An exploratory analysis of cigarette price premium, market share and consumer loyalty in relation to continued consumption versus cessation in a national US panel.

Michael Lewis, Emory University
Yanwen Wang, University of Colorado Boulder,
Zachary Cahn, Emory University
Carla Berg, Emory University

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ABSTRACT

Introduction: Brand equity and consumer loyalty play a role in continued purchasing behaviour; however, this research has largely focused on non-addictive products without counter-marketing tactics. We examined the impact of brand equity (price premium, market share) and consumer loyalty (switching rates) on smoking cessation (discontinued cigarette purchases for 1 year) among smokers in a consumer panel.

Methods: In Spring 2015, we analysed 1077 cigarette-purchasing households in the Nielsen Homescan Panel. We analysed cessation in relation to brand equity, consumer loyalty, other purchasing behaviours (nicotine intake, frequency), sociodemographics and tobacco control activities (per state-specific data) over a 6-year period (2004–2009) using Cox proportional hazard modelling.

Results: The sample was 13.28% African-American; the average income was $52 334 (SD=31 445). The average price premium and market share of smokers’ dominant brands were $1.31 (SD=0.49) and 15.41% (SD=19.15), respectively. The mean brand loyalty level was 0.90 (SD=0.17), indicating high loyalty. In our final model, a higher price premium and market share were associated with lower quit rates (p=0.039); however, an interaction effect suggested that greater market share was not associated with lower cessation rates for African-American smokers (p=0.006). Consumer loyalty was not associated with cessation. Other predictors of lower quit rates included a higher nicotine intake (p=0.006) and baseline purchase frequency (p<0.001). Tobacco control factors were not significantly associated.

Conclusions: Smokers of high-equity cigarette brands are less likely to quit, perhaps due to strong brand–consumer relationships. Thus, continued efforts should aim to regulate tobacco marketing efforts in order to disrupt these relationships to promote cessation.

INTRODUCTION

There are direct links between exposure to tobacco marketing and tobacco use. Marketing promotions attract new users, promote continued use, create brand loyalty and expand tobacco markets. In particular, marketers strive to create brands that differentiate products in the same product category. In 2011, tobacco companies spent $8.8 billion marketing tobacco. As a result, tobacco companies and their products have higher brand equity (the economic value of a brand). Over the past 5 years, Marlboro has been ranked among the 20 highest equity brands by Interbrand, Millward Brown and Forbes. Since brand equity is an intangible asset, it is frequently measured through market outcomes such as the ‘revenue premiums’ achieved by the brand (representing the incremental revenue produced by a brand compared to an unbranded alternative of equal quality). Revenue premium is an attractive measure as it captures both price premiums and market share advantages of a brand.

Creating brand equity and strong brand–consumer relationships are of great importance to marketers, as high-equity brands yield increased loyalty and reduced price...
sensitivity. This is particularly true among cigarette consumers. While the marketing literature has focused on how brands influence choice and loyalty within a category, the question of how brand equity may impact continued usage of a product with addictive characteristics in the face of counter-marketing activity, such as tobacco control activity, has not been addressed. This is a critical issue for tobacco control because cessation rates may be influenced by the existence of brand-consumer relationships in addition to addiction to the physical product. Given that high-equity brands have stronger relationships with consumers, counter-marketing activities may decrease overall demand but result in higher market shares for higher equity brands. Survey data indicate that the percentage of adults who smoke has dropped from about 40% in the 1970s to 24% during the decade from 2000 to 2010. In parallel with this drop, Marlboro’s market share has grown from about 10% in the early 1970s to over 40% in 2010.

Policymakers and advocacy groups have adopted a set of strategies intended to counter the marketing tactics used by tobacco companies. For example, tobacco taxes increase the economic sacrifice required of consumers and can be viewed as a counterweight to tobacco companies’ promotional pricing strategies. Antismoking advertising may reduce the appeal of the overall category by highlighting the health consequences of tobacco. Smoke-free air policies may make smoking less convenient and may also reduce the value of cigarette branding efforts by limiting opportunities for public consumption. These counter-marketing tactics target the product category rather than the specific brands. As such, they are focused on reducing the appeal of cigarettes in general, but are not typically designed to disrupt the ‘relationships’ between specific brands and consumers.

We approached the analysis of individual customer behaviour via a perspective that integrates academic work in marketing (brand equity, consumer loyalty) and public health (the sociological model). Specifically, we focused on the interplay between measures of cigarette brand equity, customer loyalty and the tobacco control environment in relation to cessation rates. We used consumer panel data augmented with state-specific measures of tobacco control activities to examine the main effects of consumer sociodemographics, consumer purchasing behaviours and tobacco control environment on smoking cessation, as indicated by discontinued cigarette purchasing for at least 1 year. We also examined interaction effects between consumer sociodemographics and consumer purchasing behaviour in relation to this outcome.

**METHODS**

**Participants and procedures**

The Emory University Institutional Review Board approved this study. The consumer purchasing data for our study are derived from the Nielsen Homescan Panel, which provides a de-identified data set including records of consumer packaged goods purchased for a nationally representative panel of US households. The Nielsen Company uses a stratified, proportionate sample for the Homescan Consumer Panel. The design calls for the recruitment of a sample of households that match a selected group of demographic characteristics at the total US major market and 61 geographic areas. The panel is a joint venture between Information Resources, Inc. and Nielsen (http://www.ncppanel.com/content/ncp/ncphome.html), and access can be purchased. Each household in the panel is provided an optical scanner to scan barcodes of all consumer packaged goods that they purchase, regardless of the outlet ( eg, supermarkets, convenience stores, gas stations). This broad coverage is important because smaller retail outlets account for a significant proportion of cigarette sales.

Data were analysed in Spring 2015. To construct our sample, we began with data among 18 103 panellists observed continuously from January 2004 to December 2009, which included 5575 cigarette purchasers (30.8%). We further restricted our sample to those who: (1) made a cigarette purchase in 2004; (2) made ≥1 cigarette purchase in 2005 or later; (3) purchased ≥12 cigarette packs between 2004 and 2009 and (4) resided in 1 of the top 75 Designated Market Areas (DMAs) in order to track antismoking advertising. These criteria have been used in prior research. Our final sample included 1077 panellists.

**Measures**

Variables included in this analysis included indicators of cessation, brand equity measures, consumer loyalty and important covariates (other purchasing characteristics, sociodemographics, tobacco control metrics).

**Cessation**

Our primary outcome was smoking cessation, defined as a smoker not purchasing a pack of cigarettes for at least 1 year. In practice, we define a smoker as a quitter if they discontinued the purchase of cigarettes entirely before the last 12 months of the observation window and did not purchase cigarettes for the remainder of the 6-year period. A recent meta-analyses indicated that only 10% of smokers relapse after 1 year of abstinence.

In preliminary analyses, we also tested alternative definitions of quitting such as no purchases over a 6 month period. The findings were not significantly altered.

**Brand equity**

Since the large number of brands precludes the use of brand-specific indicators, we developed brand equity measures. Our measures of price premiums and market share premiums are well established in the marketing literature. For each measure, we used brand level results from 2004 (see online supplementary table A). We calculated brand level price premiums by comparing the average selling price of each brand with
the selling price of the lowest price brand in 2004. The market share metric was each brand’s unit market share. There is significant variation in the brand equity measures. Brands such as Tareyton and Newport can achieve price premiums exceeding $1.50 per package (relative to Seneca). Marlboro was the dominant brand with market and revenue shares exceeding 44%. A notable feature of the category is that market shares and price premiums do not exhibit a strong correlation. Tareyton had the largest price premium but a market share of <1%. This suggests that the factors that enable a brand to charge a price premium may be different from those that drive market share. To determine individual customer preferences for various brands, cigarette purchases in 2004 were used to identify each smoker’s most commonly selected brand. The brand equity measures (price premium and market share) of this preferred brand were then used in the analysis of individual-level quit behaviour.

Customer loyalty

Brand equity metrics cannot capture each individual customer’s level of brand loyalty or tendency to switch between brands. The degree to which consumers switch between brands is a common segmentation variable in models of consumer choice. We first calculated the household brand share for each household in the data (the percentage of total cigarettes purchased devoted to each brand). We then calculated household concentration by summing the square of these shares. For example, if household 1 only purchased brand A in 2004, then household 1’s brand concentration would be 1. In contrast, if household 2 split purchases (in units) evenly between brands A and B, then household 2’s brand concentration would be 0.5 (0.5^2+0.5^2=0.5). This measure of brand concentration is similar to the Herfindahl index used to measure industry concentration.

Purchasing characteristics

This analysis included two variables to account for nicotine dependence. We included the consumer’s previous level of nicotine intake as measured by the machine-tested nicotine levels of the cigarettes purchased in the previous month multiplied by cigarette consumption. We also included frequency, operationalised as the number of packs purchased over the past 6 months. Frequency has been found to be highly predictive of future customer purchasing in a wide range of marketing contexts.

Sociodemographic characteristics

We included a limited number of demographics available from the Nielsen data. Note that a limiting issue is that the panel operates at the level of the household, making the operationalisation of some sociodemographic factors challenging. We included age as the average age of adult household members. We also included household income and per capita income. In our multivariate models, we chose to include per capita income, as it reflects income to support the number of people in the household. Race was also included. Exploratory analyses indicated that African-American quit rates were significantly different from other races/ethnicities; thus, we chose to categorise race/ethnicity as African-American versus other. Given that the unit of analysis was the household rather than individuals, we conducted preliminary bivariate analyses to determine how the single member households behaved distinctly.

<table>
<thead>
<tr>
<th>Variables</th>
<th>All HHs (N=1077) 1-Year cessation</th>
<th>Single HHs (N=241) 1-Year cessation</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Mean</td>
<td>No (76.42%)</td>
</tr>
<tr>
<td><strong>Sociodemographics</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Age</td>
<td>57.78</td>
<td>57.54</td>
</tr>
<tr>
<td>HH income</td>
<td>52 334</td>
<td>50 998</td>
</tr>
<tr>
<td>HH capita income</td>
<td>24 767</td>
<td>24 687</td>
</tr>
<tr>
<td>African-American</td>
<td>13.28</td>
<td>15.46</td>
</tr>
<tr>
<td>HH with females</td>
<td>89.04</td>
<td>88.51</td>
</tr>
<tr>
<td><strong>Smoking-related factors</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Price premium</td>
<td>1.31</td>
<td>1.31</td>
</tr>
<tr>
<td>Market share</td>
<td>0.15</td>
<td>0.15</td>
</tr>
<tr>
<td>Loyalty</td>
<td>0.90</td>
<td>0.90</td>
</tr>
<tr>
<td>Nicotine intake</td>
<td>344.67</td>
<td>344.84</td>
</tr>
<tr>
<td>Frequency</td>
<td>25.10</td>
<td>25.10</td>
</tr>
<tr>
<td><strong>Tobacco control factors</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Price+tax</td>
<td>3.53</td>
<td>3.53</td>
</tr>
<tr>
<td>Anti-ad GRPs</td>
<td>236.39</td>
<td>236.30</td>
</tr>
<tr>
<td>Smoke-free policies</td>
<td>0.65</td>
<td>0.65</td>
</tr>
</tbody>
</table>

GRP, gross rating point; HH, household.


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from multiple adult households. On the basis of these results (table 1), household composition was not included in the final model. Note that the number of declared singles in the sample is relatively small.

Tobacco control environments
We supplemented the individual consumer information with data on cigarette excise taxes, antismoking advertising rating points and smoke-free restrictions matched to the zip codes of each panelist. Cigarette excise taxes were obtained from the Tax Burden on Tobacco Report,15 which provides detailed information on federal, state and local tax rates and effective dates. For simplicity, we assumed that a smoker purchased only from stores located in the same state that he or she lived in and matched the federal, state and local cigarette excise taxes, respectively.

For antismoking advertising, we matched each smoker to a specific DMA based on his or her zip code. We obtained data on adult-targeted antismoking advertising gross rating points from AC Nielsen for all cable and network television in each DMA. Rather than directly including antismoking advertising, we created a variable that defines the stock of health advertising.36 Each month, the current stock of antismoking advertising was calculated as the sum of the current gross rating points and the previous stock multiplied by a decay factor of 0.95.37 38 (Robustness checks using decay factors with 0.85–0.95 resulted in similar findings.) Note that, because DMAs might include multiple states, to calculate the average advertising level for a state, we took the average of the advertising exposure across all the counties in the focal state. The advertising stock variables were initialised using DMA level gross rating points for the period from 2000 to 2004.

To assess smoke-free restrictions, each smoker was matched to their respective state’s level of smoke-free policies in four common venues—restaurants, bars, private workplaces and government workplaces—from the CDC’s STATE tracking studies. In each venue, smoke-free restrictions were assigned one of three values: 0 for no restriction, 0.5 for partial restriction and 1 for a complete restriction. We took the average of the smoke-free restrictions in the four venues to describe a state’s smoke-free policy level.

Data analysis
We conducted descriptive analyses and estimated survival models focused on cessation outcomes.39 In our analyses, duration was the time until quitting; censoring occurred if an individual had not quit prior to the end of the observation period. We examined the main effects of the brand equity metrics and customer loyalty measures; other purchasing characteristics; sociodemographics and tobacco control environment factors on cessation. Interaction effects among sociodemographic characteristics and consumer purchasing behaviour variables were also examined in relation to cessation. Analyses were conducted using STATA V.12.

RESULTS

Participant and purchasing characteristics
Table 1 shows the sociodemographic and purchasing characteristics of the sample of smokers along with the 1-year quit rates. The sample of smokers was 13.28% African-American, and the average income was $52 334 (SD=31 445; range 5750–170 833).

In terms of the ‘brand equity’ measures, the average price premium and market share of smokers’ dominant brands were $1.31 (SD=0.49; range 0–3.58) and 15.43% (SD=19.31; range <0.01–44.41), respectively. This means that the average smoker’s preferred brand was priced at about $1.30 more than the lowest priced cigarettes on the market and had approximately a 15% market share. The mean brand loyalty level was 0.90 (SD=0.17; range 0.23–1.00), indicating that the average panellist was extremely loyal to a single brand.

Bivariate analyses indicated that, among all households, those with a 1-year cessation were less likely to be African-American (p=0.014), had a higher price+tax (p=0.044) and were in environments with greater smoke-free policies (p<0.001). No significant differences were found in relation to cessation among single adult households.

Brand equity and brand loyalty
Table 2 provides estimation results from two Cox proportional hazard models for 1 year cessation. The first model is a baseline formulation that includes the sociodemographic variables, measures of brand equity and consumer loyalty, and tobacco control environment variables described above. We then conducted preliminary analysis examining potential interactions between multiple versus single member households, age and race by brand equity and consumer loyalty measures on the outcome of cessation. While age and household composition did not yield significant findings, interactions with race did. The second model includes separate interactions between the brand equity and customer loyalty variables and the African-American household indicator.

In the baseline specification of model 1, the estimation results suggest that measures of brand equity were associated with lower quit rates. The price premium HR was 0.684 (p=0.024), and the market share HR was marginally significant at 0.99 (p=0.091). The price premium HR implies that a smoker who chose a brand priced at $1 higher than the lowest priced cigarette had a quit rate that was 31.6% lower than that of a smoker of average priced cigarettes. The market share effect implies that, as the market share increased by 1%, the quit rate was 0.6% lower. Notably, including both the price premium and market share premium measures resulted in an improved fit relative to including only the price premium variable
according to the Akaike Information Criterion suggesting that the two measures of brand equity operate differently.

In figure 1A, the quit rate among the top 10 price premium brands was compared to the rest. Smokers who commonly purchased the lower priced brands had a quit rate of 26.52% by the end of our observation window compared with 24.49% for smokers who typically selected one of the top 10 priced brands. Figure 1B shows the quit rate for smokers of the top 10 market share brands versus relatively low unit share brands. The quit rate for strong brand smokers was 26.72% versus 23.27% for relatively weak brands.

Figure 2 shows the survival plots for smokers who chose cigarette brands with different price premium and unit share levels. The survival rates were derived from the hazard model in table 2 by setting all the other variables to their means. Also, we split the price premium and the unit shares at the median. In this context, ‘survival’ corresponds to a smoker continuing to smoke, and the quit rate was one minus the survival rate. The figure shows that those who smoked high price premium and high unit share brands were the least likely to quit smoking (20.63% quit rate at the end of 2009). Those who smoked either high price premium or high unit share brands were less likely to quit (24.71% and 23.59% quit rates, respectively, at the end of 2009).

Other consumer characteristics
Other important predictors of cessation included baseline purchasing behaviour. Specifically, both higher frequency of purchase over the past 6 months (p<0.001) and higher lagged nicotine consumption (p=0.006) were associated with lower quit rates in the multivariate models (table 2).

Tobacco control environment
Bivariate analyses indicated that higher price+tax (p=0.044) and higher smoke-free policies (p<0.001) predicted cessation (table 1). However, no tobacco control metric was significantly associated with cessation in the multivariate models (table 2).

### Table 2: Estimation results from Cox proportional hazard models predicting 1 year quit rates

<table>
<thead>
<tr>
<th>Variables</th>
<th>All HHs—model 1</th>
<th>All HHs—model 2</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>HR</td>
<td>95% CI</td>
</tr>
<tr>
<td><strong>Sociodemographics</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>HH capita income</td>
<td>1.00</td>
<td>1.00 to 1.00</td>
</tr>
<tr>
<td>African-American</td>
<td>0.53</td>
<td>0.33 to 0.85</td>
</tr>
<tr>
<td><strong>Smoking-related factors</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Price premium</td>
<td>0.68</td>
<td>0.49 to 0.95</td>
</tr>
<tr>
<td>Market share</td>
<td>0.99</td>
<td>0.99 to 1.00</td>
</tr>
<tr>
<td>Loyalty</td>
<td>1.81</td>
<td>0.82 to 4.02</td>
</tr>
<tr>
<td>Nicotine intake</td>
<td>1.00</td>
<td>0.99 to 0.99</td>
</tr>
<tr>
<td>Frequency</td>
<td>0.98</td>
<td>0.96 to 0.99</td>
</tr>
<tr>
<td>Price premiumxAfrican-American</td>
<td>–</td>
<td>–</td>
</tr>
<tr>
<td>Market sharexAfrican-American</td>
<td>–</td>
<td>–</td>
</tr>
<tr>
<td>LoyaltyxAfrican-American</td>
<td>–</td>
<td>–</td>
</tr>
<tr>
<td><strong>Tobacco control factors</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Price+tax</td>
<td>1.15</td>
<td>0.99 to 1.33</td>
</tr>
<tr>
<td>Monthly anti-ad GRPs*</td>
<td>1.09</td>
<td>0.98 to 1.21</td>
</tr>
<tr>
<td>Smoke-free policies</td>
<td>0.94</td>
<td>0.85 to 1.05</td>
</tr>
</tbody>
</table>

Cessation rates over 5 years: 23.58% (n=346/1077); observations: 57 757; log pseudo-likelihood: –1694.35 for all HHs; –1689.22 for single only HHs.

The analysis has controlled for the panel structure. *Log used in model.

GRP, gross rating point; HH, household.

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Bivariate analyses indicated that higher price+tax (p=0.044) and higher smoke-free policies (p<0.001) predicted cessation (table 1). However, no tobacco control metric was significantly associated with cessation in the multivariate models (table 2).
DISCUSSION

This study documented that smokers who prefer higher brand equity products, particularly price premium brands, are less likely to quit smoking. Moreover, while cigarette consumers are highly loyal to their brand (consistent with prior research), brand loyalty itself was not a significant predictor of cessation rates. Our speculation is that the high brand equity products decrease cessation because antismoking efforts need to both reduce the preference for the category while simultaneously disrupting the relationship between the brand and the consumer. The lack of a negative effect for the loyalty measure might suggest that the strength of the brand–consumer relationship is more indicated by the ‘brand type’ than by behavioural loyalty measures. In other words, even if a customer repeatedly buys a low-equity brand, there is unlikely to be a strong psychological bond between the brand and consumer—or at least not a brand–consumer relationship that makes the smoker less likely to quit.

Figure 1  One-year quit rate comparison in (A) the top 10 price premium brands versus other brands and (B) the top 10 unit share brands versus other brands.
Our results may be reflective of a denormalisation of smoking and an undermining of the legitimacy of the tobacco industry. In the context of a social environment where tobacco companies have become viewed as a non-legitimate business, perceptions of a specific brand may play a crucial role in continued purchasing. As such, our findings may indicate that strong brand-consumer relationships may reduce the impact of social stigma and smoking denormalisation on cessation.

Moreover, in response to tobacco regulatory efforts restricting the ways in which the tobacco industry advertises its products, tobacco manufacturers have focused on the remaining avenues for cigarette branding, such as packaging. Research has revealed the importance of branding, as plain packaging has been shown to impact brand perceptions among current smokers and adolescents. Tobacco company documents are also revealing. Recently, Philip Morris Asia expressed the fear that, with plain packaging, “Philip Morris’ products will not be readily distinguishable to the consumer… [and] will be reduced to the manufacturer of an effectively undifferentiated commodity.”

Another important finding was that African-Americans were less likely to quit, consistent with prior research. Interestingly, cessation among African-American smokers was only significantly correlated with the price premium metric, while cessation in households identifying as other races was correlated with both price premium and market share brand equity. This may be due to the high market share of Marlboro cigarettes versus all other brands and the less frequent smoking of Marlboro cigarettes among African-Americans. This finding merits additional research.

In terms of other predictors, both higher frequency of purchase over the past 6 months and higher lagged nicotine consumption were associated with lower quit rates, also similar to prior research. Tobacco control activities were not strongly associated with cessation, further building our argument that restricting tobacco marketing is critical.

These findings have implications for research and practice. Researchers should continue to examine branding elements associated with higher brand equity and how this impacts consumer behaviour, particularly as the diversity of tobacco products and marketing strategies continue to increase. In terms of policy, strides towards plain packaging, restrictions at point-of-sale and other efforts to reduce brand equity should be implemented and evaluated.

Limitations
Research involving this consumer panel has its limitations. First, while the Nielsen panel is intended to provide a representative sample of US consumers, Nielsen notes that, like any consumer panel, young, mobile singles, and very old or wealthy households are difficult to recruit and retain. The unit of analysis being the household is also a limitation; some multiple person households may have multiple smokers. Additionally, the research is limited by the assumptions that purchasing is equivalent to consumption and that all purchases are scanned. The reporting of all purchases may be an especially stringent assumption in the cigarette category, as packages of cigarettes may be purchased at locations such as bars and consumed before the panellist returns home. Finally, individual-level quitting decisions cannot be intuited from household data such as this, further limiting the conclusions that can be drawn on the basis of these data.

Outside of limitations involved with the panel, this research has limitations involving definitions and measures. Our definitions of smoker and cessation are...
somewhat arbitrary. We estimated models using other criteria for these definitions and found our results to be robust. The brand equity metrics also include implicit assumptions. For example, the price premium metric assumes that there is little difference in cost and quality across brands; thus, the cost difference must be reflective of something greater than the inputs needed to make a cigarette. This is, however, a necessary assumption given the lack of objective metrics related to cigarettes. A final limitation is that we did not include all tobacco control policies in our models, as there was little variability compared to the policies included in the current study. Moreover, we did not include smoke-free policies at more local jurisdictions, as state-level norms are highly reflective of more local policy, and people may spend time in municipalities with varying levels of policies at a more local level.

CONCLUSIONS

These findings add to the accumulating literature suggesting the importance of brand equity in continued product use, specifically in regard to cigarettes which represent a nuanced product category, given their addictive nature and the number of tobacco control activities directed at the entire product category. The novel approach and multilevel data included here provide additional perspective regarding consumer behaviour and the importance of intervening on tobacco marketing.

Author affiliations
1Department of Marketing, Emory University Goizueta Business School, Atlanta, Georgia, USA
2Marketing Division, University of Colorado Boulder, Leeds school of Business, Boulder, Georgia, USA
3Department of Health Policy and Management, Emory University Rollins School of Public Health, Atlanta, Georgia, USA
4Department of Behavioral Sciences and Health Education, Emory University Rollins School of Public Health, Atlanta, Georgia, USA

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Contributors

All authors contributed to the conceptualisation of the research aims and analytic plan as well as the interpretation of the results. ML and YW conducted the data analysis and contributed to the writing of the manuscript. ZC contributed to the writing. CJB led the writing of the manuscript and is responsible for the overall reporting of this content.

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Competing interests

None declared.

Ethics approval

The Emory University Institutional Review Board approved this study.

Provenance and peer review

Not commissioned; externally peer reviewed.

Data sharing statement

A this is a secondary data analysis, we cite our data source. The data is proprietary and requires either individuals or institutions to purchase access.

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