistic studies, the results support an important role for S1P in modulating peripheral stem cell trafficking [13].

CPC counts did not correlate with C1P levels. On multivariable analysis, S1P levels were significantly associated with the aforementioned CPC populations (Fig. 1; Table 2).

In conclusion, the bioactive lipid S1P strongly correlated with CPC levels in patients with CAD in this study. Future studies using adjunctive therapy with S1P to enhance bone marrow mobilization of stem cells are needed to investigate its therapeutic benefit.

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AUTHOR CONTRIBUTIONS

S.S.H.: provision of study material or patients, collection and/or assembly of data, data analysis and interpretation, manuscript writing; Y.K. and A.A.: collection and/or assembly of data, data analysis and interpretation; N.G., M.A., I.H., H.A., B.G., J.K., and E.K.W.: provision of study material or patients, collection and/or assembly of data; A.A.Q.: conception and design,
Figure 1. Bar graphs depicting median circulating progenitor cell counts stratified by sphingosine-1-phosphate tertiles. Hematopoietic progenitor cell counts for subtypes CD34+ (A), CD34+/CD133+ (B), and CD34+/CXCR4+ (C), (D): Cell counts for the endothelial CD34+/VEGFR2+ subtype. Error bars represent 95% confidence interval. Nonparametric Kruskal-Wallis test p values are given.

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DISCLOSURE OF POTENTIAL CONFLICTS OF INTEREST

Y.K. is an employee of and has stock options in Celgene Corp. The other authors indicated no potential conflicts of interest.

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