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Copper(II)-Bis(Thiosemicarbazonato) Complexes as Antibacterial Agents: Insights into Their Mode of Action and Potential as Therapeutics

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There is increasing interest in the use of lipophilic copper (Cu)-containing complexes to combat bacterial infections. In this work, we showed that Cu complexes with bis(thiosemicarbazone) ligands [Cu(btsc)] exert antibacterial activity against a range of medically significant pathogens. Previous work using Neisseria gonorrhoeae showed that Cu(btsc) complexes may act as inhibitors of respiratory dehydrogenases in the electron transport chain. We now show that these complexes are also toxic against pathogens that lack a respiratory chain. Respiration in Escherichia coli was slightly affected by Cu(btsc) complexes, but our results indicate that, in this model bacterium, the complexes act primarily as agents that deliver toxic Cu ions efficiently into the cytoplasm. Although the chemistry of Cu(btsc) complexes may dictate their mechanism of action, their efficacy depends heavily on bacterial physiology. This is linked to the ability of the target bacterium to tolerate Cu and, additionally, the susceptibility of the respiratory chain to direct inhibition by Cu(btsc) complexes. The physiology of N. gonorrhoeae, including multidrug-resistant strains, makes it highly susceptible to damage by Cu ions and Cu(btsc) complexes, highlighting the potential of Cu(btsc) complexes (and Cu-based therapeutics) as a promising treatment against this important bacterial pathogen.

Copper (Cu) is an essential trace micronutrient in bacteria but is bacteriotoxic in excess. Nutrient Cu inserts into specific high-affinity sites in proteins or forms complexes with low-molecular-weight thiols, such as glutathione. As a consequence, the concentration of “free” Cu ions in cells has been estimated to be vanishingly low (subfemtomolar) (1). Any excess Cu beyond this normal binding capacity may be mislocated to nonspecific and low-affinity metal ion binding sites, thereby inactivating crucial enzymes and interfering with normal metabolism (2). As the midpotential of the Cu(II)/Cu(I) redox couple is biologically accessible, these weakly bound Cu ions can also cause further toxicity by catalyzing gratuitous electron transfer and promoting redox stress (3). The widespread damage caused by excess Cu ions is termed Cu poisoning. Almost all bacterial species, including those that have no apparent use for Cu, possess homeostatic systems that protect them against an excess of this ion (4). These systems consist typically of a Cu ion efflux pump that operates under the control of a Cu-specific transcriptional regulator.

As a result of its chemistry, Cu is considered a promiscuous or broad-spectrum antimicrobial, but there is concern regarding its universal toxicity. In the preantibiotic era, simple ionic Cu salts were used to treat a variety of infections (5), but these salts are now associated with significant toxicity (6). The difficulty in delivering bactericidal Cu at doses that are nontoxic to human tissues may explain the failure to translate Cu-based therapeutics into the modern medical setting. The emergence of bacteria with resistance to classical antibiotics, combined with the paucity of new compounds in the pipeline, has renewed interest in the development of Cu as an antimicrobial (7–9). This research is motivated further by recent findings that physiological Cu may be harnessed as a direct antimicrobial in innate immune cells (10, 11).

Ionic Cu salts have a limited ability to cross membranes, as their translocation relies on specific transport proteins, and so they have little potential to be developed as anti-infective drugs. Cu ions generally show restricted penetration into target tissues and bacteria, and thus exceptionally high concentrations are needed to achieve a bactericidal effect in vitro and in vivo. To assist in the delivery of Cu ions across lipid membranes, several lipophilic ligands or proligands have been developed (9, 12). These molecules are termed Cu ionophores for their ability to act as carriers of Cu ions.

Of interest in this work are bis(thiosemicarbazone) ligands that bind Cu(II) as small, uncharged, lipophilic, and stable complexes [Cu(btsc)] (Fig. 1). We and others have shown that Cu(btsc) complexes exert antimicrobial activity against several human pathogens, including Gram-negative bacteria such as Neisseria gonorrhoeae (13) and Mycobacterium tuberculosis (14), as well as the Gram-positive bacterium Staphylococcus aureus (15). However, the mechanism of antibacterial action of Cu(btsc) com-
plexes has not been examined fully. Although it is assumed that they operate as Cu ionophores (14, 15), we have shown that Cu(btsc) complexes can also act as direct respiratory inhibitors in *N. gonorrhoeae* (13). Here, we describe experiments using *Escherichia coli* that were aimed at determining whether Cu(btsc) complexes act primarily by inhibition of the respiratory chain or by delivery of bioavailable Cu ions. We also assessed the susceptibility of a range of bacterial pathogens to these complexes, including multidrug-resistant strains of *N. gonorrhoeae*.

**MATERIALS AND METHODS**

**Cu stocks.** Stocks of aqueous Cu salts, supplied as CuCl₂ or Cu(NO₃)₂, were prepared in deionized water, and their concentrations were standardized using bathocuproine disulfonate as described elsewhere (16). The two salts were used interchangeably in experiments. Stocks of Cu-pyritinol, Cu-neocuproine, and Cu-disulfiram complexes were prepared in dimethyl sulfoxide (DMSO) by mixing standardized CuCl₂ with pyrithione, Cu-neocuproine, and Cu-disulfiram complexes were pre-

**Determination of MICs.** MICs were determined by agar dilution method. Briefly, bacterial lawns from an overnight agar culture were re-

**Measurement of intracellular Cu levels in E. coli.** E. coli was resus-

**Assays of β-galactosidase activity in E. coli.** The promoter region of copA from *E. coli* MG1655 (150 bp upstream from the translation start codon ATG) was amplified using the primer pair PropA-F (5’-CATCAG GGATTCAGATAATGTCCTACCCG-3’) and PropR-R (5’-CTGAT GAAGCTTTAAACACTCGCCAAG-3’). The PCR product was cloned between the BamHI and HindIII sites of the low-copy-number vector pQE50 containing a promoterless lacZ gene (17). The resulting pQE50::PropA plasmid was transformed into *E. coli* DH5α. Colonies that were blue on agar plates containing ampicillin (100 μg/ml), X-Gal (5-

**Strains and growth conditions.** *N. gonorrhoeae* strains (see Table 3) were grown on GC agar (Oxoid) supplemented with 1% (vol/vol) IsoVitaleX (Becton Dickinson). Liquid cultures were prepared in GC broth supplemented with IsoVitaleX and 0.042% (wt/vol) sodium bicar-

**Antimicrobial Agents and Chemotherapy**

Potential of Copper Complexes as Antibacterial Agents

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**FIG 1 Structure of Cu(btsc) complexes. Midpoint reduction potentials are versus Ag/AgCl (21).**
using trypanin-EDTA. Trypan blue was added, and cells were enumerated in a hemocytometer.

**RESULTS**

**Antibacterial activity of Cu(btsc) complexes for selected bacterial pathogens.** Two prototypes of the Cu(btsc) family, Cu(gtsm) and Cu(atsm) (Fig. 1), exerted dose-dependent antibacterial activity against *N. gonorrhoeae* strain 1291 (13). Both complexes were effective at concentrations where the unmetallated H2btsc ligands and the uncomplexed, or “free,” aqueous Cu2+ ions were ineffective (Table 1) (13). The MICs were 0.1 µM (0.03 µg/ml) for Cu(gtsm) and 0.8 µM (0.3 µg/ml) for Cu(atsm) (Table 1). We also evaluated the antigenonococal activities of additional Cu ionophores, including Cu-disulfiram, Cu-neocuproine, and Cu-pyrithi. The MIC of Cu-pyrithione (0.13 µM, ca. 0.04 µg/ml) was comparable to that of Cu(gtsm) (Table 1). For this study, we examined Cu(gtsm) in greater depth, as the availability of the structur analogue Cu(atsm) with a lower efficacy allowed us to probe the mode of action in more detail.

The mode of action of Cu(gtsm) and Cu(atsm) against *N. gonorrhoeae* was bactericidal. Complete killing of *N. gonorrhoeae* (∼10^7 CFU/ml) by 1 µM Cu(gtsm) was achieved within 1.5 h, while an equal dose of Cu(atsm) required at least 5 h to elicit an equivalent effect (Fig. 2). In contrast, ionic Cu salts displayed no bactericidal activity within this time period (Fig. 2). The relative MICs and killing kinetics established that Cu(gtsm) and Cu(atsm) were more toxic than Cu salts and that Cu(gtsm) was more toxic than Cu(atsm).

![Fig 2](image-url) **FIG 2** Time-dependent bactericidal effects of Cu(btsc) complexes (1 µM each) against *N. gonorrhoeae* 1291. Number of surviving CFU was plotted against time postchallenge. The effects of Cu salt (1 µM) and DMSO control were also shown. Each data point was averaged from three independent replicates. Error bars represent standard deviations from the means.

**TABLE 1** Antibacterial activity of several Cu complexes against *N. gonorrhoeae*

<table>
<thead>
<tr>
<th>Complexa</th>
<th>MIC (µM)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cu(gtsm)</td>
<td>0.10</td>
</tr>
<tr>
<td>Cu-pyrithi</td>
<td>0.13</td>
</tr>
<tr>
<td>Cu(atsm)</td>
<td>0.80</td>
</tr>
<tr>
<td>Cu-neocupr</td>
<td>0.80</td>
</tr>
<tr>
<td>Cu-disulfiram</td>
<td>15–20</td>
</tr>
<tr>
<td>Cu salt</td>
<td>250</td>
</tr>
</tbody>
</table>

a The complexes were prepared and their concentrations standardized as described in Materials and Methods.

**TABLE 2** Susceptibility of selected bacterial pathogens to Cu(atsm) and Cu(gtsm)

<table>
<thead>
<tr>
<th>Organisma</th>
<th>Cu(atsm)</th>
<th>Cu(gtsm)</th>
</tr>
</thead>
<tbody>
<tr>
<td><em>N. gonorrhoeae</em></td>
<td>0.8</td>
<td>0.1</td>
</tr>
<tr>
<td><em>H. influenzae</em></td>
<td>10</td>
<td>1</td>
</tr>
<tr>
<td><em>S. aureus</em></td>
<td>&gt;10</td>
<td>1.5</td>
</tr>
<tr>
<td><em>S. pneumoniae</em></td>
<td>&gt;10</td>
<td>2</td>
</tr>
<tr>
<td><em>L. acidophilus</em></td>
<td>&gt;25</td>
<td>5</td>
</tr>
<tr>
<td><em>S. Typhimurium</em></td>
<td>&gt;25</td>
<td>&gt;25</td>
</tr>
<tr>
<td><em>E. coli</em></td>
<td>&gt;25</td>
<td>&gt;25</td>
</tr>
</tbody>
</table>

a Strain information is available in Materials and Methods.

Cu(gtsm) and Cu(atsm) were also effective against several additional and unrelated bacterial pathogens, including *S. aureus* (methicillin-sensitive and resistant strains), *S. pneumoniae*, and *H. influenzae*, but at MICs that were appreciably higher (Table 2). *E. coli* (fluoroquinolone-sensitive and resistant strains) and *S. Typhimurium* were the most resistant. In the case of *E. coli*, bacterial growth was observed even at Cu(gtsm) concentrations as high as 25 µM (7.5 µg/ml), although there was a 1,000-fold reduction in the plating efficiency compared with the untreated control (see Fig. S1 in the supplemental material). In comparison, exposure to 25 µM Cu(atsm) had no effect (see Fig. S1 in the supplemental material). Due to limited solubility of Cu(btsc) complexes, higher concentrations were not tested.

Since *N. gonorrhoeae* and *E. coli* represented the most susceptible and most resistant test organisms, respectively, they were examined further, the former because it may be a promising target for Cu- and Cu(btsc)-based therapeutics and the latter because its resistance properties and its amenability to molecular analysis might help in determining the mode of Cu(btsc) action.

**Inhibition of respiration in *E. coli* by Cu(btsc) complexes and antibacterial activity under anaerobic growth conditions.** Recently, we showed that Cu(gtsm) and, to a lesser extent, Cu(atsm) suppressed aerobic respiration in *N. gonorrhoeae* (13) and mitochondria (18). Within the electron transport chain, NADH dehydrogenases (Nuo or complex I [H+] translocating) and Nqr [Na+ translocating] were identified as the primary targets of inhibition. Inhibition occurred at or near the site of ubiquinone reduction, and it was independent of the release of free Cu ions (18). Instead, an intact Cu(gtsm) or Cu(atsm) molecule was determined to be the inhibitory species. Subsequently, we proposed that the action of Cu(btsc) complexes as respiratory inhibitors may be a major mechanism of their antibacterial activity (13). However, our present work has now shown that these complexes were also effective against bacteria that do not respire, such as *S. pneumoniae* (Table 2).

Cu(gtsm) (50 µM) also suppressed respiration in *E. coli*, as indicated by a decrease in the total amount of O2 consumed after 15 min, while equal concentrations of Cu salts or Cu(atsm) had no effect (Fig. 3A). *E. coli* possesses two respiratory NADH dehydrogenases, Nuo and Ndh-2 (a single-subunit flavoenzyme which does not translocate H+) (19), which may be targets of Cu(gtsm) inhibition. However, Cu(gtsm) only weakly suppressed the rates of NADH oxidation in isolated membrane vesicles containing both Nuo and Ndh-2 (Fig. 3B). The concentration for half-maximal inhibition (IC50) value was extrapolated to be >130 µM (see Fig. S2 in the supplemental material), well beyond the solubility...
limit for Cu(gtsm), indicating that the NADH dehydrogenases in E. coli were not major targets of respiratory inhibition by Cu(gtsm). This finding was not altogether surprising, as Nuo and Ndh-2 in E. coli were also less sensitive to inhibition by the classical Nuo or complex I antagonist rotenone. This difference has been ascribed to subtle structural differences at or near the sites of ubiquinone reduction (20).

More importantly, Cu(gtsm) was also inhibitory to E. coli under anaerobic growth conditions, as evidenced by a curve of plating efficiency that was essentially indistinguishable to that obtained under aerobic growth conditions (see Fig. S1 in the supplemental material). Therefore, unlike the situation in N. gonorrhoeae (13), inhibition of aerobic respiration did not appear to contribute significantly to the antibacterial activity of Cu(gtsm) against E. coli.

Boosting of intracellular Cu levels by Cu(btsc) complexes. The MICs for both Cu(gtsm) and Cu(atsm) were consistently lower than those for ionic Cu salts by >2 orders of magnitude (Table 2). Unlike charged Cu ions, neutral Cu(btsc) complexes are presumed to be readily membrane permeant. Thus, treatment with Cu(btsc) complexes would be expected to drive a greater accumulation in bacterial Cu contents than equal doses of Cu salts. However, previous analyses of total Cu by ICP OES detected no such effect in N. gonorrhoeae (13). As N. gonorrhoeae was killed by low nanomolar doses of Cu(btsc) complexes (Tables 1 and 2), we reasoned that any gain in intracellular Cu might remain below the detection limit of these measurements.

The analyses of Cu content were repeated here using E. coli because of its ability to tolerate micromolar concentrations of Cu(gtsm) and Cu(atsm) (Table 2). First, we established that treatment with 10 to 15 μM ionic Cu salts increased the total Cu content of E. coli 2- to 3-fold compared with the untreated control (Fig. 4A). These amounts of intracellular Cu were noninhibitory, and there was no decrease in plating efficiency (Fig. 4B). Treatment with similar doses of Cu(atsm) induced a comparable rise in Cu levels (Fig. 4A), again without any loss in plating efficiency (Fig. 4B). In contrast, exposure to equal doses of Cu(gtsm) led to a greater accumulation of Cu that was 5- to 8-fold higher than that in the unchallenged control (Fig. 4A). This modest boost in intracellular Cu levels was correlated with an antibacterial effect, and there was a 5- to 10-fold reduction in plating efficiency (Fig. 4B).

There was no change in the levels of other transition metal ions (see Fig. S3 in the supplemental material), confirming that the antibacterial effect of Cu(gtsm) was Cu dependent.

Dissociation of Cu from Cu(btsc) complexes as bioavailable ions. The relative ability of Cu(gtsm) and Cu(atsm) to promote intracellular accumulation of Cu matched their relative antibacterial potency (Table 2). In fact, for all bacterial pathogens that we tested, the MICs of Cu(gtsm) were invariably lower than those of Cu(atsm) (Table 2). This result was in line with the proposed action of Cu(btsc) complexes as Cu carriers. The Cu(II) center in Cu(btsc) is bound strongly and is not thought to be dissociated as Cu(II) ions. Instead, Cu is released as Cu(I) (see Fig. 8). This occurs upon reduction of the Cu(II) center by cytoplasmic reductants, such as thiols (21). As a consequence of a higher Cu(II)/Cu(I) reduction midpoint potential for Cu(gtsm) (Fig. 1), dissociation of Cu(I) ions from Cu(gtsm) is ensured (21). In contrast, Cu(atsm) possesses a lower Cu(II)/Cu(I) midpoint potential, and thus dissociation of Cu(I) ions from Cu(atsm) is not thought to occur, except in hypoxic cells (22, 23).

The final amounts of intracellular Cu delivered by Cu(gtsm) and Cu(atsm) (<25 ng Cu/mg protein) were well below the maximum tolerance capacity of E. coli. Exposure to higher doses of Cu salts (1,500 μM) led to the accumulation of Cu to 200 ng Cu/mg protein (see Fig. S3 in the supplemental material), but the plating efficiency of bacteria remained unaffected (see Fig. S1 in the supplemental material). This apparent disconnect between total Cu content and antibacterial potency has been observed previously (13, 15). Here, it must be noted that ICP OES measurements do not differentiate between Cu that is captured by the bacterium as bioavailable ions and Cu that remains coordinated as a Cu(btsc) complex.

To examine the dissociation of Cu from Cu(btsc) complexes as bioavailable ions, we exploited the innate bacterial response to excess Cu. The system in E. coli is particularly well characterized (Fig. 5A) and amenable to analysis. In E. coli, increased intracellular Cu is sensed by the Cu(I)-specific transcriptional regulator CueR. In turn, CueR activates the expression of CopA, a mem-

FIG 3 Inhibitory effects of Cu(btsc) complexes on aerobic respiration by E. coli. (A) Amounts of O2 consumed by whole bacteria over 15 min in the presence of various Cu sources (50 μM). (B) Rates of NADH oxidation by isolated membrane vesicles in the presence of Cu(gtsm) (0 to 30 μM). (A and B) Results were shown as a percentage of the unchallenged control. Each data point was averaged from three independent replicates. Error bars represent standard deviations from the means.

FIG 4 Effects of Cu(btsc) complexes on total intracellular Cu content (A) and plating efficiency of E. coli (B), presented as a percentage of the unchallenged control. Treatment time was 24 h. Each data point was averaged from three independent replicates. Error bars represent standard deviations from the means.
brane-bound P-type ATPase that exports Cu(I) out of the cytoplasm, and CueO, a periplasmic cuprous oxidase that oxidizes Cu(I) to the less toxic form Cu(II) (Fig. 5A)(24). In this work, we fused a plasmid-borne, promoterless lacZ transcriptional reporter gene with the promoter region of the copA gene (P_{copA-lacZ}) (Fig. 5A) and subsequently tested the ability of ionic Cu salts, Cu(gtsm), and Cu(atsm) to induce β-galactosidase activity in E. coli. This opportunity was not available with N. gonorrhoeae, as the CueR regulon and any other recognizable Cu detoxification system are absent, with the sole exception of the efflux pump CopA (25). Furthermore, unlike expression of the copA gene in E. coli, expression of gonococcal copA is controlled by an unidentified mechanism that does not appear to involve Cu (25).

Addition of Cu salts to the growth medium led to a dose-dependent increase in β-galactosidase activity (Fig. 5B). No induction was observed in the presence of other transition metal ions (Fig. 5C), thus validating the Cu-specific response of the P_{copA-lacZ} fusion. More importantly, exposure to Cu(gtsm) also led to a robust induction of β-galactosidase activity (Fig. 5B), consistent with the intracellular release of bioavailable Cu ions from Cu(gtsm), presumably as Cu(I). While the minimum dose of Cu salts required for induction was 10 μM, activation by Cu(gtsm) was observed at concentrations as low as 0.1 μM (Fig. 5B). Moreover, activation of P_{copA-lacZ} by Cu(gtsm) was rapid and the maximum response was achieved as early as 20 min postexposure (Fig. 5D). There was a detectable decrease in this response after 40 min, presumably due to the toxic effects of Cu(gtsm) or the dissociated Cu(I) ion. By comparison, induction of P_{copA-lacZ} by ionic Cu salts occurred gradually over a period of at least 2 h (Fig. 5D). These findings further confirmed that Cu(gtsm) is a more efficient source of intracellular bioavailable Cu(I) ions than are uncomplexed Cu salts.

As mentioned earlier, the Cu center in Cu(atsm) is considered to display less intracellular dissociation than Cu(gtsm) (21–23). However, like Cu(gtsm), Cu(atsm) also activated the P_{copA} promoter, as detected by an increase in β-galactosidase activity (Fig. 5B). The maximum magnitudes of activation by Cu(atsm) and Cu(gtsm) were comparable (Fig. 5B and D). These results provided strong evidence that Cu was also released from Cu(atsm) as bioavailable Cu(I) ions. However, compared with Cu(gtsm), there was a reproducible lag in the response to Cu(atsm), and a maximum was achieved only after 80 min of exposure (Fig. 5D). Taken together, these data are consistent with the view that Cu(gtsm) is a more efficient Cu delivery agent than Cu(atsm).

**Susceptibility of Cu tolerance mutants of E. coli to Cu(btsc) complexes and dissociation of Cu ions in the cytoplasm.** Activation of the P_{copA} promoter by Cu(gtsm) and Cu(atsm) implied that expression of copA and export of Cu(I) from the cytoplasm by CopA may mediate bacterial resistance to these Cu complexes. To test this proposal, we examined whether inactivation of copA in E. coli 

FIG 5 Dissociation of bioavailable Cu ions from Cu(btsc) complexes. (A) Cu detoxification system in E. coli. To determine the presence of bioavailable Cu(I) ions in the cytoplasm, the promoter region of copA (in red) was fused to a promoterless lacZ gene (in gray). IM, inner membrane; OM, outer membrane. (B) Dose-dependent induction of the copA promoter. β-Galactosidase activity was assayed at 2 h postexposure. (C) Response of the P_{copA-lacZ} fusion to divalent transition metal ions (supplied as chloride salt, 100 μM each) at 2 h postexposure. (D) Time-dependent induction of the copA promoter in response to Cu salt (100 μM), Cu(gtsm) (10 μM), or Cu(atsm) (25 μM). (B to D) Each data point was averaged from three replicates. Error bars represent standard deviations from the means. The results shown are representative of at least three independent experiments.
coli enhanced susceptibility to Cu(btsc) complexes. The effect of copA (and cueO) mutation on Cu tolerance in E. coli has been well characterized previously (26, 27). In this work, we confirmed that the copA mutant strain of E. coli was more sensitive to inhibition by Cu salts than the isogenic parent strain (Fig. 6A), consistent with the established role of CopA in tolerance to Cu ions. Importantly, the copA mutant was also sensitized to Cu(gtsm), and no bacterial growth was observed above 5 μM (Fig. 6B). This reduction in MIC compared with the wild type (MIC >25 μM) (Table 2) supports a role for Cu(I) ion efflux by CopA in the detoxification of Cu(gtsm).

A cueO mutant strain of E. coli that lacks the periplasmic cuprous oxidase (Fig. 5A) also displayed a Cu salt-sensitive phenotype (Fig. 6A). However, susceptibility of the cueO mutant to Cu(gtsm) was indistinguishable from that of the wild type (Fig. 6B). This result indicated that, although oxidation of toxic Cu(I) to Cu(II) by CueO was required for tolerance to free Cu ions and salts, it was not essential for resistance to Cu(gtsm). While CopA protects against cytoplasmic Cu toxicity, CueO operates in the periplasm (Fig. 5A). Thus, the apparent requirement for CopA but not CueO indicated that dissociation of bioavailable Cu ions from Cu(gtsm) occurred specifically in the cytoplasm and not in the periplasm.

In the case of Cu(atsm), there was no reduction in its MIC against the copA mutant (Fig. 6C). However, there was a noticeable decrease in colony size (Fig. 6C), which was consistent with a suppressed growth rate in liquid medium (see Fig. S4 in the supplemental material). These observations suggest that the CopA efflux pump may also confer tolerance to Cu(atsm), although the effect was subtle, presumably because generation of bioavailable Cu ions from this complex was inefficient (Fig. 5D). As expected, Cu(atsm) had no observable effect on the cueO mutant (Fig. 6C).

The toxic effects of Cu and other metal ions are known to be affected severely by chemical speciation or potential binding and buffering by components of the culture medium (28). Thus, it is often the case that the less complex the medium, the lower the MICs. The inhibitory effects of Cu(gtsm) and Cu(atsm) on the growth of the most sensitive mutant, the copA mutant, were similar when tested in LB or in M9 medium (see Fig. S4 in the supplemental material), suggesting that there was minimal release of free Cu ions from Cu(btsc) complexes in the extracellular medium.

**Efficacy of Cu(btsc) complexes against MDR strains of N. gonorrhoeae.** The demonstrated action of Cu(gtsm) and Cu(atsm) as carriers of Cu ions and the established mechanism of

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**FIG 6** Susceptibility of *E. coli* mutant strains to Cu salt (A), Cu(gtsm) (B), and Cu(atsm) (C), as determined by efficiency of plating on solid medium. Serial dilutions of bacteria are shown on the left. Concentrations of the various Cu sources were indicated at the bottom. Treatment time was 24 h. The results shown are representative of at least three independent experiments.
Cu ion poisoning by mismetallation of enzymes and promotion of redox stress are distinct from the known modes of action of conventional antibiotics. Thus, we propose that these complexes may represent a promising new strategy for the treatment of antibiotic-resistant bacterial infections. Their low relative MICs against N. gonorrhoeae (Table 2) indicated that Cu(gtsm) and Cu(atsm) are highly potent against this bacterium. Therefore, we extended this work to test the potential for Cu(btsc) complexes to be used against multidrug-resistant (MDR) N. gonorrhoeae.

Cu(gtsm) showed robust activity against several antibiotic-resistant isolates of N. gonorrhoeae (Table 3), including the MDR strains F89 (29) and H041 (30), which are resistant to β-lactams (except carbapenems), fluoroquinolones, macrolides, tetracycline, chloramphenicol, trimethoprim-sulfamethoxazole, chloramphenicol, and nitrofurantoin. The MICs for these isolates were comparable to that for the drug-susceptible strain FA19 (Table 3), suggesting that the antibacterial activity of Cu(gtsm) was not diminished by enzymes and transporters that confer resistance to other antibiotics. In N. gonorrhoeae, these include the pilus secretin PilQ (31) and the MtrFCDE multidrug efflux pump system (32). To test this hypothesis, we determined the MICs of Cu(gtsm) for strains KH15 and DW120, which are isogenic mutants of the drug-susceptible strain FA19 that express higher basal levels of the MtrCDE pump (32). Although these strains showed increased resistance to multiple antibiotics and antimicrobial peptides compared with the parent strain (32), they were no less susceptible to Cu(gtsm) (Table 3).

Like Cu(gtsm), Cu(atsm) was also effective against MDR isolates and MtrFCDE-overexpressing strains of N. gonorrhoeae (Table 3). However, there were >2-fold increases in MICs compared to the antibiotic-susceptible strains (Table 3). This loss of efficacy indicated that Cu(atsm) may be a substrate for the MtrCDE efflux pump. Consistent with this proposal, inactivation of the mtrD gene (strain KH14) (33) led to a modest but reproducible decrease in the MIC of Cu(atsm) compared to the isogenic parent strain (FA19) (Table 3). The loss of mtrD did not have any effect on the MIC of Cu(gtsm) (Table 3).

### TABLE 3 Susceptibility of multidrug-resistant strains of N. gonorrhoeae to Cu salt, Cu(atsm), and Cu(gtsm)

<table>
<thead>
<tr>
<th>Strain*</th>
<th>Reference</th>
<th>MIC (µM)b</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Cu salt</td>
</tr>
<tr>
<td>Antibiotic sensitive</td>
<td></td>
<td></td>
</tr>
<tr>
<td>L291</td>
<td>45</td>
<td>250 (0)</td>
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<tr>
<td>FA1090</td>
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<td>47</td>
<td>250 (0)</td>
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a Antibiotic resistance profiles of selected strains are shown in Table S1 in the supplemental material.
b Data presented were averaged from three independent experiments. Standard deviations are in parentheses.

Viability of host epithelial cells in the presence of antimicrobial doses of Cu(btsc) complexes. To ascertain the potential of Cu and Cu(btsc) complexes as clinically useful antigenococcal agents, we examined whether Cu(gtsm) and Cu(atsm) exert an effect on the viability of cervical epithelial cells (ME-180 epithelial cells) *in vitro*. As shown in Fig. 7, incubation of ME-180 monolayers with up to 0.5 µM Cu(gtsm) and 5 µM Cu(atsm) (ca. 5× the MIC against N. gonorrhoeae) (Table 3) for 24 h did not result in loss of cell viability. There was no loss in cell numbers (Fig. 7), and more than 95% of these cells retained the ability to exclude trypan blue (Fig. 7). Under our experimental conditions, the ME-180 cell line did not withstand treatment with DMSO beyond 0.1% (vol/vol). Thus, higher concentrations of the Cu complexes were not tested because of poor solubility in the culture medium without DMSO. Nevertheless, previous work with human prostate epithelial cells had used up to 100 µM without any observable loss of viability (34), indicating a potential therapeutic index of 1,000 for N. gonorrhoeae. These results indicate that at antimicrobial doses, the test compounds exert minimal toxicity toward host cells.

### DISCUSSION

Insight into the mode of antibacterial action of Cu(btsc) complexes. (i) Dynamics of Cu boosting by Cu(btsc) complexes. The
passive diffusion, as an uptake system has not been identified (38). These complexes as agents that alter the bioavailability of Cu, studies have focused on the total amounts of Cu ions, and (iii) poisoning of enzymes by Cu(I) ions. (B) Mechanisms of tolerance, showing (i) efflux of the intact Cu(atsm) complex by the MtrCDE efflux pump or other promiscuous drug transporters, (ii) efflux of bioavailable Cu(I) ions, and (iii) activation of other dedicated Cu ion tolerance genes.

FIG 8 Schematic representation of the antibacterial action of Cu(btsc) complexes. (A) Mechanisms of action, showing (i) inhibition of membrane-bound NADH dehydrogenases of the electron transport chain by the intact Cu(btsc) complex, (ii) reduction of the Cu(II) center and dissociation of Cu(I) as bioavailable ions, and (iii) poisoning of enzymes by Cu(I) ions. (B) Mechanisms of tolerance, showing (i) efflux of the intact Cu(btsc) complex by the MtrCDE efflux pump or other promiscuous drug transporters, (ii) efflux of bioavailable Cu(I) ions, and (iii) activation of other dedicated Cu ion tolerance genes.

use of lipophilic ligands to deliver metal ions into cells is an established concept, particularly in the detection and intervention of cancers (35). In terms of antimicrobial applications, this concept has been demonstrated by the use of zinc pyrithione (Zn-PYT) as an antifungal in soaps and shampoos. The mode of action of Zn-PYT depends on transchelation with free Cu ions, presumably from the extracellular environment, and subsequent delivery of these Cu ions into the target organism (36). Coordination complexes that act as carriers for Cu ions are now being increasingly investigated as a novel approach to combat bacterial infections (9, 13–15).

The bis(thiosemicarbazone) family of Cu carriers displays anticancer activities (37). There is also interest in their potential as neurotherapeutics and as imaging agents for hypoxia. Our group and others have now demonstrated that Cu(btsc) complexes are also promising antimicrobials (13–15). However, while studies with mammalian systems have established the action of these complexes as agents that alter the bioavailability of Cu, studies with bacteria have not been equally conclusive, as the final Cu content of treated bacteria did not always correlate with survival or viability (13, 15). These studies have focused on the total amounts of Cu at the end point (e.g., the ICP OES measurements in Fig. 4A), but the present work suggests that the kinetics of Cu influx and potential efflux by detoxification systems must also be considered (Fig. 8). This model is likely to be universal to all lipophilic Cu carriers and not limited to those containing btsc ligands.

Our results with E. coli showed that both Cu(gtsm) and Cu(atsm) enter the bacterial cytoplasm more rapidly than do ionic Cu salts. These complexes are membrane permeant, probably via passive diffusion, as an uptake system has not been identified (38). As these complexes are uncharged, they would equilibrate rapidly across bacterial membranes and would not accumulate as intact molecules to a high intracellular concentration. However, reduction of the Cu(II) center and subsequent dissociation as bioavailable Cu(I) ion would generate a powerful mass action effect (Fig. 8). This thermodynamically driven influx of Cu ions may overwhelm basal Cu tolerance and cause Cu poisoning. By comparison, the more restricted entry of ionic Cu salts may allow activation of dedicated Cu detoxification mechanisms, which would enable the bacterial cell to amass and, more importantly, survive larger final amounts of total Cu.

The above model extends to the observed difference between the antibacterial activities of Cu(gtsm) and Cu(atsm). While studies with mammalian systems suggest little intracellular dissociation of bioavailable Cu ions from Cu(at) (21–23), our work with E. coli indicated that it does occur, although it is less efficient than the equivalent process from Cu(gtsm). We cannot discount possible variations in the rates of membrane penetration by the two complexes as a result of subtle differences in lipophilicity (39). Nevertheless, it is more likely that, as a consequence of a lower Cu(II)/Cu(I) midpoint potential for Cu(at) (Fig. 1), the rate of reduction (and, subsequently, dissociation) of Cu from Cu(at) is also lower. The bacterial cell thus has more time to respond and detoxify the excess Cu, resulting in a lower antibacterial potency of Cu(at).

Our results with MtrCDE-overexpressing strains of N. gonorrhoeae (Table 3) also indicate that potential efflux of Cu(gtsm) and Cu(atsm) as intact molecules out of the cytoplasm must not be overlooked. Cu(gtsm) rapidly and efficiently dissociates within the cytoplasm, and thus this complex may evade active export by promiscuous efflux transporters. By comparison, Cu(at) may linger as an intact molecule and be exported prior to dissociation and subsequent release of bioavailable Cu(I) ions (Fig. 8). This removal of Cu(at) from the cytoplasm, by either MtrCDE or other efflux systems, would further reduce its antibacterial efficacy. Although we have not tested this idea directly, it is likely that the AcrAB-TolC multidrug efflux pump system will contribute to the observed resistance of this bacterium to Cu(at) (40).

(ii) Correlation between bacterial physiology and susceptibility to Cu(btsc) complexes. The antibacterial activity of Cu(btsc) complexes has now been tested against several important human pathogens, including S. pneumoniae, H. influenzae, uropathogenic E. coli, Salmonella (Table 2), M. tuberculosis (14), and S. aureus (15). Not all of these showed equal promise as targets for Cu(btsc) therapeutics, but all showed less susceptibility than N. gonorrhoeae. The explanation for these differences may relate to bacterial physiology.

Compared with most other bacterial pathogens, N. gonorrhoeae possesses a Cu detoxification system that is unusually underdeveloped. It consists of a single Cu efflux pump, CopA, and no additional cytoplasmic or periplasmic accessories (25). Importantly, Cu does not induce the expression of the copA gene. Thus, while gonococcal CopA may participate in general maintenance of Cu levels during regular metabolism (25, 41), it may be unable to confer resistance to severe Cu stress. This absence of an inducible resistance system coincides with the availability of targets of poisoning by Cu or Cu(btsc) complexes (Fig. 8). These targets include iron-sulfur (Fe-S) cluster-containing enzymes, such as coproporphyrinogen(III) oxidase in the pathway for heme biosynthesis (41). In addition, N. gonorrhoeae depends on two NADH dehydrogenases that are both susceptible to inhibition by Cu(btsc) complexes (13). As a consequence, N. gonorrhoeae displays hypersensitivity to inhibition by Cu salts and Cu(btsc) complexes, particularly Cu(gtsm) (Tables 1 to 3).

In E. coli, major targets of Cu poisoning are available, such as the Fe-S cluster enzymes fumarase in the tricarboxylic acid (TCA) cycle and isopropylmalate dehydratase in the pathway for
branched-chain amino acid synthesis (42). However, this bacterium also possesses sophisticated and robust, inducible defenses against Cu toxicity (24). In addition, E. coli uses a versatile respiratory electron transport system and fermentative systems that are less sensitive to Cu(btsc) complexes. These arguments correlate well with our finding that E. coli is more resistant to inhibition by Cu(btsc) complexes, even Cu(gtsm) (Table 2). Similarly, the Cu detoxification system in S. pneumoniae is relatively well developed compared with the system in N. gonorrhoeae. However, S. pneumoniae has a relatively low dependence on Fe-S enzyme systems and it does not contain a respiratory chain. This may explain the limited sensitivity of this bacterium to Cu(atsm) and Cu(gtsm) (Table 2). For these Cu-tolerant bacteria, the antimicrobial efficacy of Cu delivery agents might be enhanced if they are used in conjunction with a CopA antagonist to trap excess Cu ions.

Cu delivery agents as a novel concept for the topical treatment of N. gonorrhoeae. Gonorrhea is the second most prevalent sexually transmissible infection worldwide, and management of this disease represents a significant challenge to public health. There is no vaccine, and thus, antibiotic treatment remains the only method to control the spread of infection. However, MDR strains have developed resistance to virtually all first-line antibiotics (43). Our work suggests that delivery of bioavailable Cu ions may represent a new approach to combat gonococcal infections. The application of copper in the cervix and vagina is an established concept, and intrauterine devices containing elemental copper are one of the most common and most effective nonhormonal contraceptives worldwide (44). Here, we showed that Cu salts and Cu(btsc) complexes did not affect the viability of cervical epithelial cells in vitro at concentrations that were inhibitory to the gonococcus (Fig. 7). Moreover, Cu salts and Cu(btsc) complexes were ineffective against lactic acid bacteria, as exemplified by Lactobacillus acidophilus (Table 2), suggesting that Cu delivery agents can be used to target gonococci without significantly affecting the commensal flora. Crucially, unlike other bacterial pathogens that have been identified as potential targets for treatments by Cu delivery agents, including M. tuberculosis (14), S. aureus (15), and Cryptococcus neoformans (9), N. gonorrhoeae is primarily an extracellular mucosal pathogen that colonizes surfaces of the genitourinary epithelium. Gonococcal infections are thus amenable to topical drug formulations and would bypass many of the challenges of a systemic route for the delivery of Cu.

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We have no competing financial interest to declare.

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