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Hydrogen Sulfide Is a Novel Regulator of Bone Formation Implicated in the Bone Loss Induced by Estrogen Deficiency

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Abstract

Hydrogen sulfide (H2S) is a gasotransmitter known to regulate bone formation and bone mass in unperturbed mice. However, it is presently unknown whether H2S plays a role in pathologic bone loss. Here we show that ovariectomy (ovx), a model of postmenopausal bone loss, decreases serum H2S levels and the bone marrow (BM) levels of two key H2S-generating enzymes, cystathione β-synthase (CBS) and cystathione γ-lyase (CSE). Treatment with the H2S-donor GYY4137 (GYY) normalizes serum H2S in ovx mice, increases bone formation, and completely prevents the loss of trabecular bone induced by ovx. Mechanistic studies revealed that GYY increases murine osteoblastogenesis by activating Wnt signaling through increased production of the Wnt ligands Wnt16, Wnt2b, Wnt6, and Wnt10b in the BM. Moreover, in vitro treatment with 17β-estradiol upregulates the expression of CBS and CSE in human BM stromal cells (hSCs), whereas an H2S-releasing drug induces osteogenic differentiation of hSCs. In summary, regulation of H2S levels is a novel mechanism by which estrogen stimulates osteoblastogenesis and bone formation in mice and human cells. Blunted production of H2S contributes to ovx-induced bone loss in mice by limiting the compensatory increase in bone formation elicited by ovx. Restoration of H2S levels is a potential novel therapeutic approach for postmenopausal osteoporosis.

Disclosures

All authors state that they have no conflicts of interest.

Additional Supporting Information may be found in the online version of this article.
Introduction

Postmenopausal osteoporosis is a common skeletal disease leading to fracture and disability that stems from the cessation of ovarian function at menopause and from genetic and nongenetic factors that heighten the impact of estrogen deficiency on the skeleton.\(^1\) Fractures owing to osteoporosis have devastating consequences, particularly in the elderly. Vertebral fractures are a source of significant pain and crippling, whereas hip fractures lead to mortality rates of 24% to 30% in the first year alone. Furthermore, almost 50% of survivors suffer permanent disability.\(^3\)–\(^6\)

Declining estrogen levels result in a potent stimulation of bone resorption and, to a lesser extent, bone formation, leading to a period of rapid bone loss.\(^7\) This initial phase is followed by a slower but more prolonged period of bone loss that affects mostly the cortical compartment of the skeleton. The acute effects of menopause are modeled by ovariectomy (ovx) that, like natural menopause, stimulates bone resorption by increasing osteoclast formation\(^8\),\(^9\) and life span.\(^10\)–\(^12\)

The net bone loss caused by ovx is limited by an increase in bone formation resulting from stimulated osteoblast formation.\(^13\) This compensation is fueled by an expansion of the pool of stromal cells (SCs), increased commitment of such pluripotent precursors toward the osteoblastic lineage,\(^13\) and enhanced proliferation of early osteoblast precursors.\(^14\) Subsequent escalations in osteoblast apoptosis,\(^15\),\(^16\) extensions of osteoclast life span,\(^10\),\(^11\) increased oxidative stress,\(^17\) and increased secretion of cytokines, which suppress bone formation such as IL-7 and TNF\(\alpha\),\(^8\) contribute to the explanation of why bone formation does not increase as much as resorption after ovx. However, the mechanism that prevents bone formation from increasing sufficiently to offset bone resorption is still largely unknown.

Hydrogen sulfide (H\(_2\)S) is a gasotransmitter released endogenously by mammalian cells. H\(_2\)S is enzymatically generated in several tissues, including the vasculature, kidney, heart, brain, nervous system, lung, upper and lower GI tract,\(^18\) and bone.\(^19\) H\(_2\)S production is mainly controlled by two pyridoxal-5\(\prime\)-phosphate-dependent enzymes, cystathione-\(\beta\)-synthase (CBS) and cystathione-\(\gamma\)-lyase (CSE).\(^20\) H\(_2\)S acts as a physiological messenger molecule in organs and tissues.\(^20\) First identified as a neuromodulator,\(^21\) H\(_2\)S was found to be a potent vasodilator\(^22\) to protect cells against oxidative stress by restoring glutathione levels\(^23\) and by inducing the nuclear translocation of Nrf2, the transcription factor that regulates a number of antioxidant genes.\(^24\),\(^25\) Moreover, H\(_2\)S protects against inflammation by inhibiting lymphocyte infiltration in tissues\(^26\) and impairing T-cell proliferation.\(^27\) H\(_2\)S production in cells was proposed as the unifying mechanism by which different calorie-restriction regimens trigger increased life span in diverse organisms, suggesting a key role of H\(_2\)S in the protection against aging-associated diseases.\(^28\) Attesting to relevance, H\(_2\)S
levels in humans decline after the age of 50 years, and low levels of plasmatic \( \text{H}_2\text{S} \) are associated with several diseases, such as diabetes, atherosclerotic disease, and hypertension.

\( \text{H}_2\text{S} \) is also relevant for the acquisition and preservation of bone mass because it controls SC function by regulating \( \text{Ca}^{2+} \) influx through \( \text{Ca}^{2+} \) channels. \( \text{H}_2\text{S} \) deficiency impairs the osteogenic differentiation of SCs. Accordingly, CBS-deficient mice display an osteopenic phenotype reminiscent of the human inherited genetic disorder hyperhomocysteinemia, which stems from mutations in the CBS gene. Severe, premature osteoporosis is a feature of this condition.

The capacity of \( \text{H}_2\text{S} \) to regulate osteoblastogenesis, its production by SCs, and the decrease in \( \text{H}_2\text{S} \) levels in aging prompted us to investigate whether estrogen deficiency impairs the endogenous synthesis of \( \text{H}_2\text{S} \) and the role of \( \text{H}_2\text{S} \) in ovx-induced bone loss. We report that estrogen regulates the production of \( \text{H}_2\text{S} \) in the SCs via a direct regulation of CBS and CSE; we also show that pharmacological restoration of normal levels of \( \text{H}_2\text{S} \) prevents ovx-induced bone loss by enhancing bone formation.

**Materials and Methods**

**Reagents and chemicals**

GYY was purchased from Cayman Chemicals (Ann Arbor, MI, USA). All fine chemicals including NaHS, DMSO, and primers were purchased from Sigma-Aldrich (St. Louis, MO, USA). P1NP and CTX ELISA kit were purchased from Immunodiagnostic Systems Ltd. (Boldon, UK).

**Human bone marrow (BM) cells**

All studies based on human cells were approved by the Ethical Committee of Rizzoli Orthopedic Institute. hSCs were obtained as previously described. Briefly, hSCs were obtained from BM aspirate during hip-replacement surgery of 6 posttraumatic patients. The cells were washed twice and suspended in \( \alpha \)-MEM 15% fetal bovine serum (FBS; Lonza, Basel, Switzerland), counted, and plated in flask. After 1 week, nonadherent cells were removed and the adherent h-SCs expanded in vitro. hSCs were used at passage 3 in culture. hSCs were stimulated with 17\( \beta \)-Estradiol (Sigma, Milan, Italy) at concentrations ranging from \( 10^{-8} \) to \( 10^{-9} \) M for 24 hours. Cells and unstimulated controls were then harvested and lysed for subsequent mRNA expression analyses of CBS and CSE genes.

**In vivo murine studies**

All animal procedures were approved by the Institutional Animal Care and Use Committee of Emory University. Adult female C57BL/6 mice (9 to 10 weeks old) were used for the study. All mice were housed at 25°C in 12-hour light/dark cycles. Normal chow diet and water were provided *ad libitum*. For the first set of experiments, 10 mice per group were taken. The mice were divided into four groups: sham-operated (ovary intact) mice treated with either GYY or vehicle and ovariectomized (ovx) mice treated with either GYY or vehicle. The treatment was given as intraperitoneal (ip) injections of GYY/vehicle every other day at 1 mg/mouse for 4 weeks after ovx. For therapeutic study, 10-week-old female
mice were divided into the same four groups as in the first experiment. After performing ovx surgery, we left these mice for 4 weeks without treatment. Ovx mice developed osteopenia in these 4 weeks. After 4 weeks, we treated mice either with GYY or vehicle for 4 weeks with the same regime as we treated in the first experiment. Animals were euthanized after 4 weeks of treatment. At death, uterus was carefully dissected and weighed in each mouse to assess for estrogen agonistic activity.

**Mineralization assay**

For in vitro mineralization, hSCs were cultured in α-MEM 20% FBS supplemented with 100 mM ascorbic acid, 2 mM α-glycerophosphate, and 100 nM dexamethasone (all from Sigma, Milan, Italy), with or without NaHS for 21 days with a medium change every 48 hours. At the end of the experiment, cells were washed with vehicle and fixed with paraformaldehyde (4%) in vehicle for 15 minutes and stained with Alizarin red-S (AR-S) stain. Colorimetric quantification at 510 nm of Alizarin red-S stain was used for quantification of mineralized nodules.

**RNA interference assay**

RNA interference was used to downregulate the expression of CBS and CSE in hSCs. Gene silencing was achieved by transfecting hSCs with control, nontargeting siRNA (NT siRNA, ON-TARGETplus, nontargeting pool), CTH siRNA (ON-TARGETplus SMARTpool siRNA J-003481), and CBS siRNA (ON-TARGETplus SMARTpool siRNA J-008617) with a pool of four sequences to ensure high-level silencing purchased from Dharmacon (ThermoScientific, Waltham, MA, USA) and INTERFERin, the siRNA transfection reagent (Polyplus Transfection, Illkirch, France, 409-10). Target sequences were as follows: CBS: AGACGGAGCAGACAACCUA, CAGGACGGUGGGAGCGACAA, GUGCGGAAACUAUAGGACCA, GGAAGAAUGUUCGGCCUGAA; CTH: GUACAGGAGGUGUCACCUCU, GCACUGGGUUUGUUAUAU, CUACAGUGCCGAAUGGAA, GACGUUGGGAGGGAUGCGAA. Each transfection was performed according to manufacturer instructions and using 20 nM siRNA and 6 μL INTERFERin. The first transfection was performed in hSCs reaching 60% confluence in α-MEM 15% FBS. Afterward, cells were induced with osteogenic medium. Transfection was repeated at every medium change until mineralization was observed in control cells.

**Immunohistochemical analysis for CBS and CSE**

Tibial plateau biopsies, obtained from male osteoarthritic patients undergoing surgical knee replacement, were fixed, decalcified, dehydrated, embedded in paraffin, and sectioned in 3- to 4-μm-thick slices. Immunostainings were performed on deparaffinized and rehydrated slices for CBS (A01, Abnova, Taipei City, Taiwan) and CSE (M02, Abnova), as well as negative and isotype-matched controls. Positive staining was revealed with Universal AP Detection kit (Biocare Medical, Concord, CA, USA). Specimens were then counterstained with hematoxylin and mounted in glycerol gel. Pictures at ×200 or ×400 magnification were captured by NIS software (Nikon, Firenze, Italy).
μCT measurements

μCT scanning and analysis was performed as reported previously\(^{37,38}\) using a Scanco μCT-40 in vitro scanner and a Scanco vivaCT-40 for in vivo measurements of spinal trabecular bone (Scanco Medical, Bassersdorf, Switzerland). Voxel sizes were 8 μm\(^3\) and 10.5 μm for the in vitro and in vivo measurements, respectively. For the femoral trabecular region, we analyzed 140 slices from the 50 slices under the distal growth plate. Femoral cortical bone was assessed using 80 continuous CT slides located at the femoral midshaft. For in vivo measurements of spinal trabecular bone, contours along the periosteal surfaces were drawn encompassing 50 slices of the L\(_1\) vertebra, starting at the beginning of trabecular bone within the spinal body, as described.\(^{39}\) X-ray tube potential was 70 kVp, and integration time was 350 ms for the in vivo measurements and 200 ms for the in vitro measurements.

Quantitative bone histomorphometry

Mice were injected subcutaneously with calcein (25 μg/g) 10 and 3 days before death. Vertebras and femurs were fixed in 10% neutral-buffered formalin for 48 hours, dehydrated and defatted at 4°C, and embedded in methyl methacrylate resin. Nonconsecutive 5-mm longitudinal sections were cut using a Leica RM2155 (Leica Microsystems, Buffalo Grove, IL, USA), stained with Goldner’s trichrome stain and used for analysis of static indices. Additional sections were cut at 10 μm and left unstained for dynamic (fluorescent) measurements. Longitudinal sections of L\(_4\) were obtained in the frontal midbody plane. In the femurs, measurements were obtained in an area of cancellous bone that measured ~2.5 mm\(^2\) and contained only secondary spongiosa, which was located 0.5 to 2.5 mm proximal to the epiphyseal growth cartilage of the femurs. Measurements of single-labeled and double-labeled fluorescent surfaces and interlabel width were made in the same region of interest using unstained sections. Mineral apposition rate (MAR) and bone formation rate (BFR/BS) were calculated by the software by applying the interlabel period.

Histomorphometry was performed using the Bioquant Image Analysis System (R&M Biometrics, Nashville, TN, USA). Measurements, terminology, and units used for histomorphometric analysis were those recommended by the Nomenclature Committee of the American Society of Bone and Mineral Research.\(^ {40}\)

H\(_2\)S measurement

H\(_2\)S and bound sulfur levels were measured in the serum according to previously described methods.\(^ {41}\) For the measurement of H\(_2\)S and bound sulfur in serum, 0.1 mL of serum was used for each measurement. The concentrations of H\(_2\)S in the samples were calculated using a standard curve of Na\(_2\)S as a source of H\(_2\)S. Chromatographs were captured and analyzed with Agilent ChemStation software (B.04.03; Agilent Technologies, Santa Clara, CA, USA). For serum, the amount of H\(_2\)S is reported as μM.

Murine SCs purification

BM cells were collected at death and BM murine stromal cells (SCs) were purified as previously described.\(^ {42,43}\) Briefly, BM was cultured for 7 days in α-MEM medium containing 10% FBS to allow the proliferation of SCs. After discarding nonadherent cells,
adherent macrophages were eliminated by positive immunoselection by MACS Microbeads (Miltenyi Biotec, Auburn, CA, USA) coupled to anti-CD11c antibody. This marker is expressed on nonadherent dendritic cells and adherent monocytes and macrophages. The remaining adherent cells were defined as SCs because they express ALP, type-I collagen (COL1), and RUNX2, and have the capacity to form mineralization nodules when further cultured under mineralizing conditions.

**CFU-ALP assays**

Colony-forming assays were carried out according to our previously published protocol. Briefly, colony-forming assays were carried out to determine the number of BM SCs with osteogenic potential, as previously described. Briefly, BM SCs were cultured in α-MEM medium containing 10 mM β-glycerophosphate and 50 μg/mL ascorbic acid at a density of 2 × 10^6 cells/cm^2. After 7 days, the cells were fixed and stained for ALP and the number of colonies positive for ALP was counted.

**Markers of bone turnover**

Serum C-terminal telopeptide of collagen (CTX) was measured by a rodent-specific ELISA assay (Immunodiagnostic Systems, Scottsdale, AZ, USA). Serum P1NP was measured using Rat/Mouse P1NP ELISA kit (Immunodiagnostic Systems).

**Real-time RT-PCR and PCR arrays**

mRNA expression in mice whole BM lysates was analyzed for a cluster of pathway-focused Wnt signaling–related genes by means of PCR Array (Mouse Wnt Signaling Pathway Kit, Qiagen, Milan, Italy), according to the manufacturer’s instructions. Briefly, total cellular RNA was isolated using the RNeasy Mini Kit (Qiagen) and contamination of genomic DNA was removed from total RNA samples by treating them with DNase I (DNA-Free Kit, Ambion, Austin, TX, USA). Complementary DNA (cDNA) synthesis was performed from 0.8 μg RNA using the RT2 PCR array First Strand Kit (Qiagen). Amplification was carried out on a Rotor Gene Thermal Cycler (Corbett Research, Qiagen) equipped with a 100-well rotor under cycling and thermal conditions suggested by the manufacturer.

The data were analyzed using the web-based RT2 PCR array Data Analysis tool provided by the manufacturer. The mRNA expression levels of cystathionine-β synthase (Cbs), cystathionine-γ lyases (Cse), bone sialoprotein (Bsp), collagen 1 (Col1), osteocalcin (Ocn), osterix (Osx), runt-related transcription factor 2 (Runx2), aryl-hydrocarbon receptor (Ahr), axin2 (Axin2), cysteine-rich protein 61 (Cyr61), naked cuticle 2 homolog (Nkd2), trans gelin (Tagln), transforming growth factor beta 3 (Tgfβ3), thrombospondin 1 (Thbs1), twist gene homolog 1 (Twist1), Wnt1 inducible signaling pathway protein 1 (Wisp1), T-cell factor (Tef), and lymphoid enhancer factor-1 (Lef-1) were also analyzed in mice BM SCs, by RT-PCR using an ABI Prism 7000 or One Step Plus Sequence Detection System and SYBR GREEN PCR Master Mix (Applied Biosystems, Foster City, CA, USA). Changes in relative gene expression between groups were calculated using the 2−ΔΔCT method with normalization to 18S rRNA as previously described. All the primers used were designed by Primer Express Software v2.0 (Applied Biosystems) and validated in previous investigations. The primers used were: 5′-ATTCGAACGTCTGCCCCTATCA-3′.
Levels of human mRNA expression were also analyzed in hSCs for CBS and CSE, according to an established protocol.\(^{(25)}\) RNA was extracted with RNApure (Euroclone, Milan, Italy), and purified from DNA with DNA-Free Kit (Ambion), according to the manufacturer’s instructions.

Reverse transcription (SuperScript VILO cDNA Synthesis Kit; Invitrogen, Life Technologies, Carlsbad, CA, USA) was performed utilizing 0.5 µg of RNA. Polymerase chain reaction (PCR; SYBR PremixEx Taq, TaKaRa Biomedicals, Tokyo, Japan; LightCycler Instrument, Roche, Mannheim, Germany) was performed on 20 ng cDNA.
Relative quantification of PCR products was obtained with the comparative CT method, comparing to the housekeeping mRNA expression of glyceraldehyde-3 phosphate dehydrogenase (GAPDH). Primer sequences were as follows: 5′-AATGGTGACGCTTGGGAA-3′ (forward) and 5′-TGAGGCCGATCTGTTTGA-3′ (reverse) for CBS; 5′-AAGACGCCTCCTCACAAGGT-3′ (forward) and 5′-TATTCAAAACCCGAGTGCTGG-3′ (reverse) for CSE; and 5′-CGGAGTCAACCGGATTTG-3′ (forward) and 5′-CCTGGAAGATGGTGATGG-3′ (reverse) for GAPDH.

Statistical analysis

All values are expressed as mean ± SEM. Prospective data were analyzed by analysis-of-variance (ANOVA) for repeated measures. Cross-sectional data were analyzed by a two-way ANOVA that included the main effects for animal strain and treatment plus the statistical interaction between animal strain and treatment. When the statistical interaction between animal strain and treatment group was not statistically significant (p > 0.05) nor suggestive of an important interaction (p > 0.10), p values for the main effects tests were reported. When the statistical interaction was statistically significant or suggestive of an important interaction, then t tests were used to compare the differences between the treatment means for each animal strain, applying the Bonferroni correction for multiple comparisons.

Results

Ovx blunts CSE, CBS expression, and H₂S production

H₂S is enzymatically generated by CBS and CSE(20) and can be revealed as free H₂S or bound sulfur, the stored form of sulfur, which can release free H₂S in physiological conditions.(46) To investigate whether estrogen deficiency affects systemic H₂S levels and its production in bone, 10-week-old female C57BL/6 mice were sham operated or ovx. Four weeks after surgery, mice were euthanized and serum H₂S levels assessed. BM was harvested and cultured for 1 week. SCs were then purified and utilized to assess the levels of CBS and CSE mRNAs. Compared with sham-operated mice, ovx mice had ~65% and ~52% lower levels of serum free H₂S and bound sulfur, respectively (Fig. 1A, B). The mRNA expression of CBS and CSE in total BM cells and BM SCs were significantly lower in ovx mice than in sham-operated mice (Fig. 1C–F).

Therefore, ovx blunts both the serum levels of H₂S and bound sulfur and the expression levels of CBS and CSE in bone.

Pharmacological replacement of H₂S prevents ovx-induced bone loss by increasing bone formation

To investigate whether H₂S deficiency in ovx mice contributes to bone loss, 10-week-old female C57BL/6 mice were sham operated or ovx and treated with the H₂S-donor GYY (1 mg/mouse/d) or vehicle for 4 weeks starting the day of surgery. Uterus weight was decreased by ovx. GYY treatment did not alter uterus weight, demonstrating that GYY does not exert an estrogen agonistic activity (Supplemental Fig. S1).
Confirming the results of the previous experiment, vehicle-treated ovx mice had lower serum free H₂S and bound sulfur levels than sham-operated mice (Fig. 2A, B). Treatment with GYY increased free H₂S levels in sham mice and normalized serum H₂S and bound sulfur levels in ovx mice. As a result, vehicle-treated sham-operated mice and GYY-treated ovx mice had similar H₂S and bound sulfur levels, demonstrating that GYY was able to prevent the sulfur deficiency caused by ovx.

To investigate the effects of GYY treatment on bone volume and structure, cancellous bone was analyzed by micro-computed tomography (μCT) utilizing femurs harvested at death. Representative μCT images of femur trabecular bone from all four groups are shown in Fig. 2C. Vehicle-treated ovx mice had lower trabecular bone volume (BV/TV) than vehicle-treated sham-operated mice (Fig. 2D). GYY-treated ovx mice had higher BV/TV than vehicle-treated ovx mice. Moreover, GYY-treated ovx mice and vehicle-treated sham-operated mice had similar BV/TV values, demonstrating that GYY was able to completely protect against the loss of BV/TV induced by ovx. Interestingly, GYY-treated sham mice also demonstrated higher BV/TV than vehicle-treated sham mice. Ovx also induced significant losses of cortical volume (Ct.V) and cortical thickness (Ct.Th) in mice treated with vehicle that were prevented by treatment with GYY (Fig. 2E, F). Analysis of indices of trabecular structure revealed that trabecular number (Tb.N), trabecular thickness (Tb.Th), and trabecular space (Tb.Sp) were also differentially affected by ovx in vehicle-treated and GYY-treated mice (Fig. 2G–I), further attesting to the bone-sparing activity of GYY.

Unexpectedly, analysis of femoral cancellous bone by histomorphometry revealed that ovx did not alter two indices of bone resorption, the number of OCs per bone surface (N.Oc/BS) and the percentage of bone surfaces covered by OCs (Oc.S/BS) in mice treated with vehicle as well as in those treated with GYY (Fig. 3A, B). Analysis of dynamic indices of bone formation revealed that ovx increased mineral apposition rate (MAR) (Fig. 3C) but not bone-formation rate (BFR/BS) (Fig. 3D) in vehicle-treated mice. Moreover, ovx did not affect the percentage of bone surfaces covered by mineralized surfaces (MS/BS) (Fig. 3E). GYY-treated ovx mice had significantly higher MAR and BFR/BS compared with vehicle- and GYY-treated sham-operated mice. However, vehicle-treated and GYY-treated ovx mice had similar MAR and BFR/BS values.

Ovx did not increase two static indices of bone formation, the number of OBs per bone surface (N.Ob/BS) and the percentage of surfaces covered by OBs (Ob.S/BS), in vehicle-treated mice. However, GYY-treated ovx mice had higher N.Ob/BS and Ob.S/BS compared with vehicle-treated ovx mice and vehicle-treated sham-operated mice (Fig. 3F, G).

Because of the unexpected finding that ovx did not alter most indices of bone resorption and bone formation, we analyzed vertebral cancellous bone by histomorphometry. We found that ovx increased two indices of bone resorption, N.Oc/BS and Oc.S/BS, in vehicle-treated mice (Fig. 4A, B). Treatment with GYY did not affect bone resorption in both sham-operated and ovx mice. In vehicle-treated mice, ovx did not increase MAR (Fig. 4C) or BFR/BS (Fig. 4D). Similarly, MS/BS did not change between sham and ovx vehicle-treated groups (Fig. 4E). However, GYY increased BFR/BS and MS/BS in ovx mice and MAR in both sham-operated and ovx mice. Moreover, ovx increased N.Ob/BS and Ob.S/BS in vehicle-treated
mice (Fig. 4F, G). Importantly, mice treated with GYY had higher N.Ob/BS and Ob.S/BS compared with the corresponding vehicle-treated group. These findings suggest that GYY prevents ovx-induced bone loss by increasing bone formation. Confirming this hypothesis, ovx increased the serum levels of N-terminal propeptide of type 1 procollagen (P1NP), a marker of bone formation, in vehicle-treated mice. Treatment with GYY induced a further increase in P1NP in ovx mice (Fig. 4H). As a result, GYY-treated ovx mice had higher levels of P1NP than all the other groups of sham-operated and ovx mice. Ovx increased the serum levels of C-terminal telopeptide of type 1 collagen (CTX), a marker of bone resorption in vehicle- and GYY-treated mice (Fig. 4I). GYY did not significantly affect the serum levels of CTX in ovx mice.

**GYY increases SC commitment to the osteoblastic lineage and differentiation**

To investigate the role of GYY treatment on SC differentiation, BM was harvested at the end of the treatment period and cultured for 1 week to assess the formation of alkaline phosphatase (ALP)-positive colony-forming unit fibroblasts (CFU-F), herein defined CFU-ALP, an index of SC commitment to the osteoblastic lineage. CFU-ALP formation was ~1.5-fold higher in vehicle-treated ovx mice compared with vehicle-treated sham mice (Fig. 5A). Treatment with GYY further increased the number of CFU-ALP in both sham-operated and ovx mice. Accordingly, GYY-treated ovx mice displayed the highest number of CFU-ALP per plate. Next, we investigated the effects of ovx and GYY treatment on the differentiation of SCs into osteoblasts (OBs) by measuring the mRNA levels of four osteoblastic genes that correlate with SC differentiation into OBs. The analyzed genes are runt-related transcription factor-2 (RUNX2), collagen type-I (COL-I), osterix (OSX), and osteocalcin (OCN) in purified SCs. Analysis of samples from vehicle-treated mice revealed that ovx increases the expression of each of the four analyzed genes (Fig. 5B). Treatment with GYY significantly increased the expression of these genes in sham-operated and ovx mice. Accordingly, GYY-treated ovx mice had the highest mRNA levels of RUNX2, COL-I, OSX, and OCN. Together, these findings demonstrate that GYY treatment increases SC commitment to the osteoblastic lineage and increases osteoblast differentiation.

**GYY upregulates Wnt ligands in the BM and increases Wnt signaling in SCs**

Because osteoblast differentiation is induced by Wnt activation, we sought to investigate the effects of ovx and GYY treatment on Wnt signaling. Therefore, we harvested SCs from sham-operated and ovx mice treated with vehicle or GYY for 4 weeks starting at surgery and analyzed the mRNA expression of genes specifically upregulated by Wnt signaling. The analyzed genes were: aryl-hydrocarbon receptor (Ahr), axin2, cysteine-rich protein 61 (Cyr61), naked cuticle 2 homolog (Nkd2), transgelin (tagln), transforming growth factor β3 (TGFβ3), thrombospondin 1 (Thbs1), Twist gene homolog 1 (Twist1), Wnt1-inducible signaling pathway protein 1 (Wisp1), T-cell factor (TCF), and lymphoid enhancer factor-1 (Lef-1). These genes were chosen because they are sensitive markers of Wnt activation. Analysis of purified SCs revealed that the levels of mRNA for the 11 tested genes were all increased by ovx compared with sham-operated controls. Moreover, treatment with GYY caused a further increase in the mRNA levels of the 11 measured genes in the ovx group and increased the mRNA expression of 8 genes in the sham-operated group (Fig. 5C), suggesting that GYY stimulates bone formation by activating Wnt signaling in osteoblastic cells.
Wnt ligands are produced by bone and hematopoietic cells. To investigate whether increased Wnt signaling is linked to an increased production of Wnt ligands, we analyzed the expression of Wnt ligand genes in whole BM. By using an approach based on PCR Array technology, we analyzed mRNA expression of a cluster of 17 Wnt ligands: Wnt1, Wnt2, Wnt3, Wnt5a, Wnt7a, Wnt 7b, Wnt8b, Wnt9, Wnt10a, Wnt10b, Wnt11, Wnt16, Wnt2b, Wnt3a, Wnt4, Wnt5b, Wnt6, and Wnt8a. Regulatory effects of ovx and GYY were detected for Wnt16, Wnt2b, Wnt6, and Wnt10b (Fig. 6A–D). In vehicle-treated mice, ovx decreased the mRNA levels of Wnt10b, whereas it had no effect on Wnt16, Wnt2b, and Wnt6. Moreover, we found GYY treatment to increase the BM mRNA levels of Wnt16, Wnt2b, and Wnt10b in both sham-operated and ovx mice. The mRNA level of Wnt6 was increased by GYY in ovx but not sham mice. The largest changes in the expression of Wnt ligands in response to GYY were noted for Wnt16 and Wnt2b. The levels of these two ligands were in fact found to be higher in GYY-treated ovx mice than in vehicle-treated sham-operated mice.

### Treatment with GYY arrest bone loss late after ovx

In mice, ovx induces rapid bone loss for at least 8 weeks. To investigate whether treatment with GYY arrests and/or reverses the bone loss induced by ovx, 10-week-old mice were sham operated or ovx and treated with vehicle or GYY for 4 weeks starting 4 weeks after surgery. In vivo prospective measurements of spinal trabecular BV/TV by μCT revealed that vehicle-treated ovx mice sustained continuous bone loss for the 8 weeks of the experiment (Fig. 7A). In ovx mice, treatment with GYY prevented spinal bone loss during the treatment period but did not reverse the bone loss that occurred before initiation of the GYY treatment. In fact, GYY-treated ovx mice had similar BV/TV values at the beginning (week 4) and at the end (week 8) of the treatment period. Moreover, at week 8, BV/TV was ~43% higher in GYY-treated ovx mice than vehicle-treated ovx mice. GYY treatment was also effective in increasing BV/TV in sham-operated mice and in blocking the changes in indices of trabecular structure (Tb.N, Tb.Sp, and Tb.Th) induced by ovx in the spine (Fig. 7B–D).

Analysis of femoral trabecular bone by in vitro μCT using samples harvested at the end of the treatment period (8 weeks from surgery) confirmed the efficacy of GYY treatment. In fact, BV/TV was ~47% higher in GYY-treated ovx mice than vehicle-treated ovx mice (Fig. 7E), and GYY-treated ovx mice and vehicle-treated sham mice had similar values of BV/TV. Vehicle-treated ovx mice had lower Tb.N and increased Tb.Sp compared with the vehicle-treated sham group (Fig. 7F, H). Treatment of ovx mice with GYY reversed the changes in these indices of trabecular structure. In this experiment, neither ovx nor GYY treatment affected Tb.Th (Fig. 7G). We also investigated the effect of GYY treatment on cortical bone indices. GYY treatment reversed the loss of Ct.V and Ct.Th induced by ovx, leading to values similar to those of sham-operated mice (Fig. 7I, J). Furthermore, GYY treatment induced a significant increase in serum levels of P1NP in both ovx and sham-operated mice, confirming that GYY stimulates bone formation (Fig. 7K). On the contrary, GYY did not affect ovx-induced increase in CTX levels (Fig. 7L). Together the data show that initiation of GYY treatment late after ovx stimulates bone formation, arresting the loss of trabecular and cortical bone in the spine and reverting, at least in part, femoral bone loss induced by ovx.
At death, SCs were isolated and mRNA levels of RUNX2, OSX, OCN, and COL-1 assessed by RT-PCR. Similar to the previous experiment, ovx significantly upregulated the mRNA levels of each of the osteogenic genes analyzed. GYY treatment further increased the expression levels of RUNX2, OSX, OCN, and COL-1 in ovx mice, a finding confirming that GYY increases osteoblast differentiation (Supplemental Fig. S2).

\[ \text{H}_2\text{S} \text{ induces CBS and CSE expression and stimulates osteogenic differentiation of hSC} \]

In an effort to translate findings obtained in mice into human preclinical data, we investigated whether CBS and CSE are expressed in human bone tissue. Immunostaining of human bone biopsies revealed that CSE is predominantly expressed in areas surrounding the BM microvasculature and is only weakly expressed in bone lining cells (Fig. 8A, a, b). On the contrary, CBS is broadly expressed in bone lining cells as well as in cells embedded in mineral matrix (Fig. 8A, d, e). These findings suggest that \( \text{H}_2\text{S} \) is enzymatically generated in bone and BM. To assess if \( \text{H}_2\text{S} \) stimulates osteogenic differentiation of hSC, we treated hSC with a common \( \text{H}_2\text{S} \) donor, NaHS. This agent dose-dependently stimulated osteogenic differentiation of hSC, as shown by the upregulation of BSP expression (Fig. 8B) and significantly induced hSC to produce mineralized nodules (Fig. 8C). Next, we investigated whether endogenous \( \text{H}_2\text{S} \) production regulates hSC differentiation into osteoblastic cells. siRNA silencing of CBS and CSE decreased CBS and CSE expression by \( \sim 75\% \) compared with nontargeting siRNA-transfected (NT) control (Fig. 8D). When subject to osteogenic stimulation, hSC carrying CBS and CSE knock-down showed a dramatic reduction in mineralized nodule formation in vitro (Fig. 8E), suggesting that endogenous \( \text{H}_2\text{S} \) is necessary for osteogenic differentiation and mineralization of hSC.

Furthermore, to investigate whether estrogen directly regulates CBS and CSE in human bone cells, we stimulated hSCs with 17-\( \beta \)-estradiol. After 24-hour stimulation, 17-\( \beta \)-estradiol significantly upregulated CSE and CBS expression (Fig. 8F, G), suggesting that the endogenous pathway leading to \( \text{H}_2\text{S} \) production is, at least in part, directly induced by estrogen.

**Discussion**

We report that ovx in mouse blunts the production of \( \text{H}_2\text{S} \) in the BM SCs and total BM cells by downregulating the key enzymes CBS and CSE. Pharmacological restoration of normal serum levels of \( \text{H}_2\text{S} \) prevents ovx-induced bone loss by enhancing bone formation. We also show that estrogen directly regulates CBS and CSE mRNA levels in human SCs.

\( \text{H}_2\text{S} \) is a ubiquitous molecule implicated in important organ-specific functions such as regulation of vasodilation, lipid metabolism in the liver, insulin production or neuronal excitability. The pathway leading to \( \text{H}_2\text{S} \) generation from cysteine involves the enzymes CBS and CSE. We found ovx to regulate the BM levels of CBS and CSE and to decrease the serum levels of free \( \text{H}_2\text{S} \) and bound sulfur. The difference in serum \( \text{H}_2\text{S} \) levels between sham-operated and ovx mice was similar to the difference found between CSE\(^{-/-}\) mice or CBS\(^{++/-}\) mice and their respective WT controls, a finding that attests to the potency of sex steroids as regulators of \( \text{H}_2\text{S} \) biosynthesis.
SCs produce H$_2$S, which stimulates the differentiation of SCs into osteoblasts.\(^{(19)}\) Accordingly, pharmacological inhibition of H$_2$S production or genetic silencing of CBS causes osteopenia,\(^{(19)}\) kyphosis, and impaired endochondral bone formation.\(^{(52)}\) Moreover, patients affected by homocystinuria, the disorder caused by CBS deficiency, have severe osteoporosis\(^{(35)}\) and increased fracture risk.\(^{(53,54)}\) These studies demonstrate the relevance of H$_2$S for skeletal development and bone homeostasis in unperturbed conditions. Our findings are the first to link sex steroid deficiency and the resulting bone loss to suppression of CBS/CSE expression and H$_2$S production. Specifically, we found that in the ovx mouse, a model of postmenopausal osteoporosis, decreased production of H$_2$S prevents bone formation to increase sufficiently to compensate for increased bone resorption, leading to unbalanced remodeling and net bone loss. Our findings are consistent with earlier reports, which disclosed that loss of estrogens or androgens accelerates the effects of aging on bone by decreasing defense against oxidative stress.\(^{(17,55)}\) H$_2$S levels decrease with aging,\(^{(29)}\) and H$_2$S prevents oxidative stress,\(^{(56)}\) suggesting that decreased production of H$_2$S may mediate or intensify the effects of oxidative stress in bone and account for the effects of both aging and estrogen deficiency in bone.

GYY is a slow-releasing H$_2$S donor that has been widely used to investigate the role of H$_2$S in biological processes.\(^{(57-59)}\) GYY did not cause an increase in uterus weight, indicating that this agent is devoid of estrogen agonist activity. In this study, we used GYY treatment to prevent ovx-induced bone loss by starting the GYY treatment at the time of surgery. In this experiment, GYY prevented femoral trabecular and cortical bone loss by increasing bone formation. Interestingly, GYY-treated ovx mice had similar trabecular and cortical volume than vehicle-treated sham-operated mice. However GYY-treated sham-operated mice had even higher bone volume than GYY-treated ovx mice and the highest levels of free H$_2$S, presumably because of the cumulative effects of estrogen and GYY on H$_2$S synthesis. The existence of a relationship between H$_2$S levels and bone volume suggest that it may be possible to increase bone volume above baseline and achieve a net bone anabolic effect by treating ovx mice with doses of GYY higher than the dose used in the current study.

In vivo prospective μCT measurements of spinal trabecular bone showed that this agent was not capable of reversing bone loss in this compartment when the treatment was started 4 weeks after surgery. In vivo μCT measurements were not feasible in the femur with our μCT scanner. Therefore, we were unable to assess the effect of GYY in the femur in a prospective fashion. Measurements of femoral bone were obtained in samples harvested at death. This cross-sectional analysis revealed that GYY-treated ovx mice had trabecular and cortical bone volume values higher than those of vehicle-treated ovx mice and similar to those of vehicle-treated sham-operated mice. Although these data suggest a reversal effect, we are unable to conclusively ascertain whether GYY reverses femoral bone loss because of the lack of baseline measurements of bone volume.

The loss of trabecular bone induced by sex steroid deficiency is attributable to a stimulation of bone resorption and is mitigated by a concomitant increase in bone formation. We measured histomorphometric indices of bone turnover in femurs and vertebrae harvested at the end of the prevention study. Analysis of femoral samples did not show the expected increase in bone resorption induced by ovx. BFR, BS/MS, and static indices of bone

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formation were also not altered by ovx. The reason why the changes in bone turnover typically induced by ovx were not detected by histomorphometric analysis of the femurs is unknown. We hypothesize that these unexpected results are because of the intrinsic low sensitivity and high variability of bone histomorphometry. By contrast, analysis of vertebral samples revealed that ovx increased bone resorption and that GYY treatment did not mitigate the stimulatory effect of ovx on bone resorption. In accordance with the vertebral histomorphometric data, measurements of serum CTX level, which is an accurate marker of bone resorption, revealed that serum CTX was higher in ovx mice than in sham-operated controls, and that GYY treatment did not lower CTX levels. Together, these findings demonstrate that GYY does not prevent bone loss by modulating bone resorption.

Analysis of vertebral indices of bone formation did not show significant changes in MAR, BFR, and BS/MS in response to ovx. However, static indices of bone formation and serum levels of P1NP, which is a sensitive marker of formation, were higher in ovx mice than in sham-operated controls. Importantly, GYY treatment increased all vertebral histomorphometric indices of bone formation and the serum level of P1NP in ovx mice. Altogether, the data suggest that GYY prevents and arrests bone loss induced by ovx in mice by stimulating bone formation. This interpretation is consistent with the earlier report that H\textsubscript{2}S is a potent stimulant of osteoblastogenesis and bone formation.(19)

In agreement with this hypothesis are also the results of the mechanistic studies conducted in this investigation. It is well established that ovx increases the commitment of SCs to the osteoblastic lineage, extends OB life span, and increases the differentiation of SCs into OBs.(13) We found that GYY treatment further potentiates osteoblastogenesis and OB life span induced by ovx. Activation of Wnt signaling in SCs and OBs induces OB proliferation(63) and differentiation(64,65) and promotes OB survival.(66–68) Accordingly, ovx has been previously shown to activate Wnt signaling in osteoblastic cells.(69) Our data confirm that ovx activates Wnt signaling in SCs and demonstrate that GYY further upregulates Wnt signaling in SCs, leading to increased osteoblastogenesis and increased OB life span. Canonical Wnt signaling is induced by Wnt ligands produced by bone and hematopoietic cells. We analyzed the mRNA levels of Wnt ligands in the BM and found that GYY increases the levels of Wnt16, Wnt6, Wnt2b, and Wnt 10b. Wnt16 was recently shown to prevent cortical bone fragility fractures by inducing canonical and noncanonical Wnt signaling in osteoblast and repressing osteoclastogenesis(70) and is therefore a likely essential mediator of the anabolic activity of GYY in cortical bone. Moreover, Wnt6 regulates SC fate by inducing osteoblastogenesis and inhibiting adipogenesis.(71)

Experiments performed on hSCs extend the significance of in vivo findings in mice and lay the ground for potential therapeutic application in humans. The H\textsubscript{2}S donor NaHS induces SC differentiation and increased mineralization in hSC, coherent with the findings reported by Liu and colleagues.(19) Moreover, knocking down the expression of CBS and CSE in SCs is sufficient to markedly inhibit their ability to produce mineralized matrix, according to the in vitro assay that recapitulates in vivo bone-forming capacity of SCs. These findings further support the hypothesis that the transcriptional regulation of CBS and CSE, and the resulting H\textsubscript{2}S levels in the BM, is one important mechanism by which the osteogenic commitment of
SCs is regulated in mice and humans. Furthermore, 17-β estradiol was found to upregulate both CBS and CSE in hSCs, supporting the hypothesis that estrogen may directly regulate the main enzymes involved in H$_2$S biosynthesis. Finally, immunohistochemistry on human bone samples revealed that CBS and CSE are broadly expressed in the bone tissue but with different patterns. Although CBS is widely expressed in bone lining cells, the region that harbors late osteoprogenitor cells and mature osteoblasts, CSE is predominantly expressed in the perivascular area of BM microvasculature, a region that was previously shown to give rise to the earliest bone stem cells.

In summary, our findings show that H$_2$S and its biosynthetic pathway is implicated in the mechanisms by which estrogen regulates bone formation and that the decline in H$_2$S levels is involved, at least in part, in the bone-wasting effect of ovx in mice. Furthermore, we provide proof of the principle that a “sulfur replacement” therapy is a conceivable novel therapeutic option for preserving bone mass after menopause. Further investigations are needed to determine whether the biosynthetic pathway of H$_2$S production may provide novel tools for the diagnosis or the prevention of bone loss after menopause.

**Supplementary Material**

Refer to Web version on PubMed Central for supplementary material.

**Acknowledgments**

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**References**


Fig. 1.
Effects (mean ± SEM) of ovx on serum levels of H$_2$S and mRNA expression of CBS and CSE in BM SCs and total BM cells. (A) Serum levels of free H$_2$S and (B) bound sulfur measured 4 weeks after surgery. (C, D) mRNA expression of CBS and CSE in total BM cells. (E, F) mRNA expression of CBS and CSE in BM SCs. Data are expressed as mean ± SEM. $n = 10$ mice per group. **$p < 0.01$, ***$p < 0.001$ compared with the respective sham-operated mice.
Fig. 2.
Effects (mean ± SEM) of GYY treatment on the serum levels of H$_2$S and bound sulfur and indices of femoral bone volume and structure as assessed by in vitro μCT scanning. (A, B) Serum levels of free H$_2$S and bound sulfur 4 weeks after surgery. (C) 3D image reconstruction of one representative femur per group. (D) Trabecular bone volume (BV/TV). (E) Cortical bone volume (Ct.V). (F) Cortical thickness (Ct.Th). (G) Trabecular number (Tb.N). (H) Trabecular thickness (Tb.Th). (I) Trabecular space (Tb.Sp). n = 10 mice per group. *p < 0.05, **p < 0.01, ***p < 0.001, ****p < 0.0001 versus the indicated group.
Fig. 3.
Effects (mean ± SEM) of GYY treatment on femoral histomorphometric indices of bone turnover. (A) Number of OCs per millimeter of bone surface (N.Oc/BS). (B) Percentage of bone surface covered by OCs (Oc.S/BS). (C) Mineral apposition rate (MAR). (D) Bone formation rate/bone surface (BFR/BS). (E) Percentage of bone surfaces covered by mineralized surfaces (MS/BS). (F) Number of OBs per bone surface (N.Ob/BS). (G) Percentage of bone surfaces covered by OBs (Ob.S/BS). n = 10 mice per group. *p < 0.05, **p < 0.01, ***p < 0.001, ****p < 0.0001 versus the indicated group.
Fig. 4.
Effects (mean ± SEM) of GYY treatment on spinal histomorphometric and biochemical indices of bone turnover. (A) Number of OCs per millimeter of bone surface (N.Oc/BS). (B) Percentage of bone surface covered by OCs (Oc.S/BS). (C) Mineral apposition rate (MAR) and (D) bone formation rate/bone surface (BFR/BS). (E) Percentage of bone surfaces covered by mineralized surfaces (MS/BS). (F) Number of OBs per bone surface (N.Ob/BS). (G) Percentage of bone surfaces covered by OBs (Ob.S/BS). (H) Serum levels of N-terminal propeptide of type 1 procollagen (P1NP), a marker of bone formation. (I) Serum levels of C-terminal telopeptide of type 1 collagen (CTX), a marker of bone resorption. n = 10 mice per group. * p < 0.05, ** p < 0.01, *** p < 0.001, **** p < 0.0001 versus the indicated group.
Fig. 5.
Effects (mean ± SEM) of GYY treatment on (A) BM CFU-ALP, (B) mRNA expression levels of markers of osteogenic differentiation of SCs, and (C) SC mRNA expression of Wnt-signaling target genes. n = 5 mice per group. *p < 0.05, **p < 0.01, ***p < 0.001, ****p < 0.0001 versus sham-operated control.
Fig. 6.
Effects (mean ± SEM) of GYY treatment on BM mRNA expression of (A) Wnt16, (B) Wnt2b, (C) Wnt6, and (D) Wnt10b. n = 5 mice per group. *p < 0.05, **p < 0.01, ***p < 0.001, ****p < 0.0001 versus sham-operated control.
Fig. 7. Effects (mean ± SEM) of GYY treatment started 4 weeks after ovx or sham operation on spinal bone mass as analyzed by in vivo μCT (A–D) and femur bone mass as analyzed by in vitro μCT (E–J). (A) Spinal bone volume/total volume (BV/TV), (B) trabecular number (Tb.N), (C) trabecular space (Tb.Sp), and (D) trabecular thickness (Tb.Th) as assessed by in vivo μCT scanning. (E) Femur bone volume/total volume (BV/TV), (F) trabecular number (Tb.N), (G) trabecular thickness (Tb.Th), (H) trabecular space (Tb.Sp), (I) cortical bone volume (Ct.V), and (J) cortical thickness (Ct.Th) as assessed by in vitro μCT. (K) Serum levels of N-terminal propeptide of type 1 procollagen (P1NP), a marker of bone formation.
Serum levels of C-terminal telopeptide of type 1 collagen (CTX), a marker of bone resorption. *n* = 10 mice per group. ****$p < 0.0001$, ***$p < 0.001$, **$p < 0.01$, *$p < 0.05$** versus baseline. a = BL versus week 4; b = versus sham vehicle; c = versus ovx vehicle. a: $p < 0.05$; aa: $p < 0.01$; b: $p < 0.05$; bb: $p < 0.01$; bbb: $p < 0.001$; c: $p < 0.05$; cc: $p < 0.01$. 

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Fig. 8.
H$_2$S regulates osteogenic differentiation of human BM SCs. (A) Immunohistochemistry showing representative pictures of CBS and CSE expression in specimens obtained from human bone biopsies; low-magnification (×100) pictures of (a) CSE and (d) CBS; high-magnification (×400) pictures of (b) CSE and (e) CBS. Isotope control stainings are shown for (c) CSE and (f) CBS. (B) Effects of NaHS, an H$_2$S donor, on mRNA expression of BSP, a common marker of osteogenic differentiation of hSC, and (C) the formation of mineralized nodules by hSC under osteogenic stimulation, as evaluated by Alizarin red staining. (D) Effect of CBS and CSE knockdown by siRNA on expression levels of CBS and CSE in hSC,
and (E) the resulting formation of mineralized nodules by hSC cultured under osteogenic stimulation, as evaluated by Alizarin red staining. Effect of 17β-estradiol (24-hour stimulation) on hSCs mRNA expression of (F) CSE and (G) CBS. **<i>p</i> < 0.01, *<i>p</i> < 0.05 versus the respective unstimulated control. ##<i>p</i> < 0.01, ###<i>p</i> < 0.001 versus the respective nontargeting siRNA (NT) control. Data are expressed as mean ± SEM of results obtained from 5 different donors.