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Continuous Rapid Quantification of Stroke Volume using Magnetohydrodynamic Voltages in 3T MRI

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Abstract

Background—To develop a technique to non-invasively estimate Stroke Volume (SV) in real-time during Magnetic Resonance Imaging (MRI) guided procedures, based on induced Magnetohydrodynamic Voltages (VMHD) that occur in Electrocardiogram (ECG) recordings during MRI exams, leaving the MRI scanner free to perform other imaging tasks. Due to the relationship between blood-flow (BF) and VMHD, we hypothesized that a method to obtain SV could be derived from extracted VMHD vectors in the Vectorcardiogram frame-of-reference (VMHDVCG).

Methods and Results—To estimate a subject-specific BF-VMHD model, VMHDVCG was acquired during a 20-second breath-hold and calibrated versus aortic BF measured using Phase Contrast Magnetic Resonance (PCMR) in 10 subjects (n=10) and one subject diagnosed with Premature Ventricular Contractions (PVCs). Beat-to-Beat validation of VMHDVCG derived BF was performed using Real-Time Phase Contrast (RTPC) imaging in 7 healthy subjects (n=7) during a 15 minute cardiac exercise stress tests and 30 minutes after stress relaxation in 3T MRIs. Subject-specific equations were derived to correlate VMHDVCG to BF at rest, and validated using RTPC. An average error of 7.22% and 3.69% in SV estimation, respectively, was found during peak stress, and after complete relaxation. Measured beat-to-beat blood flow time-history derived from RTPC and VMHD were highly correlated using a Spearman Rank Correlation Coefficient during stress tests (0.89) and after stress relaxation (=-0.86).

Conclusions—Accurate beat-to-beat SV and BF were estimated using VMHDVCG extracted from intra-MRI 12-lead ECGs, providing a means to enhance patient monitoring during MR imaging and MR-guided interventions.

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DISCLOSURES
None.
Keywords

electrocardiogram; stroke volume; magnetohydrodynamic; MHD; MRI; ECG; cardiovascular research

Left ventricular stroke volume (SV) is a measure of the amount of blood ejected into the aortic arch during the systolic phase of the cardiac cycle. Real-time or beat-to-beat SV, measured over successive cardiac cycles, is used commonly to evaluate left-ventricular (LV) mechanical function, which can detect the pathological response to stress and arrhythmias. In practice, SV quantification is often performed using invasive Trans-Esophageal Echocardiography (TEE) or Invasive Blood Pressure (IBP) catheters.

Conventional cine Phase-Contrast MRI (PCMR) typically provides only an averaged SV over the course of 10–20 successive cardiac cycles. A method to quantify beat-to-beat SV non-invasively within the MRI scanner, which would not increase the duration of invasive procedures could serve to complement existing physiological monitoring information (SPO2, ECG) during imaging or interventional procedures performed within an MRI scanner. This is particularly relevant for higher-risk patients, such as those patients with a history of myocardial or cerebral ischemia, those who are intubated during imaging, or those undergoing cardiac stress testing within the MRI scanner.

The electrocardiogram (ECG) signal is required for cardiac synchronization during cardiovascular MRI, despite the presence of Magnetohydrodynamic voltages (VMHD) which significantly alter the appearance of the ECG trace inside the bore. VMHD becomes significant during systole when rapidly ejected blood from the left ventricle into the aortic arch interacts with the strong magnetic field (B0) of the MRI. The uniformity of the magnetic field within the Diameter Spherical Volume of the MRI allows for uniform and constant exposure of flow in the aortic arch to B0, minimizing variations in induced VMHD due to off-center positioning and variances in the displacement of the heart from the isocenter of the MRI. Due to this relationship, we hypothesized that blood-flow, as a function of time in the cardiac cycle, and left-ventricular SV could be derived using VMHD extracted from intra-MRI ECG (Fig. 1c). This method would allow for non-invasive beat-to-beat SV estimation that can monitor patient condition during conventional cardiac MRI routines, and potentially replace invasive monitoring during complex interventional procedures.

We hypothesized that development of VMHD-derived SV estimation method could allow for continuous beat-to-beat blood flow determination, requiring only a software plugin in MRI-conditional ECG recording systems for VMHD-SV model calibration. The presented method provides a non-invasive physiological measure of blood flow “for free” in standard cardiac MRI routines, leaving the scanner free to perform other imaging tasks. This study forms an extension of previous work on the correlation between MHD and SV.
METHODS

Study Population

Ten healthy volunteers (n=10) and one patient diagnosed with Premature Ventricular Contractions (PVCs) (n=1) were studied with Institutional Review Board (IRB) approval. A GE digital-IT 12-Lead ECG recording system, modified to be MRI-conditional was installed at Brigham and Women’s Hospital and used to record 12-lead ECG traces using standard 12-lead ECG chest placement in 3 healthy volunteer subjects in a Siemens Skyra 3T scanner. A similar 12-lead ECG recording system was installed at Emory University Hospital, and was used to record 12-lead ECG traces in 7 healthy volunteer subjects in a Siemens Trio 3T scanner. Conventional cine PCMR and real-time PCMR (RTPC) with a repetition time of 44 ms and an acquisition window of 20 sec was used to validate VMHD\textsubscript{VCG}-based metrics for each test subject.

ECG Recording System

The ECG recording system modified to be MRI-conditional has a non-magnetic coaxial ECG cable fitted with 10 carbon lead clips, inline RF filters for RF suppression. An electronic switching circuit synchronized with the MRI gradient cabinet was connected to the ECG front-end amplifier to block out MRI gradient-induced noise to ECG traces during MR imaging. The MRI-conditional ECG recording system only records physiological signals in the absence of gradient activity, removing the potential for variations in induced VMHD due to alterations in the MRI magnetic field.

VMHD-derived metrics were derived and validated in four parts (Fig. 2): (1) Derivation of cine PCMR Equation of Fit; (2) Vectorial MHD processing; (3) Patient-specific model calibration using PCMR; and (4) RTPC model validation under varying HR.

1) Derivation of cine PCMR Equation of Fit

**Relationship of VMHD to Aortic Flow:** We developed a patient-specific multiple-parameter linear regression (MLR) model, able to obtain a subject-specific approximation of volumetric blood-flow (mL/s) using the correlation with extracted VMHD in the Vectorcardiogram (VCG) reference frame (VMHD\textsubscript{VCG}). VMHD\textsubscript{VCG} is be contrasted with the conventional VCG (Fig. 3a), which records the magnitude and direction of the heart’s electrical activity (Fig. 3b), as it illustrates the direction and magnitude of induced VMHD in the same frame of reference (Fig. 3c). The current regression model was improved from previous methodology based on MHD signals extracted from a single ECG lead, whereas the derived blood flow was not in standard unit and was lacking of quantitative validation.

As VCG provides vectorial information, it provides a frame of reference for describing the heart’s electrical activity during the development of this model. The blood-flow “gold-standard”, as a function of time, was obtained using a conventional cine PCMR scan in the aortic arch. VMHD\textsubscript{VCG}-derived volumetric-blood-flow Flow(t) was then time-integrated over the systolic phase to estimate SV (SV\textsubscript{MHD}) (Eqn. 1), which was compared to SV derived from PCMR (SV\textsubscript{PC}).
A solution of the proposed model can be derived by first considering the spatial components of the extracted VMHD at any given time (Eqn. 2) and their relationship to the volume of moving aortic blood in the static magnetic field ($B_0$) over the length of the aortic-arch at this time.

$$SV = \int_{systole} \text{Flow}(t) \, dt \quad (1)$$

$$VMHD(t)_{VCG} = [VMHD(t)_x, VMHD(t)_y, VMHD(t)_z] \quad (2)$$

The flow, as a function of induced MHD voltages, may be represented as a linear summation of experimentally-derived linear regression coefficients (Eqn. 3).

$$BF_{MHD}(t) = A_0 + A_1 \times VMHD(t)_x + A_2 \times VMHD(t)_y + A_3 \times VMHD(t)_z \quad (3)$$

After a patient-specific model calibration was established using conventional cine PCMR (detailed in Methods – Section 3), the success of the MHD-derived SV and blood-flow (BF$_{MHD}$) was thereafter evaluated by comparison with results obtained from cine RTPC during a series of exercise stress testing (detailed in Methods – Section 4). Correlation between VMHD and MRI derived blood-flow was calculated.

2) Vectorial MHD Processing—12-lead ECG traces were recorded using the MRI-conditional 12-lead ECG system, and post-processing was performed using custom Matlab script (MathWorks, Natick, MA). The QRS complex in each ECG trace was tracked using the 3DQRS method$^{16,22}$, and verified by a cardiologist in order to identify each cardiac cycle. Cardiac cycles were scaled to 60 beats per minute (bpm), through data interpolation and decimation, in order to obtain a common reference level for VMHD extraction. VMHD traces at each electrode were low-pass filtered to remove high-frequency noise and extracted by the subtraction of ECGs obtained with the subjects outside (ECG$_{real}$) from inside (ECG$_{real}$ + VMHD) the MRI.$^{22}$ The VMHD traces extracted from the 12-lead ECG traces were converted into the VCG frame of reference (e.g. MHD$_{VCG}$) using an inverse Dower transform (iDT)$^{24}$. iDT utilizes all 8 independent traces (VMHD$_1$, VMHD$_2$, VMHD$_3$, VMHD$_4$, VMHD$_5$, VMHD$_6$) from the 12-lead ECG recordings to produce VMHD$_X$, VMHD$_Y$, VMHD$_Z$ (Eqn. 4).

$$VMHD_{VCG} = iDT \ast VMHD_{ECG} \quad (4)$$

3) Patient-Specific Model Calibration using PCMR—Conventional cine PCMR was obtained to derive the subject-specific equations of fit for each healthy subject (male, ages 20–40) (n=10) and a patient (male, age 25) diagnosed with mild interpolated PVCs (n=1) (Eqn. 3) using a transverse slice, perpendicular to the direction of flow in the ascending aorta, to quantify the blood-flow volume and SV using a Siemens Skyra 3T MRI with the following parameters: VENC: 150 cm/s; TR/TE/flip: 37.00 ms/4.00 ms/15°; Field-of-View:
300 mm by 243 mm; Slick thickness: 3 mm. SV\textsubscript{PC} was calculated from measured blood-flow by time-integration of measured blood flow across the aortic lumen within the region of interest (Eqn. 1). 12-lead ECG recordings were performed during a 20-second breath-hold to reduce artifacts associated with bulk patient motion and alterations in breathing patterns. Normal breathing patterns produced a minimal effect on acquired ECGs, with baseline variations being removed using a two-pole 0.05Hz to 0.67Hz linear digital high-pass filter with phase compensation to induce zero phase distortion as per AHA standards\textsuperscript{25}. 12-lead ECG and conventional cine PCMR baseline recordings were used to train the MLR equation to obtain fit coefficients (A\textsubscript{0}, A\textsubscript{1}, A\textsubscript{2}, and A\textsubscript{3}) at a resting heart rate.

4) RTPC Validation under Varying Heart Rates—Method accuracy was evaluated in 7 subjects during a series of 15 minute exercise stress tests designed to increase patient HR during RTPC cine scans recorded with the following parameters: VENC: 150 cm/s; TR/TE/flip: 44.08 ms/5.76 ms/30°; Field-of-View: 268 mm by 330 mm; Slick thickness: 10 mm. Blood velocity was measured from cine images using Segment v1.9, a medical image analysis package\textsuperscript{26, 27}, and used to calculate the flow rate. The accuracy of SV\textsubscript{MHD} and BF\textsubscript{MHD} were tested during changes in HR in seven subjects during an exercise stress test using a resistance band and an MRI-compatible exercise bike (Fig. 4), at peak stress, after 15 minutes of exercise, and during the HR’s subsequent return-to-baseline (full relaxation 30 minutes after induced stress). The exercise elevates each subject’s heart rate above baseline by approximately 40%. Once the subjects reached peak stress, with a Sp02 sensor measuring the instantaneous HR, RTPC scans were performed for 30 frames, and 12-lead ECG recordings were subsequently recorded during a 20-second breath-hold. Once the subject’s HR returned to rest, ECG baseline data was acquired again.

A Bland-Altman analysis comparing VMHD- and MRI- derived SV (mL) and Peak Flow (mL/s) was performed using the subject dataset (during baseline, elevated, and a return to baseline heart rate) to assess the clinical relevance of results obtained through exercise stress testing and quantify the bias of the measurements.

RESULTS

1) Patient-Specific Model Calibration using PCMR

Subject VMHD-derived blood-flow and SV were compared to PCMR results (Fig. 5a) to evaluate fit (Table 1), with correlation determined through a Spearman Rank Correlation Coefficient, found to be > 0.84. VMHD-based SV was estimated with a < 5% error as compared to PCMR in all subjects. Based on the standard error achieved in SV\textsubscript{MHD} as compared to SV\textsubscript{PC}, a sample size of 10 subjects has been used in this study to achieve a margin of error of 1mL with 95% confidence and a statistical power of 0.95.

Conventional cine PCMR scans were obtained for each subject and used to extract blood-flow as a function of time (Fig. 5a). Using the previously described coefficients (A\textsubscript{0}, A\textsubscript{1}, A\textsubscript{2}, and A\textsubscript{3}) (Eqn. 3), the patient-specific relationship between extracted VMHD\textsubscript{VCG} and BF\textsubscript{MHD} was estimated, and an appropriate fit was computed (Fig. 5b). Using this
methodology, real-time beat-to-beat BF\textsubscript{MHD} and SV\textsubscript{MHD}, as well as the associated HR, were estimated (Fig. 5c), providing continuous flow and SV monitoring.

VMHD-derived arrhythmic beats were detected in the PVC patient (Fig. 6), and an 18.8\% decrease in SV was observed during arrhythmic beats as compared to normal beats (Fig. 6c). Induced VMHD can be seen superimposed upon the PVC beat as compared to the PVC observed outside of the MRI bore (Fig. 6a), increasing the difficulty in recognizing the arrhythmic beat (Fig. 6b). Induced VMHD was suppressed during the PVC due to the decrease in blood flow that occurs from sub-optimal ventricular contraction and filling.

2) RTPC Model Validation under Varying Heart Rate

The robustness of the method to variations in subject anthropometry and electrode placement can be observed by comparing subjects #6 and #7 (Fig. 7). Subjects 6 and 7 were chosen to validate the blood-flow and SV estimation methods as they accurately represent approximately a 50\textsuperscript{th} Percentile Male Weight (Weight: 68kg; Height: 168cm; Chest circumference: 94cm), and approximately a 90\textsuperscript{th} Percentile Male Weight (Weight: 127kg; Height: 185cm; Chest circumference: 135cm) in the population\textsuperscript{28, 29}.

A representative RTPC scan image is shown for each section of the exercise stress test (baseline, elevated, and return to baseline heart rates). Correlation in the VMHD-derived flow waveform was shown to maintain a level of consistency with the RTPC gold standard during exercise stress testing and after the return to baseline (Table 2). The VMHD-derived method was able to estimate peak flow during each cardiac cycle with an average error of <4.59\%. The mean predicted ejection period was shown to differ from the RTPC cine by an average of 31 ms, during peak stress, and 56 ms after the full relaxation, compared to the temporal resolution of the ECG traces (2ms) and the RTPC (44ms). VMHD-derived metrics were shown to accurately predict aortic blood flow and stroke volume, with some inaccuracies that may be attributed to the low RTPC temporal resolution relative to the ECG traces. From the results in a Bland-Altman analysis (Fig. 8), taken from subjects in each stage of exercise stress testing, it can be observed that the variability does not appear in a clear trend, and the error is not necessarily dependent on the average. The mean bias line calculated from SV estimation yields a value of 3.3 mL, with an average error of 6.71\% calculated from the mean difference and the limits of agreement, a comparable error to those observed in conventional methods used in clinical practice\textsuperscript{11, 30}. Repeatability was assessed based on an ANOVA taken from SV difference measurements. A value of 6.95 mL was calculated, suggesting that repeat SV measurements should differ by no more than 6.95 mL, also a comparable error suggesting method repeatability\textsuperscript{31, 32}.

DISCUSSION

Major findings of this study are the development and validation of a method for non-invasive beat-to-beat stroke volume and blood-flow estimation using MHD voltages extracted from 12-lead ECGs. This provides a means for enhanced patient monitoring inside the MRI bore, requiring only a relatively short cine PCMR calibration scan (~20 seconds) in order to provide the required patient-specific parameters prior to continuous monitoring for the entire duration of a subject’s stay in the MRI bore.
An average error of 7.22% and 5.38% in VMHD$_{VCG}$-derived SV estimation, respectively, as compared to the RTPC cine estimate was found during peak stress, and after the full relaxation. In the future, PCMR pre-scans employed to train an active Kalman filter for VMHD$_{VCG}$-derived estimates could potentially result in a further increase in accuracy in BF$_{MHD}$ and SV$_{MHD}$ estimates. Average BF waveform correlation between the PCMR and MHD methods decreased after full relaxation from 0.89 to 0.86. VMHD$_{VCG}$-derived estimates were shown to maintain an average error of <8% in all cases, with a marginal decrease in accuracy after full relaxation.

Beat-to-beat BF$_{MHD}$ has a temporal resolution of 5ms, based on the low-pass frequency used in the ECG monitor (200 Hz) from which MHD signals were extracted, as compared to the 40 ms temporal resolution of the RTPC sequence used for the BF measurements. Furthermore, use of MRI for continuous monitoring of SV is impractical due to the need to employ the scanner to image additional contrasts or other regions of the heart.

VMHD-derived SV was able to detect a change in SV during the arrhythmic beat of a patient diagnosed with PVCs. A decrease in SV of 18.8% was observed in the arrhythmic beat as compared to the healthy beat.

The presented flow and SV estimation methods provide real-time beat-to-beat monitoring, independent from scanner manufacturer of model, and does not require any additional MRI hardware development, providing a rapid method of assessing flow velocity and SV “for free” in a conventional cardiac MRI routine.

Limitations

The method was only validated in a limited number of subjects. A larger patient population will be required to fully validate the method used to transform VMHD$_{VCG}$ into blood-flow, beyond the presented exercise stress study, as well as to further evaluate method reproducibility and repeatability. In addition, the real ECG (ECG$_{real}$) signal was assumed to experience only minimal changes in amplitude and frequency during the training phase of the proposed method, allowing the approximation of ECG$_{real}$ within the MRI bore, based on prior knowledge of ECG$_{real}$ obtained outside the MRI bore. This assumption may not always be valid.

The limited availability of MRI-conditional 12-lead ECG recording systems may affect the prevalence of the presented method outside of a research setting, however the topic of acquiring ECGs during MRI scanning has been well studied in hardware$^{22}$ and software based approaches$^{33–38}$. In cases of low repetition time or where MRI pulse sequence timing/readout may be a limitation, continuous time methods of gradient removal may be employed which rely on a short training phase and knowledge of the gradient waveform and timing employed during the scan sequence$^{37,38}$. Further studies must be performed to investigate the feasibility of using this method in 4-lead ECG recording systems, available in the majority of MRI scanner suites and MRI-conditional ECG monitoring systems.

The presented pilot research shows promising results in the voluntary study of 10 healthy subjects and 1 patient diagnosed with PVCs. Further study with a large population of
patients is required in the future to evaluate the clinical impact of this work as well as to further optimize the current method to be accepted in a routine MRI workflow.

CONCLUSION

VMHD$_{VCG}$-derived SV and blood-flow estimates allow for accurate, non-invasive, real-time cardiovascular monitoring during MRI-guided surgical procedures and interventions, leaving the scanner free to perform other imaging tasks. This method could be integrated into the clinical workflow, and installed into existing ECG recording systems, requiring a simple software upgrade.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

Acknowledgments

SOURCES OF FUNDING

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REFERENCES


Clinical Perspective

Magnetic Resonance Imaging (MRI) is increasingly becoming the preferred diagnostic and interventional imaging modality for a variety of diseases; commonly requested for acute stroke, acute-spine, orthopedic, trauma, and cardiovascular diseases. The number of MRI-guided interventional procedures performed is growing steadily. Despite the increasing clinical merit, practical implementation of these procedures in the clinic is oftentimes limited due to the high risk associated with these patient groups and the subsequent need for advanced real-time physiological monitoring for each high-risk patient to be cleared for imaging and interventional workflows inside the MRI. In the course of MRI-guided interventions, sedated or anesthetized patients lie in the MRI for 2–8 hours. The risk of an acute event is larger than with conventional MR procedures, so high-fidelity physiological monitoring is required as an essential component of life support. Currently real-time high-fidelity hemodynamic monitoring, such as aortic blood flow and left ventricular stroke volume (SV), is rarely available in MRI procedures. As a result, severely ill patients with stroke and ischemic histories and those being intubated are excluded from MRI-guided interventions, including from minor procedures, such as biopsies. The presented method for beat-to-beat SV and continuous aortic flow monitoring within the MRI bore based on Magnetohydrodynamic Voltages (VMHD) induced onto 12-lead Electrocardiograms (ECG), enables MR imaging and MRI-guided interventional procedures to be performed in severely ill patients who require high fidelity real-time hemodynamic monitoring.
Figure 1.
Source of the Magnetohydrodynamic (MHD) physical phenomena, and the correlation between induced MHD voltages in ECG and aortic blood-flow.
Figure 2.
Methodology for establishing a model to transform extracted VMHD into flow (Steps 1) using conventional cine PCMR as a method of calibration (Step 2). RTPC was subsequently used during a series of exercise stress tests as validation (Step 3).
Figure 3.
Relationship of the Human Vectorcardiogram (VCG) to patient anatomy and a comparison of VCGs acquired inside and outside of the MRI bore, illustrating alterations in a Human VCG due to induced VMHD.
Figure 4.
Depiction of a human subject undergoing an exercise stress test using an ergometer on the MRI scanner table. The relationship of the MRI coordinate plane to the position of the subject can be viewed.
Figure 5.
Stroke Volume Estimation using \( \text{VMHD}_{\text{VCG}} \) and PCMR based methodology in human subject#1.
Figure 6.
BF and SV estimation using VMHD$_{VCG}$ versus the PCMR gold standard for patient subject #1, diagnosed with Premature Ventricular Contractions (PVC). PVCs are clearly visible in 12-lead ECGs taken outside and inside the MRI bore. A decrease in SV was observed during cardiac cycles which experience an arrhythmic beat (PVC).
Figure 7.
BF and SV Estimation using VMHD\text{\textsubscript{VCG}} versus the PCMR, and RTPC gold standards for subjects #6 and #7. A) Initial fit of VMHD\text{\textsubscript{VCG}} to BF\text{\textsubscript{MRI}} to generate the BF\text{\textsubscript{MHD}} metric; B) validation of BF\text{\textsubscript{MHD}} using RTPC during exercise stress testing and after the return to baseline heart rate.
Figure 8.
Bland-Altman Analysis for Peak Flow and SV estimation. The vertical axis depicts the differences between VMHD- and MRI- derived measurements, and the horizontal axis depicts the mean value for each subject. The three plotted lines depict upper and lower limits of agreement (red) and the average (blue).
Table 1
Multiple Linear Regression for Blood-flow and Stroke Volume Estimation using VMHD\textsubscript{VCG}

<table>
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<th>Subjects</th>
<th>Correlation</th>
<th>SV\textsubscript{VMHD}</th>
<th>SV\textsubscript{PC}</th>
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<td>84.8 mL</td>
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\textsuperscript{+}Weight measurements and comparison according to the Business and Institutional Furniture Manufacturers Association (BIFMA) guidelines\textsuperscript{28, 29}

\textsuperscript{28, 29}
Table 2
Assessment of VMHD_{VCG}-derived Flow Metrics in Relationship to MRI

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